

# ALDARA PUMP PACK INSTRUCTIONS

## FOR BASAL CELL CARCINOMA

### Application

- Apply cream once daily from Monday to Friday, for six weeks.
- Each pump pack has around 24 full depressions. Half a depression should be enough to treat one basal cell carcinoma.

### At two weeks

- Return for review. The lesion should be slightly inflamed, swollen and itchy. It should not be scabbing or painful.
- Return for immediate review if the reaction becomes very angry.
- Return for review if you feel unwell or flu-like with muscle pains.

### At three months

- Return for review. The skin cancer should not be visible.

## FOR SUN DAMAGE

### Application

- Apply cream once daily, on Monday, Wednesday and Friday for four weeks: 12 applications.
- Each pump pack has approximately 24 full depressions. Two depressions will treat the forehead, nose and upper cheeks.
- Distribute the cream in small dabs carefully around the treatment area before rubbing in. Very little cream is required.

### Review

- Return for review if the reaction becomes very angry.
- Return for review after eight weeks.

**If you have any questions or concerns, don't hesitate to contact us.**