

PATIENT INFORMATION

ANTI-WRINKLE INJECTIONS

Anti-wrinkle injections (AWIs) are one of the main advances in the treatment of the ageing face and are used for a broad range of aesthetic and medical conditions. We always aim to achieve a natural, refreshed look and not only reduce the appearance of current lines and wrinkles but also work to prevent them in the future. AWIs can also be used to alleviate medical conditions, including excessive sweating, teeth grinding and migraines.

This information sheet outlines the suggested treatment, its risks, and pre- and post-treatment care instructions. It is important that you read all information carefully and completely. Your doctor/nurse may provide you with additional or different information which is based on your particular case.

TREATMENT AREAS

- Crow's feet
- Frown and forehead lines
- Lines around the nose and lips

- Dimpling of the chin
- Excessive sweating
- Teeth grinding

CONTRAINDICATIONS

Some patients are not suitable for AWIs. It is not to be used in the following cases:

- If you are allergic to any type of Botulinum toxin or to any of the other ingredients contained in the injection including human albumin and sucrose.
- If you suffer from a generalised muscular disorder; for example, myasthenia gravis or Lambert-Eaton syndrome.
- If you suffer from amyotrophic lateral sclerosis.
- If an infection or inflammation is present at the injection site.

PRE-TREATMENT

Make sure you inform your doctor:

- If you are pregnant or plan to become pregnant, or if you are breastfeeding.
- If you are taking any medications, especially antibiotic by injection, muscle relaxants, allergy or cold medicine, or sleep medicine.
- If you suffer from any type of bleeding disorders (haemorrhagic problems) or if you are taking substances that prevent blood from clotting (anti-coagulant medication).
- If you suffer from a pronounced muscular weakness or decreased muscle volume in the muscle where you will receive the injection.
- If you suffer from any disease that disturbs the interaction between the nerves and the skeletal muscles (peripheral neuromuscular dysfunction).
- If you have any swallowing difficulties.
- If you have had any problems with similar injections in the past.
- If you are due to have surgery or have had previous facial surgery.
- If you have kidney, liver or heart problems, breathing difficulties, or eye disorders.



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SIDE EFFECTS

The below list includes common and rare side effects that may be serious and may require immediate medical attention. Serious side effects are rare.

- Common (arising in 1-10% of patients): headache
- Uncommon (arising in 0.1-1% of patients): injection site pain, haematoma, sensation of heaviness, facial paresis (brow ptsosis), eyelid oedema, pruritus
- Rare (arising in 0.01-0.1% of patients): influenza-like illness, tenderness, muscle spasms, vision blurred, eyelid ptosis, nasopharyngitis

Please give us a call and seek immediate emergency treatment if:

- You develop swallowing, speech or breathing difficulties.
- You have an allergic reaction which may lead to swelling of hands, feet or ankles, or difficulties swallowing, speaking or breathing.
- You have exaggerated muscle weakness.

AFTERCARE

What you do after your treatment and how you take care of your skin is very important.

- Don't touch the injected sites.
- Avoid rubbing and massaging the treated area for four hours to avoid spreading the toxin to other muscles.
- Avoid strenuous activity, saunas and humid environments for 24 hours.
- Do not get facials, chemical peels and microdermabrasion for 24 hours.
- Use topical arnica and yellow or green concealers to treat and cover up bruises.

NOTES

If you have any questions or concerns, please call us on 6228 0041.