



SKIN NEEDLING

Skin needling is one of the most accessible and affordable aesthetic treatments, aimed at stimulating the skin to regenerate and repair itself naturally. The Dermapen penetrates the skin in a vibrating manner, delivering up to 1,000 holes per second which promotes and stimulates collagen renewal. This helps improve your overall skin texture, tone and clarity and creates a smoother, brighter, healthier, younger looking appearance.

This information sheet outlines the suggested treatment, its risks, and pre- and post-treatment care instructions. It is important that you read all information carefully and completely. Your doctor/nurse may provide you with additional or different information which is based on your particular case.

TREATMENT AREAS

- Fine lines and wrinkles around the eyes
- Fine lines and wrinkles around the mouth
- Lax skin
- Acne scars
- Stretch marks
- Excision scars
- Burn scars
- Ageing of the face and hands
- Enlarged pores
- Alopecia

CONTRAINDICATIONS

The Dermapen treatment is not suitable for patients with an untreated skin cancer on the treatment area, patients allergic to topical local anaesthetics, or patients on high dose corticosteroids.

PRE-TREATMENT

Skin needling is a minimally invasive treatment. All Dermapen cartridges utilise disposable needle tips, so there is no risk of cross contamination or infection. Your skin will be thoroughly cleansed with an antiseptic prior to the procedure. Skin needling is suitable for almost all skin types and is non-ablative.

Your doctor/nurse will apply topical anaesthetic cream to the treatment area at least 45 minutes prior to the procedure. Your skin will be cleansed with an antiseptic solution before a topical hyaluronic acid gel is applied to the treatment area, and then the Dermapen is passed over three times.

Your doctor/nurse may advise antiviral or antibiotic prophylaxis if you are prone to cold sores, staph infections, or have any associated medical conditions.

Each session takes about 30 minutes. We give our patients the option to recover under our Heallite LED device, which hastens recovery and improves skin collagen.



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AFTERCARE

To ensure effective treatment, it is desirable that there will be fine pin point bleeding (similar to a very superficial graze) to the area treated with the Dermapen. Usually the skin will be pink for 24-48 hours, and feel warmer and tighter than usual. Bruising is rare but there may be minor swelling. We advise a light dressing for the immediate post-treatment period.

After skin needling treatment, your body will naturally start to regenerate and repair the skin, working below the surface. This means new collagen and elastin is formed, blood supply is enhanced, and new skin cells are regenerated. It usually takes up to six weeks before any visible signs of repair are seen, and this will continue over the ensuing months.

NOTES

If you have any questions or concerns, please call us on 6228 0041.