

# AESTHETIC MEDICINE CLINICAL ATTACHMENTS

## PROGRAM OVERVIEW

In collaboration with cosmetic medical clinics, the HealthCert clinical attachments program provides GPs with practical support training in the art and science of aesthetic medicine. Participants will have the unique opportunity to enhance their knowledge of procedures in dedicated facilities by observing and questioning experts. This may include all aspects of treatment including initial consultations and patient treatment options as well as various procedures, use of equipment and patient follow-ups. Participants will increase the safety and accuracy of their work, deepen their understanding of establishing and operating a successful aesthetic practice, and gain the confidence to independently perform various procedures on their patients.

## LOCATIONS

### Southern Cosmetics, Melbourne, VIC



The team at Southern Cosmetics treat patients with a variety of cosmetic and dermatological conditions. Further services offered in the clinic include dermal fillers, mole and skin tag removal, spider veins treatment, IPL and radiofrequency skin rejuvenation and tightening, laser wrinkle reduction, facials and mineral make-up, chemical peels, LED light treatment, cosmetic and reconstructive tattooing, microdermabrasion, and hair removal. Participants will increase the safety and accuracy of their work, deepen their understanding of establishing and operating a successful aesthetic practice, and gain the confidence to independently perform various procedures on their patients.

### Haly Health & Skin Medical, Kingaroy, QLD



Haly Health & Skin Medical Centre provides a variety of treatments to promote skin health, including skin cancer scanning and procedures, skin health checks, and cosmetic medical therapy. Participants will observe the day-to-day work of an efficient skin cancer and aesthetic medicine facility, and learn how to select and combine treatments to address patients' varying skin concerns. Treatments include microdermabrasion and sonophoresis, Dermapen skin needling, photodynamic light therapy, acne treatments, Botulinum toxin injections and dermal fillers, radiosurgery, Surgitron, chemical peels, laser treatments, skin rejuvenation packages, and skin cancer checks, diagnosis and treatment.

## PROGRAM OUTLINE

The program can be tailored individually to the participant's special interests and activities may include, but are not limited to:

- Familiarisation with aesthetic clinic staff and roles
- Consultations and treatment planning
- Skin assessment and prescription of cosmeceuticals
- Aesthetic procedures, including Botulinum toxin and dermal fillers
- Laser treatments, IPL, photodynamic therapy, skin needling, chemical peels, and radiofrequency
- Consultation and management of specific skin concerns including acne, rosacea and melasma

## YOUR SUPERVISORS



**Dr Jenny Kimmins**

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Aesthetic Medicine  
Physician and Medical  
Director at Southern  
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**Dr Nicholas Kokos**

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Aesthetic Medicine Physician and  
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**Dr Isabelle Jonsson-Lear**

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Primary Skin Cancer Medicine  
Skin Cancer and Aesthetic  
Medicine Physician at Haly Health  
& Skin Medical Centre

## WHO SHOULD ATTEND

The clinical attachment program is aimed at qualified general practitioners with a clinical interest in aesthetic medicine who have completed the HealthCert Aesthetic Medicine courses (or equivalent).

## PROGRAM DELIVERY

Medical professionals can apply for a two-day or five-day program where they will experience first-hand the day-to-day operations and interactions of an efficient cosmetic medical clinic. Participants will further develop their skills by observing experienced aesthetic medicine physicians, participating in patient consultations and asking questions on all aesthetic medicine services and patient care.

## IMPORTANT DATES

Medical professionals must submit their application with their preferred dates at least one month prior to the program commencement date. HealthCert will arrange for the placement of the applicant at the host facility. Participants must commence the program at the latest six months after their application has been accepted.

## TRAVEL & STAY

Participants are expected to independently organise and fund their travel and accommodation throughout the duration of the program. The hosting facility will provide day time activities from 9am to 5pm during weekdays only.

## CPD POINTS AND CERTIFICATION

For members of the RACGP who wish to qualify for Category 1 CPD points certain records must be kept and session summaries completed. These activities are considered as a Supervised Clinical Attachment activity which qualify for 40 Category 1 points. This is a self-submitted activity. HealthCert will provide a Certificate of Clinical Attachment to confirm completion of the activity.

## INVESTMENT AND PAYMENT OPTIONS

General Practitioner Fees	
<b>\$2,995</b> Two-day program	<b>\$4,995</b> Five-day program



*The structured clinical attachment has provided an excellent first-hand experience and insight into many procedural aspects of skin cancer medicine management. It is a well-organised program which has afforded me good practical experience in this expanding area of medical practice. Thoroughly recommended.*

– Dr Andrew McIntosh, Vic –