# **ADVANCED WORKSHOP OF JOINT PUNCTURE AND** SOFT TISSUE INJECTIONS

# **PROGRAM OVERVIEW**

The Advanced Workshop of Joint Puncture and Soft Tissue Injections will teach you helpful techniques in the diagnosis and therapy of various musculoskeletal conditions. The procedures are most often used to reduce inflammation, provide pain relief and alleviate stiffness in tendons, muscles and joints of the shoulder, knee, or hip. The program thus addresses a highly sought-after service of the ageing population and gives you the opportunity to practise your skills on cadavers.

The workshop can be completed individually or as stage 1 of the Advanced Certificate of Clinical Procedures.

# WHO SHOULD ATTEND

The hands-on workshop has been designed to meet the needs of general practitioners who are interested in learning advanced procedures. Doctors who have completed the Professional Certificate of Aesthetic Medicine and are interested in offering PRP injections in their practice will find the workshop equally beneficial as Platelet Rich Plasma injections can be used in the aesthetic medicine field as well as in the treatment of musculoskeletal injuries. The workshop assumes no previous experience in the field.

## **DELIVERY FORMAT**

The practical workshop is held after hours on Friday evenings (6.00pm - 9.45pm) to meet the needs of time-poor medical professionals. It is delivered face-to-face and supported by online materials. The program includes presentations and demonstrations from an expert in the field, followed by practical hands-on applications with cadavers. In preparation for the handson workshop, participants will be provided with open-access peer-reviewed journal articles and other readings in this field. There is no formal assessment, but specific individual feedback is provided by the workshop presenter.

## **FURTHER STUDIES**

The advanced workshop provides academic credit towards the Advanced Certificate of Clinical Procedures, and can be completed prior or post the certificate course. Further available advanced workshops in clinical procedures include the Advanced Workshop of Non-Scalpel Vasectomy and the Advanced Workshop of Intrauterine Systems.

## JOINT PUNCTURE AND SOFT TISSUE INJECTIONS

### **TOPICS COVERED**

- · Principles of joint puncture
- Principles of soft tissue injections
- · Joint anatomy and safe treatment
- Local anaesthesia and safe practices
- Specific conditions that require joint puncture and soft tissue injections
- · Hands-on practice of joint puncture and soft tissue injections on cadavers

## PRESENTER



#### **Dr Gerard Ahern**

Final Year & GP Coordinator, Senior Lecturer and Clinical Anatomist (University of Notre Dame), Honorary Senior Fellow in Anatomy (University of Melbourne), Member Board of Examiners (Royal Australian and New Zealand College of Radiologists), Honorary Associate Professor (Oceania University), Tutor and Lecturer (Royal Australasian College of Surgeons)

#### **ACCREDITATION**

**RACGP CPD Points: 8 Category 2 points** 

## DATES | FACE-TO-FACE 2 March 2018, Brisbane

21 September 2018, Sydney

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