

Addiction Resources for Families

You are not alone. Addiction touches the lives of millions. The following resources will help you and your family find the support you need.

Learn more about:

- Addiction
- Addiction in the family
- Alcohol addiction
- Opioid addiction
- Treatment options for addiction
- Finding the right treatment



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Addiction Resources for Families

What is addiction?

Helping your loved one cope with and recover from addiction means understanding what it is, how it affects the brain and the side effects that go along with it.

Learn more about addiction:

- [An Introduction to Substance Abuse](#)
- [What is addiction?](#)
- [10 facts about substance abuse and addiction](#)
- [Substance Abuse vs. Substance Dependence: What's the difference?](#)
- [Recognizing the signs and symptoms of Substance Use Disorder](#)
- [What are the risk factors for substance abuse?](#)
- [What are the signs of substance abuse dependency?](#)

You must tell yourself, 'No matter how hard it is, no matter how hard it gets, I'm going to make it.'

- Les Brown

Addiction in the family

Starting the conversation about addiction in your family can be difficult. The following resources can help you take the first step.

Learn more about addiction in the family:

- [5 ways to help a family member with addiction](#)
- [How to start a conversation about substance abuse in your family](#)
- [Coping with substance abuse in the family](#)
- [Talking to your children about a family history of substance abuse](#)
- [How growing up with an alcoholic parent affects your life](#)
- [3 less-than-obvious ways substance abuse affects children](#)
- [The dangers of letting your children drink under your supervision](#)



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Alcohol addiction

Also known as alcohol use disorder (AUD) or alcoholism, alcohol addiction occurs when a person can no longer function without alcohol. Finding the right treatment will help to ensure your loved one is able to safely detox and maintain sobriety.

Learn more about alcohol addiction:

- [Facts about alcohol abuse among teens](#)
- [What are the side effects of alcohol use disorder?](#)
- [What are the signs of alcoholism?](#)
- [What experts are saying about functioning alcoholics](#)
- [Facts about alcohol](#)

Opioid addiction

Familiarizing yourself with the risks and side effects of opioid substances will help you to recognize when your loved one may need addiction treatment.

Learn more about opioid addiction:

- [FAQs: Prescription painkillers and opioid addiction](#)
- [Why are opioids addictive?](#)
- [Opioid addiction](#)
- [Recovering from heroin addiction](#)



There is hope for recovery. The good news is you are looking for help, and having a healthy support system can make a real difference for someone struggling with addiction.

Learn how medication assisted treatment (MAT) can help treat addiction and help you or your loved one choose recovery.



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Choose recovery



Addiction Resources for Families

Treatment options for addiction

Like other medical conditions, addiction can be treated. Learn about the options available for your loved one like medication assisted treatment (MAT) using Suboxone or Vivitrol.

Learn more about treatment options for addiction:

- [What is opioid addiction treatment?](#)
- [How medication assisted treatment \(MAT\) can support recovery](#)
- [Treating opioid dependence: What is Suboxone?](#)
- [Can Vivitrol treat alcohol addiction?](#)
- [Does Suboxone treatment work?](#)
- [How Vivitrol can help you on your road to recovery](#)
- [Addiction treatment: What happens after detox?](#)
- [Treating addiction safely: How to detox the right way](#)
- [Overcoming addiction: Treatment options for opioid abuse](#)
- [Overcoming addiction with medication assisted treatment](#)

Finding the right treatment

Trying to find the right treatment can be overwhelming. The following resources can help you get started.

Learn more about finding the right treatment:

- [How to choose the right therapist for you](#)
- [The advantages of attending the best residential programs for substance abuse](#)
- [Benefits of attending a 12-step program during your rehabilitation](#)
- [3 things to keep in mind when searching for a rehabilitation program in Central Florida](#)
- [4 important tips for your first counseling experience](#)
- [Why gender-specific counseling and rehabilitation works](#)
- [How do I know if I am covered for mental health services?](#)

If you're curious about treatment for addiction, contact us. We are ready to help you and your loved one choose recovery.

Contact Us



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Counseling Centers

Florida

407-892-5700, Option 1

TTHI Counseling Center Kissimmee
3501 West Vine Street Suite 319
Kissimmee, FL 34741

TTHI Counseling Center Longwood
2767 W State Road 434
Longwood, FL 32779

TTHI Counseling Center St. Cloud
3113 Innovation Drive
St. Cloud, FL 34769

Re-entry Programs

Florida

Kissimmee Re-entry Program
900 East Vine Street
Kissimmee, FL 34744
407-892-5700, Option 5

Bartow Re-entry Program
550 N. Restwood Avenue
Bartow, Florida 33830
407-892-5700, Option 6

Tarpon Springs Re-entry Program
566 Brady Road
Tarpon Springs, Florida 34689
407-892-5700, Option 7

Dinsmore Re-entry Program
13200 Old Kings Road
Jacksonville, Florida 32219
407-892-5700, Option 8

Chattanooga, Tennessee

423-682-8130

TTHI Counseling Center Chattanooga
1024 East MLK Blvd
Chattanooga, TN 37403

Memphis, Tennessee

901-267-4008

TTHI Counseling Center Memphis
661 Madison Ave
Memphis, TN 38103

Residential Programs

Florida

407-892-5700, Option 2

St. Cloud Residential Program
3800 5th Street
St. Cloud, FL 34769

Women's Residential Program
3800 5th Street
St. Cloud, FL 34769

Starke Residential Program
17356 US Highway 301 N
Starke, FL 32091