



The Internal Fitness™ Company

Defend

Vitamin C + Zinc

Antioxidant that Supports a
Healthy Immune System*

60 Tablets
Dietary Supplement

Directions for use: For Adults only. Adults take one (1) tablet per day with meal or liquid.

SUPPLEMENT FACTS

Serving Size: One (1) Tablet
Servings Per Container: 60

Amount Per Serving	% Daily Value	
Vitamin C (as Ascorbic Acid)	500 mg	833%
Zinc (as Zinc Oxide)	50 mg	333%

Other Ingredients: Dicalcium Phosphate Dihydrate, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Lac-Resin, Magnesium Stearate (Vegetable Source), Silicon Dioxide, Talc

Formulated To Exclude: Gluten, Wheat, Soy, Dairy or Lactose, Yeast, Corn, Egg, Nuts, Fish, Crustacean Shellfish, GMO, Added Colors, Sugars, Artificial Sweeteners or Preservatives

Manufactured Exclusively For Ixcela, Inc.
135 South Rd, Bedford, MA 01730 - ixcela.com

Warning: Keep out of the reach of children.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Caution: As with any dietary supplement, consult your health care practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, taking any medications on a regular basis or are otherwise under medical supervision.

Storage: Keep tightly closed. Store in a dry place and avoid excessive heat.

Our supplements are produced at an FDA registered, GMP compliant facility and contain no harmful fillers. They are vegetarian and not tested on animals.

