



The Internal Fitness™ Company

Power

Vitamin B Complex

Promote Energy Production
& Nervous System Health*

60 Tablets
Dietary Supplement

Warning: Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: As with any dietary supplement, consult your health care practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, taking any medications on a regular basis or are otherwise under medical supervision.

Storage: Keep tightly closed. Store in a dry place and avoid excessive heat.

Our supplements are produced at an FDA registered, GMP compliant facility and contain no harmful fillers. They are vegetarian and not tested on animals.



Directions for use: For Adults only. Adults take one (1) tablet per day with meal or liquid.

SUPPLEMENT FACTS

Serving Size: One (1) Tablet
Servings Per Container: 60

Amount Per Serving		% Daily Value
Vitamin B1 (as Thiamine HCL)	50 mg	3,333%
Vitamin B2 (as Riboflavin)	50 mg	2,941%
Vitamin B3 (as Niacin)	10 mg	50%
Vitamin B6 (as Pyridoxine Hydrochloride)	50 mg	2,500%
Vitamin B9 (as Folic Acid)	400 mcg	100%
Vitamin B12 (as Cyanocobalmin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium-D-Pantothenate)	10 mg	100%
Choline (as DL-Choline Bitartrate)	100 mg	†
Inositol	100 mg	†

† Daily value not established

Other Ingredients: Dicalcium Phosphate Dihydrate, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Lac-Resin, Magnesium Stearate (Vegetable Source), Silicon Dioxide, Talc

Formulated To Exclude: Gluten, Wheat, Soy, Dairy or Lactose, Yeast, Corn, Egg, Nuts, Fish, Crustacean Shellfish, GMO, Added Colors, Sugars, Artificial Sweeteners or Preservatives

Manufactured Exclusively For Ixcela, Inc.
135 South Rd, Bedford, MA 01730 - ixcela.com