



Superior LIVING

October 2015



On Tuesday, September 15, Superior Care Home hosted its 23rd Annual Employee Recognition Banquet at the Paducah Commerce Center. All staff members employed for at least one year were invited to this event where we recognize their years of service and all of their successes and achievements of the past year.

Please join us in congratulating all our award winning employees!



Ms. Margaret Jett



Ms. Luenell Ross



Ms. Francis Jo Bond

Our residents really enjoy our Thursday afternoon BINGO party! Prizes are provided by funds from the Resident Council. Come join us every Thursday at 2 pm for B-I-N-G-O!

A Monthly Publication of
Superior Care Home Nursing and Rehabilitation Center

Every year, the **Employee Recognition Banquet** is a time to celebrate our commitment to each other and to our residents and their families. We enjoyed a delicious meal of bacon wrapped pork tenderloin, creamy boursin cheese green beans, dalphonise potatoes, and spring salad with asian pears and blueberry buttermilk dressing prepared by our very own amazing kitchen staff. Chef Jason Ison, Greg Kernodle and Matt Valentine made our meal delicious and special! Our emcee, Tonya Sensing, presented the very deserving employees with their service pins and their award plaques! Congratulations to everyone on their awards and thank you for an amazing evening!



Essential Piece Award
Mary Aiken

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Employee Banquet continued



Outstanding Leadership Award
Jason Ison, Rachel English, Teresa Dukes,
Jennifer Myers, (Not Pictured-Doralyn Warren)



Excellence Award
Carrie Armstrong



Perfect Attendance Award
Joy Smith, Sherry Peck, Debbie Ramsey, Jason
Ison (Not Pictured-Lisa Fields)



Together We Can Award
Debbie Ramsey, Regena Cruse
(Not Pictured-John Ramsey and Lisa Fields)

Employee of the Year Nancy Ray

This year's Employee of the Year could not be more deserving! Throughout her employment, Nancy Ray, has maintained a "whatever it takes" attitude. She regularly worked into the evenings and on the weekends whenever necessary. Nancy's positivity and compassion, along with her exceptional work ethic make her an outstanding role model as we transitioned to our new facility this past year. Her favorite part of her job is getting to the know the residents. Her new job-doting grandmother-begins this month as Nancy retires from Superior Care! Please join us in congratulating and thanking Nancy Ray!



Superior Employee of the Month

We are excited to announce that Dee Myrick is our October 2015 Employee of the Month! Dee has brought so much energy and enthusiasm to our Activities Department this past year! Her contagious smile and spark plug personality make our special events even more special. Dee goes above and beyond meeting all the residents' needs whether it is one on one, in small groups or large groups. You might even see her playing golf or crafting wood race cars with our male residents. Our residents look forward to her daily special activities! Dee is an excellent leader with her two assistants Freda Walker and Carol Livingston, and is an invaluable fundraiser for the Resident Council. Please join me in congratulating Dee Myrick as Employee of the Month!



 Helen Sims, Owner & CEO

Superior Success Story

Mitch Lampkins

Mr. Lampkins was recently hospitalized and had elective surgery for bilateral total knee replacements secondary to osteoarthritis. He chose to come to Superior Care Home for his rehabilitation. Mr. Lampkins shared "I saw this as a challenge and like most challenges, you can't accomplish them by yourself. I put myself where the right people could help me. I've been involved in my own recovery while here through the care planning meetings, and I've done whatever they have told me to do. I wanted to get better, and I liked all the encouragement I received." Most important to him was how positive and encouraging our therapists and staff have been. He appreciated the relaxed atmosphere, too. Mr. Lampkins certainly exceeded expectations! In just 12 days, his range of motion improved by over 30 degrees and his balance deficits improved from a high fall risk to a low fall risk. He is independent in his activities of daily living. He is now able to ambulate with an assistive device over 1000 feet with just standby assistance and is able to go up and down 20 steps with a hand rail which has allowed him to return home! We enjoyed having Mr. Lampkins with us at Superior Care Home. He is a hard worker and showed us how someone can face the challenge of having both knees replaced with grace and determination!



SAVE THE DATES



Fall Festival & Antique Car Show October 17

Halloween Party October 30



Our Superior Kitchen Team will treat our residents to Boo-tiful Cupcakes on Halloween!

WELCOME

New Staff!

Wendy Harper, LPN

Eslobanka Loaiza, SRNA

Lindsay Rutherford, LPN

Stanley Tucker, LPN

Donnie Stamper, LPN



SUPERIOR CARE HOME

Nursing and Rehabilitation Center

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Owners and CEO/COO
Helen Sims & Mike Sims

Administrator
Tonya Sensing

Assistant Administrator
Jennifer Myers

Director of Nursing
Doralyn Warren, RN

Business Office Manager
Tori Tiller

Human Resources Generalist
Rachel English

Social Services
Laura Todino & Kellie Oliver

Rehabilitation Manager
Mary Jo Sprouse

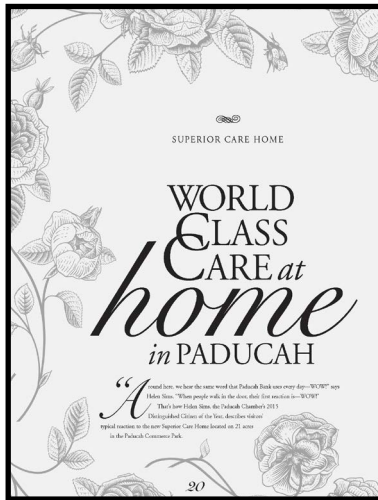
Social Events Director
Dee Myrick

Registered Dietitian
Ashley Durgin, RD, LD

Executive Chef
Jason Ison

Marketing & Community Relations
Darla Sims

News and Notes



Paducah Bank recently featured **Superior Care Home** in their latest edition of **WOW Magazine**. Paducah Bank and Superior Care both share a commitment to the community and the region. You can read the article on our website under the "About" and "News & Events" tab at www.superiorcarehome.com.

Join Us at Superior Care Home for the 2015



Fall Festival & Antique Car Show

Saturday, October 17

12 PM - 3 PM

Open House Tours • Games & Prizes

Face Painting • Music & Fun!

***Raffle Gift Baskets**

***Hot Dogs & Soda Pop**



*All Proceeds Benefit the Rodriguez/Strawser Family

Visit Our Website
SuperiorCareHome.com

