



Superior LIVING



November 2019

Making Memories-Walk to End Alzheimer's

On Saturday, October 12, Superior Care held their 3rd Annual Cornhole Tournament, benefitting the Alzheimer's Association. "What a beautiful day we had for our tournament and silent auction. Our residents, staff, and families crafted, created, and donated items for our silent auction, and we had the most players ever to sign up to play cornhole," shared Dee Metcalf, Resident Life Coordinator.

Throughout the year, our Alzheimer's Association fundraisers include bake sales, the holiday craft bazaar, and then our Cornhole Tourney. Superior Care is proud to fundraise for Alzheimer's research, affecting 5.8 million Americans this year.

On Saturday, October 26, Team Superior braved the cold air and proudly walked with over 200 other supporters at the annual Walk to End Alzheimer's event held at Noble Park. Superior Care is proud to present the association with a check for \$1,735!

Thank You, Team Superior!



© VUE Magazine



© VUE Magazine



© VUE Magazine



© VUE Magazine



© VUE Magazine

SUPERIOR CARE HOME

Nursing and Rehabilitation Center

100 Marshall Court, Paducah, KY 42001
Phone: 270-442-6884 • Fax: 270-442-3296

www.SuperiorCareHome.com

Owner and CEO
Helen Sims

Owner and COO
Mike Sims

Administrator
Jennifer Myers

Director of Nursing
Tana Cooper, RN

Human Resources Director
Michelle Fellows, SHRM



Resident Life Coordinator
Dee Metcalf-CDP



Employee of the Month *Shantal Drysdale - SRNA - Riverways*



Shantal Drysdale, SRNA, a native of Du Quoin, Illinois, is our 2019 November Employee of the Month. Shantal began her nursing education and career while still in high school, through Du Quoin High School's co-op program with John A. Logan Community College. Many of her family members had careers in the medical field, and she shared that growing up, caring for family members is what she loved to do. Shantal previously worked in two long-term care communities in the Du Quoin area before moving to Metropolis.

She began her Superior Care career in January 2018. "Before I put my application in, I researched online what 5 Star facilities were nearby and found Superior Care!" When asked why she chose to work with the geriatric population, she shared "They are just like family to me. I have always loved to see the positive outcomes." She continued, "This is the best nurse aide job I have ever had. I feel supported, and I love working with Sherry Peck. I enjoy the support and teamwork here."

Tana Cooper, Director of Nursing, complimented Shantal's compassionate care, adding "She is very attentive to patients and their families, encourages them to do their best and has an infectious smile!" Shantal's attention to detail proved crucial for a recent resident, when she recognized that the resident was in the early stages of a possible stroke. Through Shantal's clinical expertise and keen observation, the resident was safely treated at the hospital and returned to Superior Care to finish their short-term rehabilitation. Michelle Fellows, Director of Human Resources, agreed, "Shantal is a great team player, and she's ALWAYS willing to help anyone no matter the task!"
Congratulations, Shantal Drysdale!

Our Residents are the Pick of the Patch



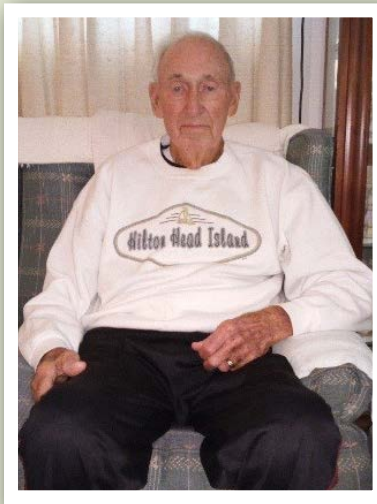
You might see some of our amazing staff proudly wearing these purple "Pick of the Patch" shirts around Superior Care! Michelle Fellows, HR Director, shared "Our wonderful employees have truly enjoyed wearing "their heart on their sleeve" so to speak and making our residents feel special during this fall season!"

TOP PHOTO: Keri Bennett, Micki Cholson, Joni Reed, Kaye Fields, Stephanie Hargis, Jennifer Rowlett- BOTTOM PHOTO: Jessica Villanueva, Madison Moore, Meghan Wetzels, & Allison Biehle



Our Superior Success Story

MR. BELT - Short-term Rehabilitation



Congratulations, Mr. Belt, on your Success!

A native of western Kentucky and a navy war veteran, Mr. Ray Belt, is our November 2019 Success Story.

Mr. Belt's early childhood duties on the family farm established his strong work ethic and fired his desire to continue his education and love of learning which would serve him well the rest of his life. "Hard work and study will get you where your goal is," Belt shared. "It was an honor to serve

in the Korean War," continued Belt.

After the war, he began his career at the Pennsylvania Salt Manufacturing Company (Arkema in Calvert City) as an equipment operator. He furthered his education and became part of senior management, leading the transportation division, overseeing the loading and unloading systems at their river barge terminal. He lent expertise to the Department of Transportation in Washington, D.C., where he served on three DOT committees which brought about the standards and regulations for transporting hazardous materials, among other accomplishments.

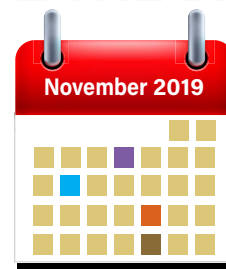


Mr. Belt admitted to Superior Care following a total hip replacement. Upon admission, his goals were to improve his balance and walking distance, transfer independently, be able to navigate up and down stairs, and improve his independence with some activities of daily living. After just 12 days of physical and occupational therapy at Superior, he completed bed mobility, transfers and ambulation independently. His balance improved to within normal limits, and he was able to go up and down 12 steps.

Belt shared, "You have an excellent staff. The nurses were outstanding! You have some very good folks working there! My therapists were very kind and courteous." Belt chuckled, "And the dining options, you had a pretty good variety of choices. I'll be married 65 years in January, so I won't say it was as good as my wife's cooking, but it was pretty good!"

Mr. Belt discharged home and is looking forward to getting back to his hobbies of fishing and gardening and visiting his three daughters, 6 grandchildren, and 6 great-grandchildren!

SAVE THE DATES



Wednesday, November 6

Resident Council

Monday, November 11

**Veteran's Day
Celebration**



Thursday, November 21

Thanksgiving Social

Thursday, November 28

Thanksgiving



WELCOME New Staff!

Carri Battoe, SRNA

Rodney Carpenter, RN

Christine Colin, Laundry

Courtney Holder, SRNA

Haily Lance, SRNA

Anazeah Luten, SRNA

Casey Brooke Shelton, SRNA

RESIDENT LIFE CALENDAR

100 Marshall Court

Paducah, KY 42001

270-442-6884

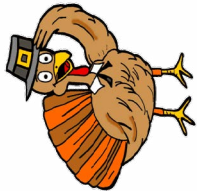

www.SuperiorCareHome.com



November 2019

All activities are subject to change.

Mail delivery:
Monday - Friday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities are subject to change due to volunteer availability, weather. Time conflict</p>						
<p>3 2:00 PM New Life Baptist Church</p>	<p>4 10:30 AM Southland Baptist 2:30 PM 12 Oaks Baptist Church</p>	<p>5 10:30 AM Crafty Fingers 2:00 PM Wheel Of Fortune</p>	<p>6 9:30 AM Mass 2:00 PM Resident Council</p>	<p>7 10:30 AM Word Games 2:00 PM Bingo</p>	<p>1 10:30 AM Sittersize 2:00 PM Popcorn & Movie</p>	<p>2 Leisure time</p>
<p>10 Church with Edlemans</p>	<p>11 10:30 AM Carol Andrews Music 1:30 PM Veterans Day Celebration</p>	<p>12 10:30 AM Bulletin Board Trivia 2:00 PM Just For Fun Bluegrass</p>	<p>13 10:30 AM Sittersize 2:00 PM Crafty Fingers</p>	<p>14 10:30 AM Bible Study 2:00 PM Bingo</p>	<p>15 10:30 AM Target Toss 2:00 PM Music Charles Berry Hill</p>	<p>16 Leisure Time</p>
<p>17 2:30 PM Music With Alissa</p>	<p>18 10:30 AM Balloon Volleyball Fun 2:30 PM 12 Oaks Baptist Church</p>	<p>19 10:30 AM Word Games 2:00 PM Ring Toss</p>	<p>20 10:30 AM Hot Chocolate Social 2:00 PM Fun With Cards</p>	<p>21 Thanksgiving Social Sweets & Treats With a Grateful Heart</p>	<p>2 10:30 AM Word Games 2:00 PM Bingo</p>	<p>23 Leisure Time</p>
<p>24 4:00PM Lone Oak Church of Christ</p>	<p>25 10:30 AM Crafty Fingers 2:30 PM 12 Oaks Baptist Church</p>	<p>26 10:30 AM Mike Ward 2:00 PM The Price is Right</p>	<p>27 10:00 AM 1 Man Band 2:00 PM Martha & Andy</p>		<p>29 10:30 AM Bible Study 2:00PM Bingo</p>	<p>14 Leisure Time</p>