



Superior LIVING



June 2016



National Nursing Home Week - A Small World with a Big Heart



Every year, starting on Mother's Day, Superior Care Home takes pride in celebrating the amazing spirit of residents and honoring the staff who face each day with a sense of purpose, commitment and compassion. This year, Superior Care Home celebrated National Nursing Home Week during May 8-14. Residents enjoyed Vegas themed decorations and casino activities such as poker and black jack. Pictured below: City Commissioner Sandra Wilson presented a proclamation from the mayor's office honoring National Nursing Home Week at Superior Care Home.



A Monthly Publication of
Superior Care Home Nursing and Rehabilitation Center

We Love Our Nurses!

**National Nurses Week
May 9-13**

We appreciate our amazing nursing staff every day! Superior Care hosted a backyard cookout to honor our outstanding nurses and to thank them for their commitment & compassion!



Thank you, Encore Rehabilitation! Our therapy team appreciates our nursing staff, too! Encore presented each nurse's station with their own candy flower basket!



STAY UP-TO-DATE
& Follow Us on Facebook



View more pictures and information at
Facebook.com/SuperiorCareHomeKY



Kentucky Derby Social



We celebrated our very own Kentucky Derby! Residents rolled the die to make the horses "run for the roses"! The sun shines bright on our Superior Care Kentucky Home!

Superior Success Story

Sue Page

"Everyone has been so helpful and gave me the BEST treatment! Everyone helped me get better! I would very much recommend Superior Care!"

Sue Page is our Success Story for the month of June. Ms. Page was admitted to Superior Care home after a fall in which she sustained compression fractures in her spine. She lives independently and was very active prior to the fall and injury.



Initially her pain scale was 8/10 upon admission, her balance needed improvement, and she was only able to walk 5 feet with assistance and a walker. Ms. Page received physical and occupational therapies that included electrical stimulation to help with her pain and muscle spasms. At discharge, she is able to ambulate independently unlimited distances, with and without a rollator walker. Her pain has decreased and her fall risk is now considered low since her balance has improved. She is independent in transfers and bed mobility and is ready to return home safely! Thank you, Sue Page, for sharing your success story with us!

Superior Employee of the Month

It is an honor to announce that **Regena Cruse, RN**, is our **June Employee of the Month**. Regena has been working for Superior Care Home since 2008, and she believes that turning someone's bad moment into a great day is what her job is all about.

Bonnie Carrigan, RN, Riverways Clinical Director shared

"I couldn't do it without her! Her experience, her knowledge, and her nursing skills, are invaluable. She has taught me everything I know about elder care! Most importantly," Bonnie added, "Residents adore her!" "Regena's work ethic and outstanding nursing skills are an inspiration!" shared Helen Sims, CEO.

*Congratulations, Regena Cruse,
on being selected as the
June Employee of the Month!*



SAVE THE DATES



*Sunday,
June 19*

Wow!

Paducah Bank Ice Cream Truck

Friday, June 24



WELCOME New Staff!

Truly Dodds, HK
DeeAnna Johnson-Owen, RN
Samantha Ruley, SRNA
Ceyleigh Dugan, LPN
Courtney Suiter, SRNA
Olivia Schmitt, SRNA
Gina Anglin, SRNA
Breia Stubblefield, Dietary Aide



SUPERIOR CARE HOME

Nursing and Rehabilitation Center

100 Marshall Court, Paducah, KY 42001
Phone: 270-442-6884 • Fax: 270-442-3296

Owners and CEO/COO
Helen Sims & Mike Sims

Administrator
Jennifer Myers

Director of Nursing
Doralyn Warren, RN

Business Office Manager
Tori Tiller

Human Resources Generalist
Rachel English

Social Services
Laura Todino & Kellie Oliver

Rehabilitation Manager
Mary Jo Sprouse

Social Events Director
Dee Myrick

Registered Dietitian
Jessica Felden, RD, LD

Executive Chef
Jason Ison

**Marketing &
Community Relations**
Darla Sims

Visit Our Website
SuperiorCareHome.com



News and Notes



Superior Care Home hosted the Leadership Paducah Class on May 12. Leadership Paducah is comprised of regional young professionals from a variety of industries who are committed to the growth and success of Paducah and western Kentucky. The group took tours of Superior Care Home neighborhoods and participated in a demonstration of the Omni Virtual Rehabilitation System. Superior Care Home is the only short term rehabilitation community with this digital



A Note of Appreciation

Please join us in extending best wishes to Tonya Sensing, who is retiring from Superior Care Home on May 31. Tonya has been an integral part of our team for the last 19 years, and she will be greatly missed by her co-workers, our residents and family members alike. We have all benefited from her stellar commitment to our community. In addition to her incredible competence and skill, she has been a friend to all. We are

pleased to announce that Jennifer Myers will be succeeding Tonya as our administrator, and we certainly have every confidence in her ability to succeed in her new role.

Our appreciation for Tonya's service and dedication cannot be over stated. We know you will all join the owners and Board of Directors in wishing Tonya the very best as she starts a new chapter in her life!

Helen Sims & Mike Sims

