



Superior LIVING

January 2016

Holiday Happenings!

On December 12 & 13, Superior Care Home hosted its annual Christmas Dinner for our residents and families. Chef Jason Ison and his team prepared a delicious Christmas feast featuring roasted ham with golden raisin glaze, garlic herb hash brown casserole, and french style green beans with sauteed pork belly. Santa surprised everyone and delivered presents to all our residents, since they all have been good this year! We were honored to be entertained by our first ever and our very own Resident Christmas Choir, who sang carols and played instruments, accompanied by Mike Ward and directed by Dee Myrick and Janey Wells. *Pictured Below L to R:* Owners, Helen Sims and brother, George "Santa" Thompson were sharing their Christmas spirit. Ms. Barbara Clark sang and played the cymbals for our resident Christmas choir. Ms. Luenell Ross and Dee Myrick are always having fun no matter what holiday! Ms. Margaret Jett enjoyed her surprise visit from Santa, and the Paducah Symphony Youth Chorus provided the entertainment for our Transitions neighborhood Christmas dinner. *What a wonderful weekend for celebrating Christmas and family!*



A Monthly Publication of
Superior Care Home Nursing and Rehabilitation Center

Holiday Happenings, cont'd.



Easter Seals West Kentucky Choir



St. Thomas More Youth Group



MCCHS Career Readiness Class



St. Mary Middle NJHS



Matt Sullivan and the Bluegrass Christmas Band

We were honored to have so many cheerful visitors this holiday season! (Pictured left:) Thank you so much to Easter Seals West Kentucky, St. Thomas More Y Disciple Youth Group, McCracken County High School Career Readiness Class, and the St. Mary Middle School National Junior Honor Society for spreading Christmas cheer! (Pictured above:) We also enjoyed listening to Matt Sullivan and the Bluegrass Christmas Band. (Below:) The Immanuel Baptist Church youth group arrived in full costumes to commemorate the very first Christmas and sang for one of their fellow church members. The Paducah Symphony Children's Choir entertained us during our family Christmas dinner.



Paducah Symphony Children's Choir

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Memories Of Christmas Past

We recently asked our Superior Care residents and employees to share a favorite Christmas memory. May this holiday bring you and your family memorable moments that you will cherish forever.

"When I was a young girl, we would travel to my Grandma's on Christmas Eve. There was a grain bin near her home that had a flashing red light at the top. My dad would always tell us that it was Rudolph's flashing nose!"

Joni Culp, Clinical Director, Lowertown-Memory Care

"My favorite Christmas memory has to be when my second son, Phillip, was born on Christmas Eve, and my whole family celebrated such a special occasion!"

Helen Morgan, Resident

"I would have to say that one of my favorite memories of Christmas was when my mom would make her special fruit salad on Christmas Eve. She would close her business at noon, and then come home and make it for all of us. I now enjoy making the same recipe for my family."

Helen Sims, Owner

"My mother would always make coconut cake at Christmas."

Midtown Neighborhood Resident

"On Christmas Eve, my mother would light all the candles in our house and she would turn off all the lights in the house, leaving only the Christmas tree and candles for light. We would turn up the Christmas music real loud and sing like nobody was watching! We didn't have much, but we had each other!"

Dee Myrick, Activities Director

"I remember when I became suspicious of Santa. It was when my dad went outside and said, 'Ho, Ho, Ho!'."

Mary Mathues, Resident

"My whole family enjoyed Christmas-my parents, brother & sister."

Mildred Abell, Resident

"My favorite Christmas memory started out sad but ended with utter joy! When I was 9, all I wanted for Christmas was a leather bomber jacket. After all the gifts were opened, I realized I did not get the jacket and I started to tear up. Then my dad told me that I needed to get something out of the closet for him, and there it was-the leather bomber jacket! I was so surprised!"

Kellie Oliver, Social Services

SAVE THE DATES



National Activity Professionals Week

January 17-23

Maintenance Appreciation Day

January 20



WELCOME New Staff!

Keith Jones, RN
Paige Mayfield, SRNA
Craig Foy, Dietary
Janey Wells, Activities
Karen Smith, LPN
Michael Dotson, Dietary
Kimberly Rundles,
Receptionist
Misty Haliburton, Laundry
Travis Howard, Dietary
Rebecca Flanary, LPN



SUPERIOR CARE HOME

Nursing and Rehabilitation Center

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Owners and CEO/COO

Helen Sims & Mike Sims

Administrator

Tonya Sensing

Assistant Administrator

Jennifer Myers

Director of Nursing

Doralyn Warren, RN

Business Office Manager

Tori Tiller

Human Resources Generalist

Rachel English

Social Services

Laura Todino & Kellie Oliver

Rehabilitation Manager

Mary Jo Sprouse

Social Events Director

Dee Myrick

Registered Dietitian

Ashley Durgin, RD, LD

Executive Chef

Jason Ison

Marketing & Community Relations

Darla Sims

Visit Our Website
SuperiorCareHome.com



News and Notes

NATIONAL ACTIVITY PROFESSIONALS WEEK & MAINTENANCE APPRECIATION DAY

This month we are honoring several of our special employees. The week of January 17-23 is National Activity Professionals Week. Dee Myrick, Activities Director, joined Superior Care Home over a year ago with an extensive background in long term care. She believes that "seeing the residents having quality in their lives, at whatever stage that they are in, and making them feel loved and appreciated" is her priority. Janey Wells, our new Activities assistant, and Carol Livingston, our evening and weekend assistant, all take special pride in providing our residents with fun, entertaining, and engaging activities every day. Check out all the amazing activities for January in our Activities Calendar! We are also honoring our behind the scenes superstars, Richard Miers and Earl Watkins, as we celebrate Maintenance Appreciation Day on January 20. Please join us as we say "Thank You" to these employees whose talents make Superior Care Home a special place for all!



Thank you to our Families!

In response to our families desiring to do something special for our employees at Christmas, Superior Care Home has a long standing tradition of displaying an employee gratuity mailbox. We would like to take this opportunity to express our sincere gratitude for all the families who contributed to our Employee Gratuity Mailboxes this Christmas. Over \$4000 was distributed among all of our employees, making it a very special Merry Christmas for each of them.

