



Superior LIVING



January 2017

Holiday Happenings!

Superior Care Home hosted its first “Christmas Bazaar and Bake Sale” benefitting the Alzheimer’s Association on December 2, 2016. Joni Culp, Clinical Director, and Dee Metcalf, Social Event Director, hosted the event. Dee Metcalf shared “The goal of the event is to raise money and awareness for the Alzheimer’s Association. Residents got into the holiday spirit by crafting candy holders out of Crystal Light containers and homemade potpourri kits were assembled by our occupational therapy residents.” Additional home-made artisan crafts and baked goods were also donated by Superior Care Home staff and family members. “Our residents want to give back to the community, and this Christmas Craft Bazaar was the perfect way for them to give back!” shared Joni Culp. “Our residents not only helped create crafts, they enjoyed shopping as well! Everyone loved the Hot Cocoa bar, too!” Pictured below: Joni Culp and Dee Metcalf are interviewed for VUE Magazine. Blake Woods, APRN, and Kattie Wheeler, Clinical Director, enjoy shopping at the bazaar and bake sale. See everyone at next year’s Christmas Bazaar and Bake Sale!



Thank you, Dee Metcalf and Rae Street, for crafting adorable gifts for the bazaar!



A Monthly Publication of
Superior Care Home Nursing and Rehabilitation Center

*Volunteers help us
get into the
Christmas Spirit!*



The Boot Scooters



Lone Elementary Choir



Community Christian Academy

*Throughout December, several
school groups and enteratiners
shared their talents and Christmas
spirit with our residents!*

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Holiday Happenings, cont'd.



Superior Care Home hosted our annual **Christmas Family Dinners** on Saturday and Sunday, Dec. 10 & 11. A delicious gourmet meal was prepared by our Morrison's Culinary Team. Even a special visitor came to surprise our families and deliver presents to our residents. Pictured L to R: Ms. Abell and family, Ms. Harrison and family. Mr. Carter, Ms. Reynolds, Ms. Manker, Ms. Chipps, and Ms. Johnston all enjoyed Santa's surprise visit!



Our Superior Success Story

DELORES TANKERSLEY-Short Term Rehabilitation

We are pleased to share that **Delores Tankersley** is our **Superior Success Story for January**. Born and raised in Goreville, Illinois, Delores has a go-get-em personality and has enjoyed volunteering with the Bicentennial Volunteers Incorporated, a TVA retirees organization, along with her husband, Glen. They both were recently recognized for logging their 11,000th volunteer hour this past fall! She describes her approach to therapy with a "Bring it on!" mantra! Wendell May, one of her Physical Therapy Assistants agreed. "Delores was very motivated to get well, and she never hesitated with any of her therapy exercises. She was always eager to participate in her sessions!" The Tankersleys appreciated how positive, honest, and helpful Wendell is!

She was admitted with a right femur fracture and was non weight bearing on the right lower extremity. Initially, she was unable to walk at all due to her non weight bearing status. Transfers to bed and chair and activities of daily living required staff assistance. After receiving therapy to strengthen her legs and improve her balance, along with healing of her fracture, she is now weight bearing as tolerated. She is able to walk 300 feet with standby assistance and a rolling walker, and is able to transfer independently on all surfaces. Her balance has improved significantly, and Mrs. Tankersley is ready for discharge to home!

Mr. and Mrs. Tankersley have recently shared with a friend that Superior Care Home is #1 for short-term rehabilitation. "This experience has been more than what I expected. The rooms are spacious and very nice. This place is very special."



When asked if she would recommend Superior Care to a friend in need of short-term rehabilitation, she replied "I already have!" Thank you, Mrs. Tankersley, for sharing your success story with us!

SAVE THE DATES



New Year's Day
January 1, 2017

2017
Happy New Year



WELCOME
New Staff!

Jennifer Edwards, Scanning Clerk
Dalila Galvan, Laundry
Hailey Dixon, SRNA
Holly Edging, SRNA
Bailey Briggs, Housekeeping
Jamie Lyon, Social Services
Katelyn Kauffman, Activity Assistant
Gina Stenberg, Social Services
Raya Turner, LPN
Haley Watkins, LPN





SUPERIOR CARE HOME

Nursing and Rehabilitation Center

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Owner and CEO
Helen Sims

Owner and COO
Mike Sims

Administrator
Jennifer Myers

Director
of Nursing
Doralyn Warren, RN

Business Office
Manager
Tori Tiller

Rehabilitation
Manager
Mary Jo Sprouse

Social Events
Director
Dee Metcalf

Marketing &
Community Relations
Darla Sims

Visit Our Website
SuperiorCareHome.com



News and Notes

*Thank you to all of our families who donated to our
Employee Mailboxes this Christmas!
Our staff truly appreciates your kindness and generosity!*



We enjoyed visiting with our residents and their families during our annual Christmas dinners. Above L to R: Ms. Beard and family, Ms. Denton and family, and Mr. Wiggins and his family.

*As the holiday season ends and we begin 2017, a friendly reminder to take home any Christmas decorations that were placed in your loved one's room.
Thank you and Happy New Year!*