



Superior LIVING

Mother's Day

May 2017

Springtime at Superior Care

On Saturday, April 8, Superior Care Home hosted its first annual Easter Egg Hunt for residents and their families and our employees. The clear blue sky and the gentle spring breeze made the egg hunt and party extra special! The Easter Bunny made an appearance and assisted the young hunters in finding the eggs in each neighborhood courtyard. "Our whole community helped with this event. Our staff donated the eggs and candy, and our residents stuffed over a 1,000 eggs during the week prior to the event! What a great team effort!" shared Dee Metcalf.



Pictured L to R: Judy Sledd and her granddaughter Jesse Lynn; Ms. Wilson and her daughter, Elaine Hogancamp; Dee Metcalf's grandchildren, Maddox and Emerson; Bonnie Carrigan's grandson, James Oliver; Hannah Reed and her son, Dash, and David Miner; Mr. Mathis and his sister, Shirley Lansden, and Ms. Beard and her daughters, Jenny Jones and Glynda Ross.



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More Easter Egg Hunt!



**Ms. Love & Ms. Scott
& the Easter Bunny**

Quilt Show Close-Ups



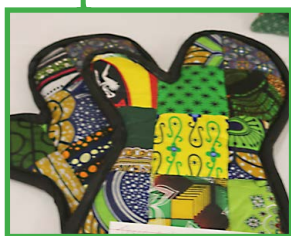
CLOSE UP PHOTOS L TO R:
Tulips by Midtown Resident;
Wedding Ring by Ms. Morgan;
American Flag by Rosemary
Stephenson; Butterfly & Poppa's
Praying Hands by Carrie
Armstrong's grandmother & mother;
Maple Leaf by Ms. Wilson; Squares
by Kay Fields' sister, Nancy White;
Wildcat Baby Quilt by Darla Sims'
mother, Marie Roof.

Celebrating our Volunteers!



On Monday, April 24, Superior Care celebrated all of our volunteers who give of their time and talents for others! Ms. Love shared a special blessing and gratitude speech at the start of the luncheon, and Ms. Morgan spoke from the heart about how much she appreciates everyone who volunteers at Superior Care. Thank you to all of our volunteers!!

Superior Care's 2nd Annual Quilt Show



Superior Care hosted its 2nd Annual quilt show to rave reviews! Each quilt is cherished for its special story and memories.

Pictured Above: Joni Culp shared these quilted oven mitts from her daughter's trip to Uganda. Carrie Armstrong shared her mother & grandmother's Strawberry quilt. Kay Fields shared her sister's Christmas pillow.

Our Superior Success Story



Claire Hofer *Rehabilitation* “You feel the LOVE here!”

We are thrilled to share this amazing success story with you! Claire Hofer came to Superior Care in February after a fall at home resulting in a brain hematoma and a fractured femur. She had a left hip replacement and a craniotomy which left her very weak.

Upon evaluation, her pain level was an 8/10, and her therapy goals were to increase her overall strength and balance and to not have a modified diet. At the present time, she is walking independently with a standard cane and/or rollator for distances exceeding 250 feet. She is independent with transfers, bed mobility and her activities of daily living. Her pain has resolved, and she is now on a regular diet consistency.

Ms. Hofer shared that all the care professionals-nursing and therapy-have been excellent again, just like the previous time she spent at the Transitions neighborhood. “Sherry, my CNA, is just wonderful. I had the same physical therapist again, Tana, which was great! I also enjoyed my Occupational Therapist, Jennifer! She helped me with my balance, dressing, and even helped me practice doing my laundry!” she chuckled. “You feel the LOVE here!”

Mary Jo Sprouse, Encore Therapy Director shared “Ms. Hofer has attended social activities, and our nursing care team has managed her medical condition very well. She has kept such a positive attitude throughout her stay, and she is a joy to work with!” Ms. Hofer plans to return to Jackson Oaks this week! Thank you, Ms. Hofer, for sharing your success story with us!

Employee of the Month Stanley Tucker, LPN

We are proud to announce that Stanley Tucker, LPN, in our Lowertown neighborhood is our May Employee of the Month. Stanley has been a part of our care team since August 2015. “His personality is over the top, he is so genuine, and families LOVE him!” shared Joni Culp, Lower Town Clinical Director. She continued “He displays the greatest sense of compassion of any nurse I have ever worked with.” Stanley and his wife recently prepared beautiful floral bouquets for each of our dining tables in the neighborhood, brightening up the room! “I feel that my favorite part of my job is helping others, especially when no one else can,” shared Stanley. Helen Sims, CEO/Owner said “It is his sincere compassion for our residents and their families that makes him an excellent example for our entire care team!”



Congratulations, Stanley Tucker!

SAVE THE DATES



Derby Fun Friday, May 5



MOTHER'S DAY • MAY 14

**NATIONAL
NURSING HOME
WEEK
May 14-20**



***Special Activities Planned
Each Day-Come Join Us!**



WELCOME New Staff!

KIMBERLY LOVELACE,
Housekeeping
BRITTANY EHLERS,
Receptionist
LISA HOLEMAN, PTA



SUPERIOR CARE HOME

Nursing and Rehabilitation Center

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Owner and CEO
Helen Sims

Owner and COO
Mike Sims

Administrator
Jennifer Myers

Assistant
Administrator
Steven Hall

Director of Nursing
Doralyn Warren, RN

Business Office
Manager
Tori Tiller

Rehabilitation Manager
Mary Jo Sprouse

Social Events Director
Dee Metcalf

Marketing &
Community Relations
Darla Sims

Visit Our Website
SuperiorCareHome.com



News and Notes



Wednesday, April 19, will go down in the history books for one local high school! Judy Hodges Wasko, Heath High School's Alumni Historian, presented Howard Gibson, a resident of our Midtown neighborhood, with a certificate honoring him as the Oldest Living Male Graduate of Heath High School. Congratulations, Mr. Gibson! Thank you, Heath High School Alumni Association, for this special award!

Celebrating Occupational Therapy Month!



L to R: Stephanie Hargis-COTA/L, Joni Reed-COTA/L, Christine Esteves, OTR/L, Jennifer Rowlett-COTA/L, Crystal Parr, COTA/L.

April is Occupational Therapy Appreciation Month, and we are proud to celebrate our amazing Occupational Therapy team members. According to the American Occupational Therapy Association's website, "OT services may include comprehensive evaluations of the client's home and other environments (e.g., workplace, school), recommendations for adaptive equipment and training in its use, and guidance and education for family members and caregivers. Occupational therapy practitioners have a holistic perspective, in which the focus is on adapting the environment to fit the person, and the person is an integral part of the therapy team."

From our amazing Occupational Therapy team in their own words...
"We **LOVE** Occupational therapy, because it allows us to learn what is meaningful to each resident in order to develop goals that will help him/her be as independent as possible. We can address everything one can do from the time he/she wakes up until bedtime. Our focus in OT can range from a complex task such as cooking a meal to a more basic task such as being able to feed oneself. We love getting to know our residents, and find it very rewarding when we see them do something for themselves, something that was a challenge for them prior to therapy."

Thank you, Occupational Therapy Team Members!