



# Superior LIVING



June 2018

## Celebrating Life's Stories One Memory at a Time

Superior Care celebrated National Skilled Nursing Care Week, May 13-19, 2018, with many activities for our residents. Residents collaborated and created the daily lunch menus for the week. Other activities included our "Memory Lane Museum" -a collection of antiques hand selected by our resourceful and generous staff (Page 4). We were also honored to hear the Atomic Bombshells perform their USO/Andrews Sisters genre of music! Midtown & Lowertown (media consent) residents were mailed life story questionnaires. From those questionnaire answers and shared photographs from family, special Life Story books were created and presented to our participating residents. On Thursday, May 17, a special Celebrating Life's Stories party was planned and the books were presented and shared to rave reviews!

Superior Care believes that EVERYONE has a STORY to tell! The AHCA's website states "By taking the time to listen to how significant events, relationships and experiences have shaped who others are today, we achieve personal growth and better understand the perspectives of others, creating a share sense of purpose in our community." We, at Superior Care, truly believe that providing the most compassionate care can only when happen when we know our residents' life stories. Thank you to everyone who helped make this project so special!



*A Monthly Publication of*  
**Superior Care Home Nursing and Rehabilitation Center**

you've got  
**TALENT!**

To conclude our fun-filled and activity packed National Skilled Nursing Care Week, Dee Metcalf and staff organized the Superior's Got Talent Show on Friday, May 18. Residents Joe Falconite, Leon Gibson, Martha Love and Helen Morgan along with Dee Metcalf and Darla Sims, started the talent show with an inspiring rendition of "Take Me Out to the Ballgame"! Residents even passed out their very own baseball trading cards. Tanna England, PTA, and Carol Fristoe, resident, shared their musical talents, too. Joni Culp recited all the 50 states in ABC order-WOW! Debbie Ramsey and her magical team of Kattie Wheeler, Beth Harlacher, Doralyn Warren, and Steven Hall, performed amazing magical acts. Our fun comedy acts included Melissa Kelly, Lesley Williamson, Elevi Balzer, Kelley Chronister, and Tana Cooper. Kay Fields showcased her artistic talents by painting a beautiful apple on canvas! Our most creative act was the Mother/Daughter Duo of Tori Tiller and her daughter, Katie. They built a replica of the Flux Capacitor machine from the Back to the Future Movie, and with some "uranium" and special switches, turned little things into big things and for the grand finale, turned Tori into a smaller Tori (her daughter, Katie)! The residents and the staff were thoroughly entertained and all look forward to next year's talent show.

# SUPERIOR'S GOT TALENT SHOW



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# Our Superior Success Story

## Howard Dubber Short-Term Rehabilitation

Howard Dubber is our June 2018 Superior Success Story. Since Mr. Dubber moved to Paducah in 1980, his career path has taken several turns. He eventually decided to pursue a degree in Instruments and Controls and is currently employed at the former USEC plant.

Mr. Dubber admitted to Superior for short-term rehabilitation following an elective hip replacement performed by Dr. Shiraz Patel. Upon admission, Mr. Dubber's goals were to manage pain, improve his bed mobility, transfer abilities, his balance and walking distance capabilities.

"I did not have an expectation prior to coming to Superior. The staff at Superior was pleasant, and I believed they wanted the best for each resident. Everyone was professional, and I am happy with my results," shared Mr. Dubber. Mary Jo Sprouse, Encore Rehabilitation Manager, shared "Mr. Dubber challenged himself in his daily therapy sessions, which led to his quick recovery."

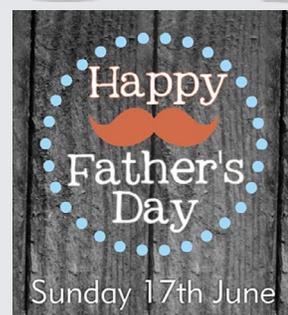
After less than four weeks, Mr. Dubber was able to discharge home, ambulating with a cane independently. He is able to manage going up and down 15 steps, and his balance improved to a 25/28 on the Tinetti Balance Test, which is considered a low fall risk. "His hard work has paid off!" stated Sprouse. "He is a great example of staying positive and working hard toward your goals!"

*Congratulations, Mr. Dubber, on your success!*

## SAVE THE DATES



**Friday, June 15**  
Paducah Bank WOW Wagon



**June 21 • 1st Day of Summer**



**WELCOME**  
New Staff!

Madison Ellington, SRNA

Ebony Hill, SRNA

Chelsea Hodges, SRNA

Dacota Holder, LPN

Angela Isabella-Griffey, Laundry

Margie Jackson, RN

Sydney Kelley, SRNA

Gabrielle Milliano, SRNA

Darla Morgan, SRNA

## The Superior Garden Club



Our Midtown residents enjoyed planting spring flowers in their courtyard. Our standing courtyard planters were filled with yellow and orange gerber daisies and lilac and white petunias.



# SUPERIOR CARE HOME

Nursing and Rehabilitation Center

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Phone: 270-442-6884 • Fax: 270-442-3296

Owner and CEO  
Helen Sims

Owner and COO  
Mike Sims

Administrator  
Jennifer Myers

Assistant Administrator  
Steven Hall

Director of Nursing  
Doralyn Warren, RN

Business Office Manager  
Tori Tiller

Rehabilitation Manager  
Mary Jo Sprouse

Resident Life Coordinator  
Dee Metcalf-CDP

Human Resources Director

Michelle Fellows-SHRM

Visit Our Website  
[SuperiorCareHome.com](http://SuperiorCareHome.com)



# News and Notes



## CELEBRATING LIFE'S STORIES

National Skilled Nursing Care Week

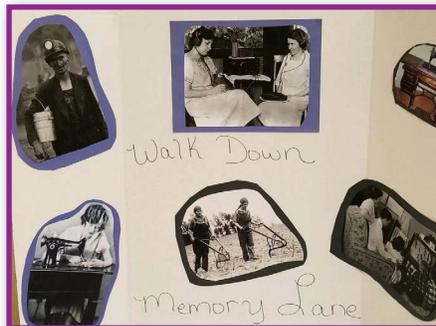
May 13-19, 2018

[ahcancal.org/NSNCW](http://ahcancal.org/NSNCW) | #NSNCW



During National Skilled Nursing Care week, Superior Care's Memory Lane Museum was featured on WPSD-TV's 5 pm News broadcast. Dee Metcalf, Resident Life Coordinator, curated over 40 items and displayed them for residents and staff to enjoy. "My grandmother owned an antique store in Brownfield,

Illinois, and I inherited several unique antiques and I hope our families enjoy this walk down memory lane!" Staff members-Joni Culp, Carrie Armstrong, Mary Jo Sprouse, and Linda Lane also shared some of their family heirlooms.



Notable antique items pictured L to R: Nursing photos, "World of Beauty" salon products from Dee Metcalf's grandmother. Typewriter from Chicago, Illinois; antique guitar, accordion, 91 year old handmade high chair, antique magazine issues and more.