



Superior LIVING



July 2018

Superior Care Receives Perfect Survey

Superior Care Nursing & Rehabilitation, proudly announces that it has attained a Deficiency Free Annual Survey from the Cabinet for Health & Family Services-Office of the Inspector General for the State of Kentucky.

In 1972, Superior Care's founder, Mary Ellen Thompson, named her community for the standard of care she wanted to achieve. "Receiving this Deficiency Free Survey confirms that Superior Care is doing an exceptional job, and provides the highest quality, person-centered care to our community, continuing my grandmother's, our founder's legacy," shared Mike Sims, COO/Owner. Jennifer Myers, Administrator, agrees "We are so proud of this achievement. We put the care of our residents first, and this perfect survey is confirmation of a job well done by our entire team."

The Office of Inspector General is responsible for ensuring that nursing facilities who are participating in the Medicare and/or Medicaid programs are compliant with mandatory federal and state licensure requirements. The inspections, called surveys, are

conducted on a no-notice basis and consist of a checklist of areas and categories to examine. The categories include policies and procedures, resident care, dementia care, medication administration, medical records, kitchen sanitation, staff competencies, dietary needs, life safety codes, fitness and adequacy of the community.

Superior Care encourages prospective families who are seeking

short-term rehabilitation, long-term care, and/or memory care for their loved ones, to request a copy of state surveys and compare results. "Just 5% of the nursing facilities in the United States receive a Deficiency Free Survey," states Doralyn Warren, Superior Care's Director of Nursing. "Surveys are an

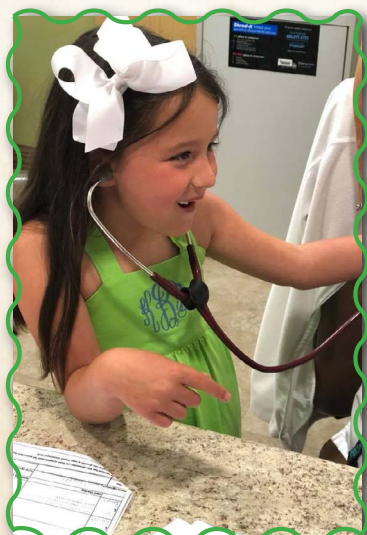
important tool to help families gauge the quality of care a facility provides." Helen Sims, CEO/Owner agrees, "When families entrust the care of their loved ones to us, our priority is to provide the highest quality in all aspects of their care. This achievement takes the commitment from every one of our team-nursing, dietary, housekeeping, laundry, maintenance, activities, etc. **Our Superior Team is just that-SUPERIOR!**"

"When families entrust the care of their loved ones to us, our priority is to provide the highest quality in all aspects of their care."



A Monthly Publication of
Superior Care Home Nursing and Rehabilitation Center

A Heart of Gold



Ms. Vickie Beyer's sweet granddaughter, Chloe, loves to visit her in Lowertown. She couldn't pass up the chance to listen to Holly Arnett's caring heart!

STAY UP-TO-DATE
& Follow Us on Facebook



View more pictures and information at
[Facebook.com/SuperiorCareHomeKY](https://www.facebook.com/SuperiorCareHomeKY)

Employee of the Month **Misty Massey**

Misty Massey, LPN, is our July 2018 Employee of the Month. A native of Little Rock, Arkansas, Misty began her nursing career at Superior Care over three years ago. She shared that her passion for nursing began when she took care of her grandmother who had a terminal cancer diagnosis. "I love nursing, and especially enjoy helping residents in our short-term Transitions neighborhood."

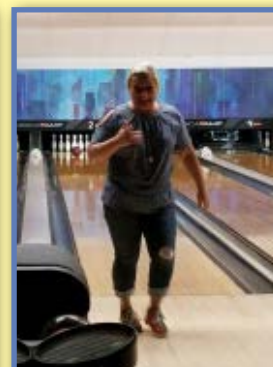


"Misty has been an integral part of our care team in Transitions, and has been an excellent trainer and mentor to our new nurses and nurse aids," shared Helen Sims, CEO/Owner. "I appreciate her willingness to assist our new team members, while providing quality care and compassion to our residents! It is inspiring!"

Congratulations, Misty Massey!

Strikes & Spares Because We Care!

On Thursday, June 21, the Longest Day of the Year, our generous Superior Care Team, participated in the 1st Ever Superior Care Bowl-A-Thon for Alzheimer's! Steven Hall, Joni Culp, Kattie Wheeler, Debbie Ramsey, Michelle Fellows, and Chef Jason Hoskins were the bowlers who represented our Superior neighborhoods. Each neighborhood & bowler were tasked with raising a minimum of \$100. Kattie Wheeler raised the most at \$230, and our whole group raised over \$700! Thank you, to our special bowlers, and to our amazing and generous staff!



L to R: Chef Jason & Kelly Hoskins, Joni Culp, Michelle Fellows, Steven Hall, Kattie Wheeler, Joni Culp, Debbie Ramsey, her son, Harrison, and her mother, Sue Smith.

Our Superior Success Story

Marjorie Yancy Short-Term Rehabilitation

Born in the small whistle-stop town of Casky, Kentucky, just outside Hopkinsville, Ms. Marjorie Yancy, is our July 2018 Success Story. As a child, she loved visiting Paducah where her grandparents lived and convinced her mom to eventually move here. She graduated from Paducah Tilghman High School, met her husband, Roy, and they were married for 65 wonderful years! When asked about her secret to her long marriage, she smiled and shared "I just loved him, and he loved me! I even have his US Navy blanket on my bed here!" Her first job was a cashier at the Columbia Theater. She is an avid reader, cherishing the books that her son checks out of the library for her. Her favorite author is Sue Grafton, and she is waiting for the final mystery "Z" to be published!

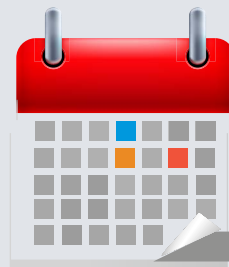


Ms. Yancy, admitted to Superior in April. Upon admission, her diet was altered to assist her with dining, her activity tolerance was low, and she needed improvement with walking distance, traversing stairs, and overall strength. After speech, occupational, and physical therapy, Ms. Yancy is now able to tolerate a regular diet, especially her coffee! Her activity tolerance increased to 20 minutes, and her walking distance increased to 250 feet. She can now ambulate up and down stairs and can transfer safely. "Her improvements have been amazing, because Ms. Yancy worked very diligently with all of our therapy disciplines here," shared Micki Colson, SLP-CCC. "I am honored to be considered a success!" shared Ms. Yancy. "I have enjoyed being here. Everyone has been so nice and encouraging! I would recommend Superior Care to anyone in need of short-term therapy!"

July 4th Fun Facts

1. John Hancock was the only member of the Continental Congress to formally sign the Declaration of Independence on July 4th, 1776.
2. The Fourth of July was not declared a federal holiday until 1938.
3. Around 150 million hot dogs are consumed on Fourth of July.
4. Back in 1776, when the Declaration of Independence was signed, 2.5 million new people lived in the U.S. Now 242 years later, 312 million people live.
5. The now American-celebrated song, Yankee Doodle, was originally written by officers of the British army to make fun of backwoods Americans.
6. Most of the signers of the Declaration did not formally sign until August 2, 1776.
7. More than 14,000 firework displays are put on across the country on Fourth of July!
8. Bristol, Rhode Island is home to the world's oldest Independence Day celebration. It dates back to 1785!

SAVE THE DATES



WEDNESDAY, JULY 4



WEDNESDAY, JULY 11
Resident Council Hot Dog
Lunch Fundraiser



FRIDAY, JULY 13



WELCOME
New Staff!

Mary Beth Aycock, LPN

Jennifer Blodgett, RN

Laura Bretz, LPN

Keegan Chandler, SRNA

Andrea Duran-Huerta, SRNA

Malissia Long, SRNA

Shelby Parker, SRNA

Kismet Seddon, SRNA



SUPERIOR CARE HOME

Nursing and Rehabilitation Center

100 Marshall Court, Paducah, KY 42001
Phone: 270-442-6884 • Fax: 270-442-3296

Owner and CEO
Helen Sims

Owner and COO
Mike Sims

Administrator
Jennifer Myers

**Assistant
Administrator**
Steven Hall

Director of Nursing
Doralyn Warren, RN

**Business Office
Manager**
Tori Tiller

**Resident Life
Coordinator**
Dee Metcalf-CDP

**Human Resources
Director**
Michelle Fellows-SHRM

Visit Our Website
SuperiorCareHome.com



News and Notes

We put the **FUN** in Fundraising!

Last year, the Alzheimer's Association presented Superior Care with the Highest Amount Raised Award for our business division. We want to win this award again in 2018, and we need your support! The Walk to End Alzheimer's will be held on Saturday, September 22, at Noble Park. Team Superior has already started fundraising for this year's walk! Please join us at our next event-The 3rd Annual Superior Care Cornhole Tournament on Saturday, September 15 at the Metropolis American Legion Post. We will have silent auction items, lunch, and all kinds of fun! Registration begins at 12 noon, with the blind draw format beginning at 12:30 pm. Cash prizes and camaraderie will be served, so join all the fun and raise money for the Alzheimer's Association! If you would like to donate a prize, gift cards, or a craft to our Silent Auction, please contact Dee Metcalf for more information at (270) 442-6884.



Ms. Clark enjoyed painting pine cones for a patriotic wreath for our Silent Auction.

SUPERIOR CARE HOME PRESENTS



Saturday, Sept. 15

Register at 12 PM

Play Begins at 12:30 PM

Players will be paired by Blind Draw Format.

Tournament Fee-\$15 per player-Pay at Registration
For more information contact **Dee Metcalf** at 270-442-6884

Metropolis American Legion Post 306
321 Market Street, Metropolis, IL

*Celebrate the Dog Days
of Summer!*

**Wednesday
July 11
10:30 AM-1 PM**

Hot Dog Lunch

