



LIVE SOULFULLY

National Skilled Nursing Care Week

May 12–18, 2019

ahcancal.org/NSNCW | #NSNCW

What makes your soul Happy?

You are invited to join the **FUN** during National Skilled Nursing Care Week!



MONDAY - Soulfully Giving & Staff Appreciation! Residents will create non-skid socks for local cancer care patients! Staff will enjoy lunch and fellowship in the Community Room!



TUESDAY - Back to Your Roots & Bluegrass Music Hoedown! Residents will snap green beans just like ol' times. Staff may wear cowboy/western accessories (must wear uniform) for the day! (cowboy hats, bandanas, etc.)



WEDNESDAY - Fun in the Sun! Residents will enjoy outdoor (weather permitting) activities and rootbeer floats! Staff may wear beach accessories (must wear uniform) for the day. Dee Metcalf will have a supply of Hawaiian Leis for staff to wear!



THURSDAY - Relaxing the Soul! Residents will enjoy a morning of Wheel-chair Yoga and relaxing music and a Special Bingo with Spa-Like prizes! Staff will feel relaxed from all the joy you bring to our residents!



FRIDAY - What Makes Your Soul Happy? Residents and Staff will enjoy 2 musical concerts. We will share what makes everyone's soul happy!