

SIGNS OF SEPSIS (SOS)

SEVERE SEPSIS PRESENTATION DATE/TIME: :

If all 3 met within 6 hours of each other, Severe Sepsis present

- **Use earliest of each of three criteria; Use latest time of the three criteria to form severe sepsis**
- 1. Suspected/Known Infection documented by Physician/APN/PA or nursing:
- 2. SIRS Criteria (two or more present):

CRITERIA	VALUE	TIME
Temp >100.9∘F or <96.8∘F (>38.3∘C or <36.0∘C)		
Heart Rate (Pulse) >90		
Respiration >20 per minute		
WBC >12,000 or <4,000 or >10% bands		

3. Organ Dysfunction (evidenced by any one of the following):

CRITERIA	VALUE	TIME
SBP <90 or Mean arterial pressure <65		
SBP decrease of more than 40 mmHg-		
Physician/APN/PA documentation must be present indicating a >40 mmHg		
decrease in SBP has occurred and is related to infection, Severe Sepsis or		
Septic Shock and not other causes.		
Acute respiratory failure (evidenced by a NEW need for invasive or		
non-invasive mechanical ventilation (CPAP, BIPAP, Vent, or an increased		
need from intermittent to continuous)		
Creatinine >2.0 OR an elevation of >0.5 above baseline		
in patient with CKD **Exclude if patient has ESRD AND on HD		
Urine output <0.5 mL/kg/hr x 2 consecutive hours		
Total Bilirubin >2 mg/dL (34.2 mmol/L)		
Platelet count < 100,000		
INR > 1.5 or aPTT > 60 sec ***Do NOT use if patient is on anticoagulant (do not exclude if only Heparin Flushes)		
Lactate > 2 mmol/L (18.0 mg/d) (> 4 = septic shock)		

This card is for reference only and is not a comprehensive list of all requirements. For a complete list of details, please refer to <u>CMS' Quality Net 2019 Specifications Manual - Version 5.6</u>.



SIGNS OF SEPSIS (SOS)

SEVERE SEPSIS 3 HOUR TREATMENT:

- 1. Initial Lactate (between 6 hours prior & 3 hours following presentation) @
- 2. Blood culture PRIOR to antibiotic & no later than 3 hours following presentation @
- 3. IV Antibiotic 24 hours prior to up to 3 hours after presentation @
- 4. Monitor and treat hypotension:

Target Volume of 30 ml/kg Crystalloid Fluid Administration 6 hours prior through 3 hours after initial hypotension or septic shock

SEVERE SEPSIS 6 HOUR TREATMENT:

- Repeat Lactate 6 hours from presentation if initial lactate > 2.0 mmol/L @
- Monitor and treat hypotension
- · Frequent vitals, including after fluids end-perform at least two vitals in hour after fluids end
- Evaluate for Septic Shock

SEPTIC SHOCK:

- 1. Septic Shock documented by physician/APN/PA OR
- 2. Severe sepsis & persistent hypotension OR
 - Persistent Hypotension measured in hour after conclusion of 30 ml/kg Crystalloid Fluid Administration by two consecutive blood pressure readings:
 - o SBP < 90
 - o MAP < 65
 - o SBP decrease of more than 40 mmHg:

Physician/APN/PA documentation must be present indicating a >40 mmHg decrease in SBP has occurred and is related to infection, Severe Sepsis or Septic Shock and not other causes. Severe sepsis & initial lactate >=4

3. Initial lactate level ≥ 4 mmol/L

6 HOUR SEPTIC SHOCK TREATMENT:

1. Vasopressor administration-given in time window from septic shock to 6 hours after:

**Norepinephrine, Epinephrine, Phenylephrine, Dopamine, Vasopressin

- Repeat Volume Status and Tissue Perfusion Assessment from fluid administration start time to 6 hours after septic shock presentation:
 - Physician/APN/PA attestation OR
 - Review of 5 of 8 parameters: Arterial Ox Sat; Cap Refill; Cardiopulmonary Assessment; peripheral
 pulses; Shock Index; Skin Color/Condition; Urine Output; Vital Signs including heart rate,
 respiratory rate, blood pressure, & temperature OR
- 3. Measured or performed by physician/APN/PA: CVP; ScvO2; Echo; Fluid Challenge or passive leg raise

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