



MOVE-IN CHECKLIST

Welcome to Frontida Assisted Living!

As you're packing and preparing for moving day, use the checklists below to make sure you have everything you need.

HOUSEHOLD ITEMS

- Clothing (labeled)
- Winter coat & boots
- Personal furniture (bed, dresser, nightstand)
- Bed linens (labeled)
- Pillow(s)
- Pictures for walls
- Lamp
- Telephone
- Radio
- Television
- Clock/alarm clock
- Flashlight
- Laundry basket
- Wastebasket
- Hangers
- Bathrobe & slippers
- Mattress pad
- Mattress protector (if incontinent)

PERSONAL CARE PRODUCTS

- Toothbrush
- Toothpaste
- Denture cup/tablets
- Mouthwash
- Body Wash
- Deodorant
- Powder
- Shampoo & conditioner
- Comb/brush
- Body lotion
- Shaving items
- Incontinence supplies
- Hearing aids & batteries
- Glasses
- Prescription medications (*all prescription meds must be in the original bottles*)

NECESSARY DOCUMENTS

- Social Security card
- Medicare card
- Insurance cards
- Photo ID
- POA forms (Healthcare & Finance)
- POA Activation Form (if applicable)
- Living Will
- DNR form
- Physical & Tb test
- Guardianship papers (if applicable)
- DNR paperwork
- Funeral Home arrangements
- Artificial device info (pacemaker, defibrillator, stent, port, etc.)

**Do not bring any over-the-counter medications, scissors, rugs or valuables*