Additional Resources

This list contains additional resources that may be useful for patients interested in learning more about self-administered hormonal contraceptives, reproductive health, sexually transmitted diseases, or who may need help following domestic or sexual abuse.

Birth Control Information

**Bedsider**
bedsider.org
An online birth control support network for women 18-29 operated by The National Campaign to Prevent Teen and Unplanned Pregnancy, a private non-profit organization. The goal of the organization is to help women find the method of birth control that’s right for them and learn how to use it consistently and effectively.

**Stay Teen**
stayteen.org
The goal of Stay Teen is to encourage women 13-19 to enjoy their teen years and avoid the responsibilities that come with too-early pregnancy and parenting. The website discusses issues including sex, relationships, abstinence, and birth control and is operated by The National Campaign to Prevent Teen and Unplanned Pregnancy, a private non-profit organization.

**Safe Sex 808**
safesex808.org
Safe Sex 808 is a Hawaii based, online resource for helping people, especially teens and young adults, find sexual health resources and locate a nearby reproductive health provider.

**CDC Reproductive Health**
cdc.gov/reproductivehealth/
The CDC’s Division of Reproductive Health is a government organization that aims to improve women's reproductive health, improve pregnancy health care, and improve fetal, newborn, and infant health. The website contains information about birth control methods and their effectiveness, teen pregnancy, reproductive health, and infertility.

Sexually Transmitted Disease (STD) Information

**CDC Division of STD Prevention**
cdc.gov/std/
The CDC Division of STD Prevention is a government organization that provides information on preventing STDs and their complications. The website contains information on the symptoms, diagnosis, treatment, and prevention of STDs such as HIV/AIDS, hepatitis, herpes, chlamydia, gonorrhea, HPV, syphilis, and more.

Information for Victims of Abuse

**Kapi'olani Sex Abuse Treatment Center**
satchawaii.com
The Sex Abuse Treatment Center (SATC) of Kapi'olani Medical Center for Women and Children is a statewide program that provides treatment services for survivors of sexual assault. SATC provides 24/7 on-call crisis intervention, medical-legal examination, therapy, case management, legal systems advocacy, and education. SATC helps adults, teenagers and children, both females and males.

Updated 11/17
The Domestic Violence Action Center provides legal information and representation to victims of domestic abuse. Services include a legal helpline, legal representation, advocacy for individual victims, case management, and community education. DVAC works with all communities including immigrant and ethnic communities as well as cis, trans, non-conforming and non-binary survivors.