

Bingo Board

WEEK #3 AND #4

Earn a **bingo** to enter our drawing for gift cards from local businesses! Drawings will happen every 2 weeks.

LEARN THE SUN, SOIL, WATER & AIR CHANT AND SING IT FOR SOMEONE	TELL SOMEONE WHAT FRUITS YOU LIKE ON A SANDWICH	PLANT A SEED	WATCH & DANCE ALONG TO THIS FOOD-FOCUSED GO NOODLE VIDEO	WRITE A THANK YOU NOTE TO A FARMER
MAP HOW FAR A FOOD TRAVELED TO GET TO YOUR HOUSE USING LABEL OF ORIGIN	COMPLETE THE "SUPERIOR SOIL" SCIENCE EXPERIMENT	FIND THE WHOLE GRAIN SYMBOL ON A FOOD PACKAGE	EXPLAIN TO SOMEONE THE DIFFERENCE BETWEEN BROILER AND LAYING CHICKENS	MAKE A SANDWICH WITH 3 FOOD GROUPS FROM MYPLATE
GUESS WHEN OUR CHICKENS WILL HATCH	PREPARE THE HEALTHY GRAIN BOWL RECIPE	Free	DRAW A PICTURE OF YOUR MYPLATE SANDWICH	FIND A PLANT GROWING THAT HAS A FLOWER AND A FRUIT
WRITE DOWN 2 FOODS GROWN IN KLAMATH CO. TO PUT IN A SANDWICH	COUNT HOW MANY CHICKEN PRODUCTS YOU EAT/USE IN A DAY	WATCH A FOOD HERO VIDEO ABOUT LEAFY GREENS LIKE SPINACH OR KALE	WRITE A RECIPE FOR A WHOLE GRAIN BREAKFAST BOWL	MAKE A "GROWING BRACELET"
CREATE A WATER BOTTLE SPRINKLER TO KEEP YOUR PLANT'S SOIL MOIST	VISIT (VIRTUAL OR IN PERSON) A FARM OR GARDEN	SHARE WITH SOMEONE 3 FOODS THAT GROW WELL IN THE SPRING	ENTER THE KLAMATH BASIN AGRICULTURE ART CONTEST	TRY A NEW WHOLE GRAIN OR PREPARE A WHOLE GRAIN A NEW WAY



Visit our [webpage](#) for registration and activity guides. Questions? Email janice.schooler@oregonstate.edu or call 541-883-4582.



OSU Extension Service prohibits discrimination in all its programs, services, activities and materials. Accommodation requests related to a disability should be made to patty.case@oregonstate.edu

How do i EARN PRIZES?

BINGO INSTRUCTIONS:

1. Every 2 weeks throughout this program, we will post a new bingo board. Download and save this file as a PDF.
2. Open the PDF in a program that allows you to use a digital pen or add shapes. Programs such as Edge or Adobe Acrobat (PC), DocHub - PDF Sign and Edit (Chromebook), or Viewer (Mac) all have this feature.
3. As you complete activities, you should digitally mark the specific tile with an "X" or check mark. Activities in orange text corresponds to the Art Contest, green text corresponds to exercises from the Grow it, Cook it, Like it! program, and black text corresponds to the Wellness Activities. Visit our [webpage](#) for registration and activity guides.
4. At the end of the two weeks, email your board to janice.schooler@oregonstate.edu and the name of the registered student if you have bingo. For each bingo you have, you will be entered in a drawing for a gift card to a local business. Drawings will happen every 2 weeks.

