

Lesson 1

Fruit and Vegetable Sorting

Activity

1

Help the Food Group Friends sort **fruits** and **vegetables**. Color the foods at the bottom. Cut them out. Paste **fruits** into **Farrah Fruit's** basket. Paste **vegetables** into **Reggie Veggie's** cart. Only paste foods that belong.



Farrah
Fruit



Reggie
Veggie

