The Impact of Taking a 401(k) Loan

It is not free money

- * Payments are typically each month, leaving you
- * There is a structured
- **★** Interest payments are due on the loan principle

The money can no longer grow.

Missing out on potential:

- * Interest appreciation
- * Dividends
- * Rising markets
- * Compounded growth

Even if you leave your job, you still have to repay the loan

* Also, if you are younger than 59 \(\text{then defaulting} \) 10% tax-penalty

WHAT HAPPENS **TO 401(K) LOANS?**

\$7,982 Average unpaid loan balance¹

10%

of employees default on 401(k) loans¹

86%

of participants leave the company **before** repaying their loan¹



TIPS TO HELP AVOID THE NEED FOR A 401(K) LOAN

- Try **not** to accumulate credit card debt.
- Build an emergency fund. Aim to save enough to cover 3 to 6 months of essential expenses.
- Tap into other savings accounts before accessing money earmarked for your retirement future.

Have Questions? Next 401(k) Employee Education Meeting



Sean C. Bjork, CIMA®, AIF®

Vice President Bjork Group 1033 Skokie Boulevard, Suite 210 Northbrook, IL. 60062 p.312.464.7082 seanbjork@bjorkgroup.com

www.bjorkgroup.com

¹ National Bureau of Economic Research, "Borrowing from the Future: 401(k) Plan Loans and Loan Defaults." Feb 2014 more recent data may alter this assessment

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