# 7 SIMPLE STEPS TO ORGANIZE YOUR FINANCIAL LIFE



#### This easy-to-use checklist can help you take charge of your money.

The first step toward achieving better financial health is getting your finances in order. By doing so, you can avoid missed payments and unnecessary fees, start tackling debt and embrace financial opportunities to pursue your savings goals. Organizing your financial life doesn't have to be difficult. This easy-to-use checklist can help you get started.

Track you Tracking y

#### **Track your spending**

a few minutes each day to enter your daily expenses in a pocket notebook, spreadsheet or app on your smartphone.

2

#### Calculate your cash flow

Cash flow is simply "money in" (income) and "money out" (expenses). Subtract your expenses from your income. The result is your monthly cash flow.

3

#### **Create a budget**

Sticking to a budget can help you keep your spending in check and manage your money in a way that aligns with your goals and priorities.

4

#### **Automate savings and bill payments**

Pay yourself first by setting up an automatic savings program. If your employer offers a 401(k) plan, this is an easy way to save for retirement by allowing you to contribute automatically to a 401(k) account. To better handle bill payments, automate them by using your banks' online bill pay or money transfer options.

5

#### Set up a filing system

An effective filing system will help keep your financial records organized. Where possible, "go paperless" so you receive and store documents electronically. Set up a file system for any paper hills or statements you receive in the mail and spend a few minutes organizing them each month

6

### **Update documents periodically**

Check your financial documents annually to make sure that all of your personal information including emergency contacts and beneficiaries, is accurate and up to date.

7

#### **Set financial goals**

Set specific, measurable financial goals, whether it's paying off debt, saving a specific amount each month for retirement or reaching an important financial milestone.

Once your finances are organized, you'll be able to spend less time on money management tasks and more time enjoying your financial well-being.

Now that you know what steps to take, it's time to take action. Use this simple checklist to start organizing your financial life today. Need help? Give us a call.



## Sean C. Bjork, CIMA®, AIF® Vice President

Bjork Group 1033 Skokie Boulevard, Suite 210 Northbrook, IL. 60062 p.312.464.7082 seanbjork@bjorkgroup.com www.bjorkgroup.com Employee benefit consulting offered through The Bjork Group, Inc. Securities and Retirement Plan Consulting Program advisory services provided by Bjork Asset Management, Inc. offered through LPL Financial, a registered investment advisor, member FINRA/SIPC. Other advisory services offered through Independent Financial Partners (IFP), a registered investment advisor. IFP, Bjork Asset Management, Inc. and The Bjork Group, Inc. are separate entities from LPL Financial.

This material was created for educational and informational purposes only and is not intended as ERISA, tax, legal or investment advice. If you are seeking investment advice specific to your needs, such advice services must be obtained on your own separate from this educational material.

2019@ 401k Marketing, LLC. All rights reserved. Proprietary and confidential. Do not copy or distribute outside original intent.