

Post COVID-19 Traveler Safety Tips

Taking to the skies after a global pandemic can be nerve-wracking but being prepared and informed about ways to keep you safe and healthy can turn a stressful situation into a positive one. Safety is our top priority, and with that in mind, we've put together our top safety tips for travel after the COVID-19 pandemic.

Traveler Tips

- ✓ Carry a mask with you to wear during travel
- ✓ Always practice proper hygiene, including frequently washing your hands, coughing or sneezing into your elbow and not touching your face.
- ✓ Practice social distancing as much as possible. This means keeping at least six feet of distance between you and anyone around you, especially people who are coughing and sneezing.
- ✓ Should you experience fever, persistent cough or difficulty breathing, seek medical advice as soon as possible.
- ✓ Sanitize your airplane seat and headrest with disinfecting wipes that state they will kill coronavirus. To effectively sanitize your seat be sure to follow the instructions on your wipes and pay extra attention to the tray table.
- ✓ If you must use the restroom while on the plane, it might be a good idea to use a disinfecting wipe on the door latch when entering and leaving.
- ✓ Sanitize and clean your hands thoroughly and often.
- ✓ Choose a window seat. Studies show it is safer to sit next to the window. You have less of a chance of picking up an infection from a fellow passenger. If you are in an aisle seat you are more exposed to passengers walking by.
- ✓ Hotels are taking on additional cleaning polices, but cleaning and sanitizing your hotel room when you arrive is still a good idea. Focus on disinfecting surfaces that are most likely to be contaminated (remote, light switches, bedside table, doorknobs, etc.) and if you are really concerned consider packing your own linens or ask for clean ones when you arrive.