



# So easy

## Finding trusted health care information shouldn't be difficult

**When you have questions about your health, or the health of a family member, it's important to know that you can quickly and easily find the answers you need. That's why we've put it right at your fingertips — no matter where you are in the world!**

### On the web

#### Health Hub

Your personalized, secure member website at **aetnainternational.com** is fast and easy to use on any device, helping you manage your benefits, find care, access your plan documents and more. It's optimized to work equally well on any device, including your mobile phone or tablet. Using Health Hub, you can:

- Find nearby doctors and hospitals
- Access your health care plan documents
- Submit claims faster and easier
- Browse a library of health and wellness topics
- Take your health assessment to determine your current state of health

#### It's easy to register

1. Go to **aetnainternational.com** and click "Register now" under the "Log in" section
2. Select your plan type
3. Fill in your name, date of birth and Member ID number found on your Member ID card

# aetna®

[aetnainternational.com](https://aetnainternational.com)

## Aetna Navigator

If you're already logged into Health Hub, you can easily access Aetna Navigator at **aetna.com** without a separate sign-in. Aetna Navigator gives you more tools and resources to help you manage your health and benefits online, allowing you to:

- Find U.S. doctors, hospitals and walk-in clinics
- Track your claim's status
- Access your digital Member ID card
- Estimate your out-of-pocket costs
- Compare costs and quality of area hospitals, medical procedures and prescriptions
- Take advantage of a whole host of health and wellness programs

## On the go

Life takes you places. And no matter where you are in the world, it's important to have easy access to the information and tools you need to make good health care decisions. Our free mobile apps put the most important and useful features of your secure member website right on your smartphone.



## International Mobile Assistant app

Use the International Mobile Assistance app when you're out of the United States to:

- Submit your claims
- Search for doctors and hospitals outside the United States
- Find forms, health care resources and more

It's free to download. Just search "Aetna International" in the App Store or Google Play store. If you haven't already registered for Health Hub, you'll need to do that before you can use the International Mobile Assistant app.



## Aetna Mobile App

Use the Aetna Mobile App when you're inside the United States to:

- Find doctors, hospitals, urgent care centers and walk-in clinics in the United States
- Estimate your costs
- Track your claims

The Aetna Mobile App is also free to download. Just search "Aetna Mobile App" in the App Store or Google Play store. Again, if you haven't already registered for Health Hub, you'll need to do that before you can use the Aetna Mobile App.

## Questions?

Do you have questions about Health Hub, Aetna Navigator or either of our mobile apps? No problem, we're always here to help. Just call the number on the back of your Member ID card anytime.

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