

# Helping you to stay focused on your health

## Vision coverage

With your Aetna vision coverage, you have routine eye exam benefits and allowances for glasses, contacts and frames to help you keep focused. And, when you're in the U.S., you can also take advantage of our Aetna Vision<sup>SM</sup> discount program that offers valuable savings on eye exams, eyewear and even LASIK surgery.

### Add an eye exam to your "to do" list

Routine eye exams are important for everyone, especially if you have a vision condition. Believe it or not, having your eyes checked annually is of great value to your overall health, because one eye exam could potentially uncover a variety of health conditions.

Schedule an eye exam at some point to make sure your vision health stays in check — it's easy to do with your vision coverage. Plus, if you do need to purchase some eyewear, we've got you covered for that too.

With the eye exam and eyewear allowance benefits included as part of your vision coverage, you have:

- Coverage for one eye exam every 12 months\*
- The ability to access eye care worldwide
- A set dollar allowance (depending on your specific plan) for the purchase of eyeglasses, contacts or frames\*
- No referrals and no claim forms for participating doctors in the U.S.

### Using your vision coverage

The coverage levels for your vision benefits may differ slightly when accessing care in the United States compared to other countries. To better understand these differences in coverage levels, please refer to your plan documents.

### Finding a vision provider in your area is simple!

1. Log in to the Aetna International secure member website at [www.aetnainternational.com](http://www.aetnainternational.com).
2. Select the *Member Tools* tab at the top of the page.
3. Click the *Find Health Care* link.
  - To find a provider anywhere (except the U.S.), click on *International Doctor Directory*.
  - To find a provider in the U.S., click on *DocFind*<sup>®</sup>.

For more information about your vision coverage, view your official plan documents or call the Aetna International Member Service Center at the number on your member ID card.

\*Not all vision plans have eyewear allowance and/or eye exam coverage. Please check your plan documents or benefit summary for your specific vision coverage.

**Plans and programs are underwritten or administered by Aetna Life & Casualty (Bermuda) Ltd. or Aetna Life Insurance Company (Aetna).**

Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Aetna does not provide care or guarantee access to health services. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna International, refer to [www.aetnainternational.com](http://www.aetnainternational.com).