# ætna<sup>,</sup>

## PLAN DESIGN AND BENEFITS - ID Peak Pref HNOpt 1500 80/65/50 (2018)

## ID Group Business 51-100 Employees

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PLAN FEATURES	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE
Primary Care Physician Selection	Not required	Not required	Not required
Deductible (per calendar year)	\$1,500 Individual \$3,000 Family	\$1,500 Individual \$3,000 Family	\$3,000 Individual \$6,000 Family
Unless otherwise indicated, the deductible	must be met before benefits c	an be paid.	I
Claims from designated and non-designate		•	
As indicated in the plan, member cost shar			eet the deductible.
No one family member may contribute more			
Member Coinsurance (applies to all expenses unless otherwise stated)	20%	35%	50%
Out-of-Pocket (OOP) Maximum (per calendar year, includes deductible)	\$3,500 Individual \$7,000 Family	\$3,500 Individual \$7,000 Family	\$7,000 Individual \$14,000 Family
Claims from designated and non-designate	d providers cross-accumulate	to satisfy the out-of-pocket n	naximums.
Only those out-of-pocket expenses resultin used to satisfy the out of pocket maximum.	g from the application of coins	surance percentage, deductib	les, and copays may be
No one family member may contribute more maximum.	e than the individual out-of-po	cket maximum amount to the	family out-of-pocket
Payment for Out-of-Network Care*	Not applicable Not applicable		Professional: 90% of Medicare Facility: 90% of Medicare
Certification Requirements			
Certification for certain types of out-of-netw Certification for hospital admissions, treatm hospice care is required. If the necessary c supply.	ent facility admissions, skilled ertification is not received, pa	I nursing facility admissions, I	nome health care, and
Referral Requirement	Not Required	Not Required	Not applicable
Benefit Limitations For any service or s supplies accumulate toward both the partic PHYSICIAN SERVICES Office Visits to Non-Specialist			
Includes services of an internist, general ph injury. Specialist Office Visits	hysician, family practitioner or \$50 copay deductible	pediatrician for diagnosis an \$70 copay deductible	d treatment of an illness or 50% after deductible
Walk-in Clinics	waived \$25 copay deductible waived	waived Paid at the designated level	50% after deductible
Walk-in clinics are network, free-standing h unscheduled, non-emergency illnesses and emergency room services or the ongoing c of a hospital, is considered a walk-in clinic.	ealth care facilities. They are injuries and the administration	on of certain immunizations. It	is not an alternative for
Maternity - Delivery and Post-Partum Care	20% after deductible	35% after deductible	50% after deductible
Allergy Testing (given by a physician)	Member cost sharing is based on the type of service performed and the place rendered.	Member cost sharing is based on the type of service performed and the place rendered.	50% after deductible
Allergy Injections (not given by a physician)	Member cost sharing is based on the type of service performed and the place rendered.	Member cost sharing is based on the type of service performed and the place rendered.	50% after deductible

PREVENTIVE CARE	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED	OUT-OF-NETWORK CARE	
Preventive care services are covered in acc	cordance with Health Care Re	PROVIDER		
Routine Adult Physical Exams and Immunizations Coverage is limited to 1 exam every 12 months.	Covered in full	Covered in full	50% after deductible	
Well Child Exams and Immunizations Coverage is limited 7 exams in the first 12 months of life; 3 exams in the second 12 months of life; 3 exams in the third 12 months of life; 1 exam every 12 months thereafter to age 22.	Covered in full	Covered in full	50% after deductible	
<b>Routine Gynecological Exams</b> Includes Pap smear, HPV screening and related lab fees. Coverage is limited to 1 exam every 12 months.	Covered in full	Covered in full	50% after deductible	
<b>Routine Mammograms</b> For covered females age 40 and over. Frequency schedule applies.	Covered in full	Covered in full	50% after deductible	
Women's Health Includes: Screening for gestational diabetes; HPV (Human Papillomavirus) DNA testing, counseling for sexually transmitted infections; counseling and screening for human immunodeficiency virus; screening and counseling for interpersonal and domestic violence; breastfeeding support, supplies and counseling; Limitations may apply.	Covered in full	Covered in full	Member cost sharing is based on the type of service performed and the place of service where it is rendered.	
Prenatal Maternity	Covered in full	Covered in full	50% after deductible	
Routine Digital Rectal Exam / Prostate-Specific Antigen Test For covered males age 40 and over. Frequency schedule applies.	Covered in full	Covered in full	50% after deductible	
<b>Colorectal Cancer Screening</b> Sigmoidoscopy and Double Contrast Barium Enema - 1 every 5 years for all members age 50 and over. Preventive Colonoscopy - 1 every 10 years for all members age 50 and over. Fecal Occult Blood Testing - 1 every year for all members age 50 and over.	Covered in full	Covered in full	50% after deductible	
Routine Eye and Hearing Screenings	Paid as part of routine physical exam.	Paid as part of routine physical exam.	Paid as part of routine physical exam.	
HEARING SERVICES	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE	
Hearing Exam (by Specialist)	Not covered	Not covered	Not covered	
Hearing Aid	Not covered	Not covered	Not covered	
VISION SERVICES	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE	
Adult Routine Eye Exams (Refraction)	Not covered	Not covered	Not covered	
Pediatric Routine Eye Exams (Refraction)	Not covered	Not covered	Not covered	
Adult Vision Hardware	Not covered	Not covered	Not covered	
Pediatric Vision Hardware	Not covered	Not covered	Not covered	

DIAGNOSTIC PROCEDURES	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE	
Outpatient Diagnostic Laboratory	20% after deductible 35% after deductible		50% after deductible	
Outpatient Diagnostic X-ray (except for Complex Imaging Services)	20% after deductible	35% after deductible	50% after deductible	
Outpatient Diagnostic X-ray for Complex Imaging Services Including, but not limited to, MRI, MRA, PET and CT scans. Precertification required.	20% after deductible 35% after deductible		50% after deductible	
EMERGENCY MEDICAL CARE	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE	
Urgent Care Provider (Benefit Availability may vary by location.)	\$50 copay deductible waived	\$70 copay deductible waived	50% after deductible	
Non-Urgent Use of Urgent Care Provider	Not covered	Not covered	Not covered	
Emergency Room Copay waived if admitted.	\$250 copayment after Paid at the designated level F deductible		Paid at the designated level	
Non-Emergency care in an Emergency Room	Not covered	Not covered Not covered		
Emergency Ambulance	20% after deductible	Paid at the designated level	Paid at the designated level	
Non-Emergency Ambulance	20% after deductible		Paid at the designated level	
HOSPITAL CARE	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED	OUT-OF-NETWORK CARE	
<b>Inpatient Coverage</b> Including maternity (prenatal, delivery and postpartum) and transplants.	20% after deductible	PROVIDER 35% after deductible	50% after deductible	
<b>Outpatient Surgery</b> Provided in an outpatient hospital department or freestanding surgical facility.	20% after deductible 35% after deductible		50% after deductible	
Colonoscopy (non-preventive)	based on the type of service based on the type of service performed and the place		Member cost sharing is based on the type of service performed and the place rendered.	
Transplants Coverage at the in-network cost share is limited to IOE only. Non-IOE par facilities and out-of-network facilities are covered at out-of-network cost sharing.	20% after deductible	50% after deductible	50% after deductible	
MENTAL HEALTH and SUBSTANCE USE SERVICES	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE	
Inpatient Mental Health & Substance Use Services	20% after deductible	35% after deductible	50% after deductible	
Outpatient Office Visit Mental Health & Substance Use Services	\$50 copay deductible waived	\$70 copay deductible waived	50% after deductible	
Outpatient Othert Mental Health & Substance Use Services (e.g,:partial hospitalization programs, intensive outpatient programs, applied behavior analysis)	20% after deductible	35% after deductible	50% after deductible	
OTHER SERVICES AND PLAN DETAILS	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE	

<b>Skilled Nursing Facility</b> Coverage is limited to 30 days per calendar year.	20% after deductible	35% after deductible	50% after deductible	
Home Health Care Coverage is limited to 30 visits per year. 1 visit equals a period of 4 hours or less.	20% after deductible 35% after deductible		50% after deductible	
Infusion Therapy Provided in the home or physician's office.	20% after deductible	35% after deductible	50% after deductible	
Infusion Therapy Provided in the outpatient hospital department of freestanding facility.	20% after deductible	35% after deductible	50% after deductible	
Inpatient Hospice Care	20% after deductible	35% after deductible	50% after deductible	
Outpatient Hospice Care	20% after deductible	35% after deductible	50% after deductible	
Private Duty Nursing - Outpatient	Not covered	Not covered	Not covered	
Outpatient Short-Term Rehabilitation - Physical Therapy If provided in the outpatient hospital department, paid under outpatient hospital benefit.	\$50 copay deductible waived \$70 copay deductible waived		50% after deductible	
Coverage is limited to 20 visits per calendar year PT/OT/ST combined, rehabilitation & habilitation combined.				
Outpatient Short-Term Rehabilitation - Occupational Therapy If provided in the outpatient hospital department, paid under outpatient hospital benefit.	\$50 copay deductible waived	\$70 copay deductible waived	50% after deductible	
Coverage is limited to 20 visits per calendar year PT/OT/ST combined, rehabilitation & habilitation combined.				
Outpatient Short-Term Rehabilitation - Speech Therapy If provided in the outpatient hospital department, paid under outpatient hospital benefit.	\$50 copay deductible waived	\$70 copay deductible waived	50% after deductible	
Coverage is limited to 20 visits per calendar year PT/OT/ST combined, rehabilitation & habilitation combined.				
<b>Outpatient Chiropractic</b> If provided in the outpatient hospital department, paid under outpatient hospital benefit.	\$50 copay deductible waived	\$70 copay deductible waived	50% after deductible	
Coverage is limited to 18 visits per calendar year.				
Acupuncture	Not covered	Not covered	Not covered	
Durable Medical Equipment	20% after deductible	35% after deductible	50% after deductible	
Diabetic Supplies not obtainable at a	Covered same as any other		Covered same as any other	
pharmacy FAMILY PLANNING	medical expense.	medical expense.	medical expense. OUT-OF-NETWORK CARE	
	DESIGNATED PROVIDER		-OOT-OF-NETWORK CARE	
Infertility Treatment - Diagnostic only Covered only for the diagnosis and treatment of the underlying medical condition.	Member cost sharing is based on the type of service performed and the place rendered.	Member cost sharing is	50% after deductible	
Infertility Treatment - Artificial Insemination or Ovulation Induction	Not covered	Not covered	Not covered	

Advanced Reproductive Technology. Including, but not limited to, GIFT, ZIFT, IVF, ICSI, ovum microsurgery and cryopreserved embryo transfers.	Not covered		Not covered		Not covered	
Voluntary Sterilization - Vasectomy	based on the type of service performed and the place		Member cost sharing is based on the type of service performed and the place rendered.		50% after deductible	
Voluntary Sterilization - Tubal Ligation	Covered in t	full	Covered in full		50% after deductible	
PEDIATRIC DENTAL SERVICES		ORK CARE ED PROVIDER	NETWORK CA NON-DESIGNA PROVIDER	TED	OUT-OF-NETWORK CARE	
<b>Preventive &amp; Diagnostic</b> (includes exams, cleanings, x-rays, fluoride, sealants)	Not covered		Not covered		Not covered	
<b>Basic</b> (includes space maintainers, fillings, anesthesia, denture adjustments)	Not covered		Not covered		Not covered	
<b>Major</b> (includes crowns, endodontics, periodontics, oral surgery, dentures, bridges)	Not covered		Not covered		Not covered	
<b>Orthodontia</b> (limited to medically necessary orthodontia)	Not covered		Not covered		Not covered	
PHARMACY DEDUCTIBLE			ORK CARE		T-OF-NETWORK CARE	
Prescription drug calendar year deductil		Not applicable		Not app		
PHARMACY - PRESCRIPTION DRUG BENEFITS Retail		NETW	ORK CARE	OU	T-OF-NETWORK CARE	
Up to a 30 day supply						
Generic Drugs		\$15 copayment		\$15 copayment		
Preferred Brand Drugs				\$30 cop	30 copayment	
Non-Preferred Drugs		Generic & Brand: \$75 copayment Gener		Generic	eneric & Brand: \$75 copayment	
Specialty Drugs Includes self-injectable, infused and oral specialty drugs (retail and mail order up to a 30-day supply, excludes insulin).		Specialty Preferred: 30% Specialty Nonpreferred: 40%		Specialty Preferred: 30% Specialty Nonpreferred: 40%		
Mail Order Delivery		When you fill your prescription by mail order, you may save money 30- 90 days when compared to the cost to purchase your prescriptions at your local retail pharmacy.				
Generic Drugs		\$30 copayment		\$30 copayment		
Preferred Brand Drugs		\$60 copayment		\$60 copayment		
Non-Preferred Drugs		Generic & Brand: \$150 copayment		Generic & Brand: \$150 copayment		
Specialty Drugs Includes self-injectable, infused and oral specialty drugs		Specialty Preferred: 30% Specialty Nonpreferred: 40%		Specialty Preferred: 30% Specialty Nonpreferred: 40%		

**Choose Generic -** Included. See Aetna Formulary for details. If the physician prescribes or the member requests a covered brand name prescription drug when a generic prescription drug equivalent is available, the member will pay the difference in cost between the brand name prescription drug and the generic prescription drug equivalent plus the applicable cost-sharing. The cost difference between the generic and brand does not count toward the Out of Pocket Maximum.

Precertification - Included. See Aetna Formulary for details.

Step Therapy - Included. See Aetna Formulary for details.

### Pharmacy Plan includes:

Diabetic supplies obtainable from a pharmacy (Including: needles, syringes, test strips, lancets and alcohol swabs - available at retail or mail order).

Coverage is excluded for lifestyle/performance drugs.

Formulary generic FDA-approved Womens Contraceptives covered 100% in network.

### In-Network and Out-of-Network Providers

\*We cover the cost of services based on whether doctors are "in-network" or "out-of-network". We want to help you understand how much Aetna pays for your out-of-network care. At the same time, we want to make it clear how much more you will need to pay for this "out-of-network" care.

You may choose a provider (doctor or hospital) in our network. You may choose to visit an out-of-network provider. If you choose a provider who is out-of-network, your Aetna health plan may pay some of that provider 's bill. Most of the time, you will pay a lot more money out of your own pocket if you choose to use an out-of-network doctor or hospital.

Your doctor sets his or her own rate to charge you. It may be higher - sometimes much higher - than what your Aetna plan "recognizes". Your non-network doctor may bill you for the dollar amount that Aetna doesn't "recognize". You must also pay any copayments, coinsurance and deductibles under your plan. No dollar amount above the "recognized charge" counts toward your deductible or out-of-pocket maximums.

To learn more about how we pay out-of-network benefits visit www.aetna.com. Type "how Aetna pays" in the search box.

You can avoid these extra costs by getting your care from Aetna's broad network of health care providers. Go to **www.aetna.com** and click on "Find a Doctor" on the left side of the page. If you are already a member, sign on to your Aetna Navigator member site.

This applies when you choose to get care out-of-network. When you have no choice (for example: emergency room visit after a car accident, or for other emergency services), we will pay the bill as if you got care in the network. You pay cost sharing and deductibles for your in-network level of benefits. Contact Aetna if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your cost sharing and deductibles.

#### What's Not Covered

This plan does not cover all health care expenses and includes exclusions and limitations. Members should refer to their plan documents to determine which health care services are covered and to what extent. The following is a partial list of services and supplies that are generally not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design purchased.

- All medical or hospital services not specifically covered in or which are limited or excluded in the plan documents
- Charges related to any eye surgery mainly to correct refractive errors
- · Cosmetic surgery, including breast reduction
- Custodial care
- · Adult dental care and x-rays
- Donor egg retrieval
- · Experimental and investigational procedures
- · Immunizations for travel or work
- Infertility services, including, but not limited to, artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents
- · Non-medically necessary services or supplies
- · Orthotics except as specified in the plan
- · Over-the-counter medications and supplies
- · Reversal of sterilization
- · Services for the treatment of sexual dysfunction or inadequacies, including therapy, supplies, counseling and prescription drugs
- Special duty nursing
- · Weight reduction programs, or dietary supplements

This material is for informational purposes only and is neither an offer of coverage nor medical advice. It contains only a partial, general description of plan benefits or programs and does not constitute a contract. Aetna does not provide health care services and, therefore, cannot guarantee results or outcomes. Consult the plan documents (i.e. Group Insurance Certificate and/or Group Policy) to determine governing contractual provisions, including procedures, exclusions and limitation relating to the plan. With the exception of Aetna Rx Home Delivery, all preferred providers and vendors are independent contractors in private practice and are neither employees nor agents of Aetna or its affiliates. Aetna Rx Home Delivery, LLC, is a subsidiary of Aetna Inc. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change without notice.

Certain services require precertification, or prior approval of coverage. Failure to precertify for these services may lead to substantially reduced benefits or denial of coverage. Some of the benefits requiring precertification may include, but are not limited to, inpatient hospital, inpatient mental health, inpatient skilled nursing, outpatient surgery, substance abuse (detoxification, inpatient and outpatient rehabilitation). When the Member's preferred provider is coordinating care, the preferred provider will obtain the precertification. Precertification requirements may vary.

If your plan covers outpatient prescription drugs, your plan includes a drug formulary (preferred drug list). A formulary is a list of prescription drugs generally covered under your prescription drug benefits plan on a preferred basis subject to applicable limitations and conditions. Your pharmacy benefit is generally limited to the drugs listed on the formulary. The medications listed on the formulary are subject to change in accordance with applicable state law. For information regarding how medications are reviewed and selected for the formulary, formulary information, and information about other pharmacy programs such as precertification and step therapy, please refer to our website at **www.aetna.com**, or the Aetna Medication Formulary Guide. Aetna receives rebates from drug manufacturers that may be taken into account in determining Aetna's Preferred Drug List. Rebates do not reduce the amount a member pays the pharmacy for covered prescriptions. In addition, in circumstances where your prescription plan uses copayments or coinsurance calculated on a percentage basis or a deductible, use of formulary drugs may not necessarily result in lower costs for the member. Members should consult with their treating physicians regarding questions about specific medications. Refer to your plan documents or contact Member Services for information regarding the terms and limitations of coverage.

Aetna Rx Home Delivery refers to Aetna Rx Home Delivery, LLC, a subsidiary of Aetna, Inc., that is a licensed pharmacy providing mail-order pharmacy services. Aetna's negotiated charge with Aetna Rx Home Delivery may be higher than Aetna Rx Home Delivery's cost of purchasing drugs and providing mail-order pharmacy services.

While this information is believed to be accurate as of the print date, it is subject to change.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

In-network benefits are provided by Aetna Health Inc. (AHI)and non-network benefits are provided by Aetna Life Insurance Company (ALIC).

For more information about Aetna plans, refer to **www.aetna.com**.

FORM #: 14.35.305.1A (9/17) © 2017 Print Date:10-04-2017

TPID: 14039514