

Go paperless – your mailbox will thank you!

## Turn off paper; go online instead

**Bills, magazines junk mail ... want to make that pile of paper in your mailbox shrink a little? Then go paperless.**

When you do, **your Aetna EOBs will stop coming by U.S. mail.** (They're the statements we send every time you go to the doctor. The ones that say, "This is not a bill." We call them EOBs. You might also see them called Explanation of Benefits statements.)

When you turn off paper, your EOBs will be available 24/7 on your Aetna Navigator® member website. And you'll have a little less paper in your life. Plus:

- It's safe and secure.
- You get your EOBs faster.
- EOBs for the whole family will be stored in one handy location.
- You can view, print and save them on Aetna Navigator for up to 24 months. Even if you no longer have Aetna health coverage.

We send you an e-mail to let you know when a new EOB arrives.

How's that for service?

### Here's what to do

To stop receiving paper EOBs:

- Log in to or register for Aetna Navigator at [www.aetna.com](http://www.aetna.com).
- In *Your Profile*, scroll to bottom of the page for *Paper Saving Preferences* section.
- Select *Turn off paper for EOB statements*. Then *Submit*.

If you'd like, you also can Turn off paper for Other Paper Communications. (This includes only Certificates of Prior Coverage Statements.) It will take us 7 to 10 business days to make these changes.

**Going paperless is up to you. But your mailbox — and a few trees — will thank you. And if it really doesn't fit your life, just turn paper back on at any time.**

Go to Aetna Navigator at [www.aetna.com](http://www.aetna.com). And go paperless today.

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[www.aetna.com](http://www.aetna.com)