



Patient Information and Consent for Sclerotherapy of Spider, Varicose and Saphenous Veins

I voluntarily request Dr. _____ as my physician and such associates, technical assistants, and other healthcare providers as she/he may deem necessary to treat my condition which has been explained to me as varicose, reticular, saphenous and/or spider veins. I am aware that alternative treatments exist and include compression, surgery, endovenous procedures and laser treatment.

I consent for: _____

Just as there may be risks and hazards in continuing in my present condition without treatment, there are risks and hazards related to the performance of the medical procedures planned for me. I realize that complications can occur after sclerotherapy and may include but are not limited to those listed below:

1. No available treatment for spider and varicose veins is successful 100% of the time. Results are not guaranteed. Multiple treatments may be required. Treated veins may fail to close or may close then re-open. Additional or alternative treatments may be required. Vein disease is a chronic disorder; new problem veins will appear over time.
2. Brownish discoloration can occur after treatment. This is not uncommon but is usually temporary. It could take several weeks or months to resolve. It is uncommon for this discoloration to be permanent.
3. New spider veins may occur around the treated areas. These small veins usually resolve spontaneously but can be permanent.
4. Bruising is common and typically resolves over a few days or weeks.
5. Blistering, redness, itching, irritation, swelling, or pain can occur. Infection or ulceration and scarring occur rarely.
6. Allergic reactions are rare. They range in severity from mild to life threatening reactions.
7. Inflammation around a vein can occur. It may be tender but generally resolves with treatment. Tenderness, bruising, or firmness in the treated area can occur and may be long-lasting but rarely permanent.
8. Deep vein thrombosis (DVT) is very rare. This could permanently damage some of the deep vein valves and contribute to leg vein problems such as swelling, leg pain, and ulceration. It could also lead to a pulmonary embolus, a potential life-threatening clot in the lungs.
9. Injury to a nerve, causing either prolonged or permanent discomfort, numbness or difficulty walking is very rare.
10. An arterial injection may occur very rarely. Consequences can range from discomfort, scarring of the skin, injury to muscle or nerves or other tissues or loss of limb.
11. Other side effects are possible although uncommon.

I have discussed and have been given the opportunity to ask questions about my condition. Alternative forms of treatment, risks of non-treatment, the procedures to be used and the risks and hazards involved. I believe I have sufficient information to give this informed consent. Further, I do not believe I am pregnant nor have any serious underlying illnesses.

I consent to the taking of photographs for use regarding my care as well as for scientific or educational purposes.

I certify that this information has been explained fully to me, that I have read it or have had it read to me and that I understand its contents. I voluntarily consent to this procedure.

Signature of Patient _____ Signature of Witness _____

Date _____ Signature of Physician _____



Patient Information for After Sclerotherapy

Wear your support hose continuously for 48 hours

Then wear them until bedtime for an additional 14 days

Please go for a vigorous walk before getting in your car to leave. Please walk for 1 hour if you have a long drive. Otherwise, walk at least 15 minutes. Let us know if you have any problems.

Please walk at least 1 hour daily. You may take two 30 minute or three 20 minute walks. It's best to avoid long car rides or plane rides for several days after treatment. If you must travel, be sure to wear your compression stockings on the trip. Move your feet and legs around while sitting on the plane or in the car. Also, take breaks and walks frequently while traveling.

We recommend that you avoid heavy lifting, running, and hot baths for two weeks after your treatment.

Bruising is common and generally resolves within 5-10 days.

You may notice a lumpy area in a treated vein or even in a vein away from the area of treatment. This lumpy area usually indicates some trapped blood. Sometimes the lumpy area will be tender. If this is present, and tender at the time of your follow-up appointment, we will treat it. If you notice this and don't have a follow-up appointment scheduled within a few weeks, please call us. At home, you may try heat, Aspirin, elevation and continue compression hose.

We usually judge results no sooner than 6 weeks after your treatment. Schedule a follow-up treatment in 6 weeks.

Please call us if you have any questions or if you experience any pain, shortness of breath, or other symptoms.

PLEASE CALL US IF YOU HAVE A QUESTION OR CONCERN AT 480-374-7354