



WELL-BEING index

An online self-assessment tool invented by Mayo Clinic that measures 6 dimensions of distress and well-being in just 9 questions.

Go Beyond Burnout

Assess and improve well-being across six dimensions, not just one.

The Well-Being Index measures 6 dimensions of distress and well-being among healthcare professionals:

- Likelihood of Burnout
- Severe Fatigue
- Suicidal Ideation
- Quality of Life
- Meaning in Work
- Work-Life Integration



**Created by Healthcare Professionals
for Healthcare Professionals**



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Dr. Dyrbye, M.D., MHPE and Dr. Shanafelt, M.D. of Mayo Clinic have spent years researching the epidemic of distress in the healthcare industry, and have dedicated their time to creating this validated assessment of well-being.

**Join the 600+ hospitals and institutions
already using the Well-Being Index:**



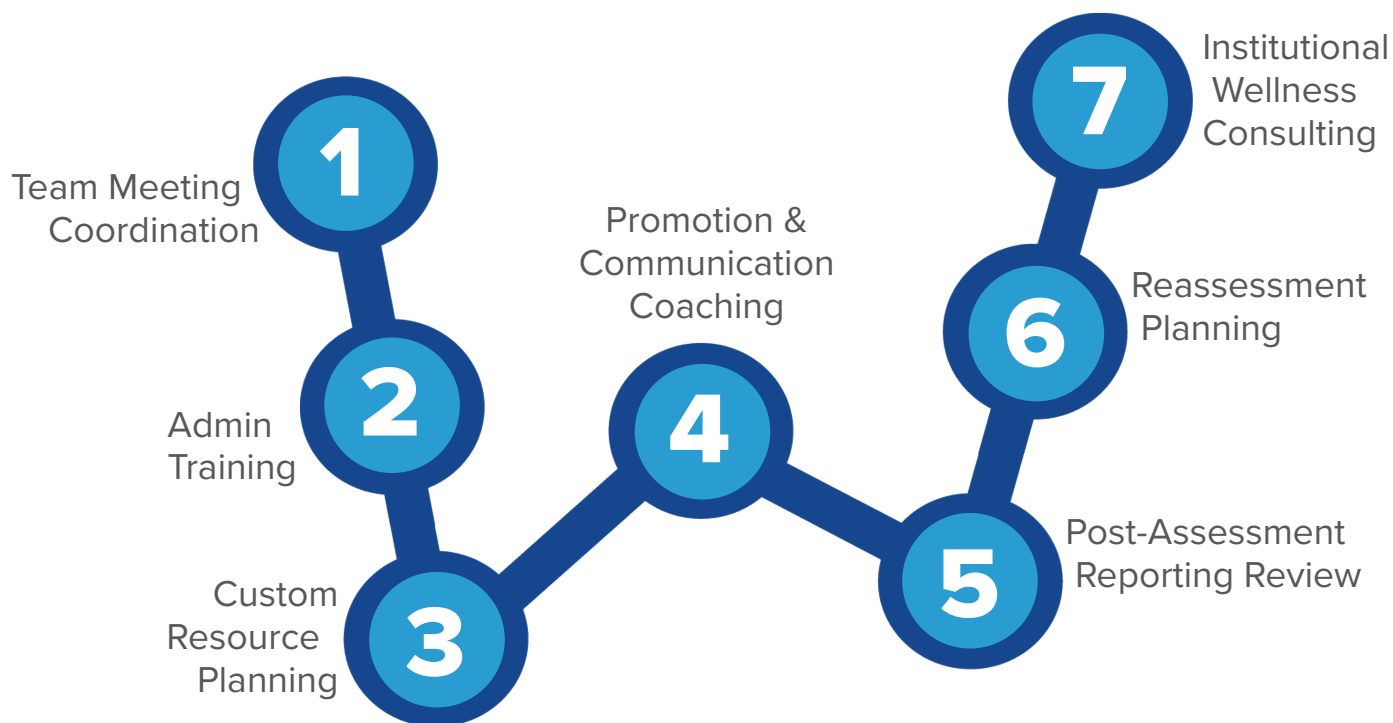
SCHOOL OF MEDICINE

INDIANA UNIVERSITY



Your Path to Well-Being

Your dedicated WBI Specialist will walk you through each step of the process:



Data, Not Guesses

5,300+ Nurses Surveyed

Equip your organization with the data and tools you need to make real change while maintaining complete participant anonymity.

- Specialty and Departmental Segmenting
- National and Internal Benchmarking
- Participant Feedback
- Resource Access Reporting
- Customized Data Analysis

Current versions developed for your organization.

