



NON-FINANCIAL RETIREMENT CHECKLIST:

You've gotten your financial house in order and you are ready to do it! Retirement is right around the corner. But, finances are not the only consideration of retirement planning. Below are some non-financial things to consider to ensure a happy, healthy and engaged retirement.



The First Wednesday

What does a typical day in retirement look like? Think about what really excites you and how you can engage in those things. Volunteer with organizations to find out where your passions are and how you can get involved.



Build A Bucket List

What are those things you've always wanted to do? It doesn't have to be as big as an around the world trip, it may be as simple as hiking to your favorite spot to watch the sunrise.



No Commitments

Try not to commit to anything for six months. This doesn't mean you shouldn't do anything. Just don't make any commitments that may take away from this valuable time of decompressing and finding out what is really meaningful to you.



Maintain Relationships

In the early months and years of retirement many people like to maintain some contact with their colleagues as a way to transition to retirement. So, schedule those lunches and happy hours with your favorite people!



Focus On Your Health

Being healthy and physically active are some of the keys to happiness. Review the gym schedule to see if there are classes you've been unable to take because of work, schedule walks with friends or finally try out that Pilates class you've been considering.



Be Flexible

One of the biggest benefits of retirement is to be in charge of your own schedule. However, most things don't need to be "written in ink" in your calendar. If something interesting comes up, allow yourself the option to make changes. You never know where a potential fork in the road could take you.