

# CROP GUIDE

Learn all about your growing potential with this complete guide to Leafy Green Machine™ crops and yields.







# LETTUCE

Experience fresh and crispy lettuce varieties like crunchy romaine, smooth butterhead, or delicate lollo rossa. Perfect for refreshing salads, these crops are in high demand by consumers, grocers, and chefs.

## WEEKLY YIELDS

Crop Type	Full Heads	Kilograms
Bibb	500	52 kg
Butterhead	500	52 kg
Leaf	500	65 kg
Lollo Rossa	500	43 kg
Oakleaf	500	43 kg
Romaine	500	63 kg
Summer Crisp	500	58 kg

Crop Type	Mini Heads	Kilograms
Bibb	1,000	52 kg
Butterhead	1,000	52 kg
Leaf	1,000	58 kg
Lollo Rossa	1,000	36 kg
Oakleaf	1,000	43 kg
Romaine	1,000	58 kg
Summer Crisp	1,000	52 kg

Lettuce can be sold by the head or by weight. These are average yields based on single crop production.





# LEAFY GREENS

Rich in flavor and vibrant in color, leafy greens like kale, Swiss chard and spicy arugula grow very well in the Leafy Green Machine™. The versatility and nutritional value of these plants make them the staples of many international cuisines.

## WEEKLY YIELDS

Crop Type	Kilograms
Arugula	36 kg
Claytonia	27 kg
Collards	32 kg
Dandelion	20 kg
Kale	29 kg
Mizuna	45 kg
Mustard Greens	48 kg
Orach	20 kg
Tatsoi	43 kg
Radicchio	46 kg
Spinach	22 kg
Swiss Chard	68 kg
Watercress	20 kg

These are average yields based on single crop production.





# HERBS

Enhance the flavor of any dish with fragrant herbs like sweet basil, peppery oregano, or fresh mint. Most of these crops typically grow in warm-weather climates, so year-round availability is important for at-home cooks and professional chefs looking to add sophistication to their dishes.

## WEEKLY YIELDS

Crop Type	Kilograms
Basil	45 kg
Cutting Celery	37 kg
Chervil	15 kg
Chives	18 kg
Cilantro	22 kg
Dill	20 kg
Fennel Leaf	22 kg
Marjoram	10 kg
Mint	14 kg
Oregano	10 kg
Parsley	40 kg
Rosemary	9 kg
Sage	29 kg
Shiso	27 kg
Sorrel	24 kg
Thyme	11 kg

These are average yields based on single crop production.





# FLOWERS

Colorful, fragrant, and—in some instances—tasty, flowers are a wonderful addition to your Leafy Green Machine™. Grow flowers to sell alongside your produce at farmers markets, or fill requests for chefs looking to add a unique flavor or pop of color to their plates.

## CROP TYPES\*

Calendula  
Celosia  
Nasturtium  
Nigella  
Viola  
Yarrow  
Zinnia

*\* While the LGM is optimized and designed for the growth of leafy greens, our Freight Farmers have had success growing a variety of root vegetables and flowers. These crops are in the research and development phase so we do not currently have yield data available.*



# ROOTS

Roots are crunchy, delicious, and sweet additions to salads, or can act as stand-alone sides.

Pro tip: many chefs use the leaves of root vegetables in their dishes, so growing these crops gives them two ingredients in one!

## CROP TYPES\*

- Beets
- Carrots
- Bunching Onions
- Radishes
- Turnips
- Kohlrabi

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## LETTUCE VARIETIES

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Adriana Butterhead	Green Saladbowl Oakleaf	Salanova Green Sweet Crisp
Aerostar Romaine	Green Star Leaf	Salanova Red Butter
Alkindus Butterhead	Lettony Leaf	Salanova Red Incised
Annapolis Romaine	Livigna Lollo Rossa	Salanova Red Oakleaf
Antonet Lollo Rossa	Magenta Summer Crisp	Salanova Red Sweet Crisp
Auvona Romaine	Mirlo Butterhead	Salvius Romaine
Bambi Bibb	Monte Carlo Romaine	Skyphos Butterhead
Black Seeded Simpson Leaf	Mottistone Summer Crisp	Sparx Romaine
Blackhawk Leaf	Muir Summer Crisp	Spretnak Bibb
Blade Oakleaf	Nancy Butterhead	Spritzer Oakleaf
Bolsachia Oakleaf	Nevada Summer Crisp	Starfighter Leaf
Breen Romaine	New Red Fire Leaf	Sulu Oakleaf
Buttercrunch Bibb	Newham Bibb	Sylvesta Butterhead
Carioca Summer Crisp	Oscarde Oakleaf	Tamarindo Leaf
Cegolaine Bibb	Outredgeous Romaine	Tango Oakleaf
Celinet Summer Crisp	Panisse Oakleaf	Teide Summer Crisp
Cherokee Summer Crisp	Parris Island Romaine	Thurinus Romaine
Coastal Star Romaine	Red Cash Romaine	Tropicana Leaf
Concept Summer Crisp	Red Cross Butterhead	Truchas Romaine
Dark Red Lollo Rossa	Red Sails Leaf	Two Star Leaf
Deer Tongue Bibb	Red Saladbowl Oakleaf	Vulcan Leaf
Defender Romaine	Red Rosie Romaine	Waldmann's Dark Green Leaf
Dragoon Romaine	Rex Butterhead	Winter Density Bibb
Edox Butterhead	Ridgeline Romaine	
Fenberg Romaine	Rosaine Bibb	
Firecracker Leaf	Rouge d'Hiver Romaine	
Flashy Trout Back Bibb	Rouxai Oakleaf	
Fusion Green Romaine	Ruby Sky Leaf	
Garrison Oakleaf	Salanova Red Butter	
Green Forest Romaine	Salanova Green Butter	
Green Saladbowl Oakleaf	Salanova Green Incised	
Green Star Leaf	Salanova Green Oakleaf	

## LEAFY GREEN VARIETIES

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Astro Arugula
Sylvesta Arugula
Wasabi Arugula
Farao Cabbage Leaves
Red Express Cabbage Leaves
Claytonia
Flash Collards
Champion Collards
Dandelion
Eros Escarole
Rhodos Endive / Frisee
Red Russian Kale
Scarlet Kale
Toscana Kale
Red Kingdom Mizuna
Scarlet Frills Mustard Greens
Suehliung No. 2 Mustard Greens
Dark Green Orach
Ruby Red Orach
Green Pac Choi
Red Pac Choi
Perseo Radicchio
Seaside Spinach
Space Spinach
Bright Lights Swiss Chard
Ruby Red Swiss Chard
Watercress



## HERB VARIETIES

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Armaranth  
Genovese Basil  
Red Rubin Basil  
Cutting Celery  
Vertissimo Chervil  
Dolores Chives  
Purly Chives  
Confetti Cilantro  
Marino Cilantro  
Goldkrone Dill  
Hera Dill  
Bronze & Green Fennel Leaf  
Grosfruchtiger Fennel Leaf  
Sweet Marjoram  
Zaata Marjoram  
Common Mint  
Greek Oregano  
Moss Curled Parsley  
Giant of Italy Parsley  
Primed Rosemary  
Pipicha  
Rosemary  
Common Sage  
Green Shiso  
Britton Shiso  
Red Shiso  
Red Veined Sorrel  
Orange Thyme  
Summer Thyme  
Winter Thyme

## FLOWER VARIETIES

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Princess Calendula  
Flashback Calendula  
Alpha Calendula  
Pampas Pluse Celosia  
Sunday Gold Celosia  
Jewel Mix Nasturtium  
Deflt Blue Nigella  
Helen Mount Violas  
Majestic Giants II Formula Mix Violas  
Sorbet Formula Mix Violas  
Colorado Mix Yarrow  
Jazzy Mix Zinnia  
Oklahoma Mix Zinnia  
Queen Red Lime Zinnia  
Sunbow Mix Zinnia

## ROOT VARIETIES

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Cylindra Beets  
Deep Purple Bunching Onions  
Parade Bunching Onions  
Gold Nugget Carrots  
Hercules Carrots  
Malbec Carrots  
Azur Star Kohlrabi  
D'avignon Radishes  
Daikon Radishes  
White Icicle Radishes  
Hakurei Turnips  
Purple Top White Globe Turnips