



The Functional Approach to BHRT

An Accredited CE Activity (13.0 contact hours / 1.3 CEUs) designed for Pharmacists and Pharmacy Technicians

Summary

This comprehensive live course on bio-identical hormone replacement therapy (BHRT) introduces attendees to a new paradigm. It simply is not enough to draw laboratory samples, perform an analysis and interpret results; then, compound and dispense a prescription. Pharmacists must take a broader approach to working with patients and prescribers by examining many other factors including diet, nutrition, adrenal and thyroid status, and lifestyle choices to promote long-term health. Presented by an expert in the field of holistic BHRT, this interactive program offers attendees an opportunity to learn from a practitioner with years of experience helping patients.

Upon completion of this activity, participants should be better able to:

- Discuss an overview of the basic pharmacology and physiology of the sex steroids and the hormone endocrine system
- Outline the clinical application of bio-identical hormone replacement therapy
- Explain patient assessment through testing, consultation and evaluation of treatment
- Implement a strategic plan for development and growth of a BHRT clinical practice
- Apply skills discussed in case studies to clinical practice

Training Location:

Spectrum Pharmacy Institute
777 Jersey Avenue
New Brunswick, NJ 08901

Training Dates:

March 26-27, 2020

Instructed by:

Jim Paoletti, Pharmacist, FAARFM,
FIACP

Registration:

Visit SpectrumPharmacyInstitute.com or call 800.370.6231



The Functional Approach to BHRT

Cost

\$1,395

Food & Beverages

Lunch will be provided daily during the program.

Travel and Hotel Accommodations

Course participants will be responsible for their own reservations and travel.

Information will be included in the course confirmation email, or contact Spectrum Pharmacy Institute 800.370.6231 ext. 5479.

Cancellation Policy

30+ days before event - Full Refund; 29-14 days before event - 50% Refund; 13-0 days before event - No Refund. Transfer to an alternate class date may be permitted one time with notice or request made at least 14 days prior to the start of the program. Spectrum Pharmacy Institute reserves the right to modify the activity content, faculty and activities; and reserves the right to cancel this activity prior to the start of the program if necessary. We recommend purchasing travel insurance or booking with an airline that will allow you to reschedule your flight if the need arises.

CE Credit Late Fee Policy

In order to receive CE, a correct NABP number, birthdate (MM/DD), and a completed post-event evaluation are required. Participants must supply this information within 14 days of the activity to allow for processing. Due to new ACPE guidelines, if this information is received after 60 days, a \$250 late fee will be assessed before CE will be processed.

Planning Committee

Jim Paoletti, RPh, FAARFM, FIACP; Richard Dilzer, RPh, FACA, FIACP, Director of Pharmacy Technical Services

Questions?

For additional program information, questions, or concerns; or if you require special arrangements to attend this activity, please contact American College of Apothecaries (ACA), Donna Reagan at 901.383.8119 or donna@accainfo.org, or Spectrum Pharmacy Institute at 800.370.6231 ext. 5479 or info@spectrumrx.com.

Jointly Accredited Provider

This activity has been planned and implemented by Spectrum Pharmacy Institute and the American College of Apothecaries, and is accredited by the Accreditation Council for Pharmacy Education (ACPE).



The American College of Apothecaries is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This Knowledge-based activity (UAN 0201-9999-19-005-L01-P/T) qualifies for 13 Contact Hours (1.3 CEUs) of continuing education credit. Credit is given upon completion of the didactic program. Attendees will be required to complete an evaluation form at the end of the program. Your NABP e-Profile ID and date of birth will be collected at the beginning of the program. CPE credit will be processed after the program evaluation has closed to participants, which will be approximately four weeks following the completion of the activity.



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The Functional Approach to BHRT

AGENDA

Day One

8:00 AM - 8:15 AM

Welcome and Introductions

8:15 AM - 10:15 AM

BHRT – The Fundamentals

- The Science of BHRT

- Physiologic Functional Hormone Balance

Break 10:15 AM - 10:35 AM

10:35 AM - 11:35 AM

Dosage Form Considerations

11:35 AM - 12:35 PM

Testing Hormones and Beyond

Lunch 12:35 PM - 1:30 PM

1:30 PM - 2:30 PM

The Endocrine Web

Break 2:30 PM - 3:00 PM

3:00 PM - 4:30 PM

Adrenal Dysfunction

4:30 PM - 5:00 PM

Building a BHRT Practice

5:00 PM - 5:30 PM

Q & A

Day Two

9:00 AM - 10:30 AM

A Functional Approach to Hypothyroidism

Break 10:30 AM - 11:00 AM

11:00 AM - 12:00 PM

Hypothyroidism, continued

12:00 PM - 12:30 PM

Safe Estrogen Metabolism

Lunch 12:30 PM - 1:30 PM

1:30 PM - 2:30 PM

Nutritional Support for BHRT

2:30 PM - 3:00 PM

Case Studies

Break 3:00 PM - 3:30 PM

3:30 PM - 5:00 PM

Case Studies, continued

5:00 PM - 5:30 PM

Q & A