



FOUR SEASONS CONSULTING GROUP

Palliative Care Advanced Practice Provider Mentoring Program



Build on the learnings from the Four Seasons Palliative Care Immersion Course with a year-long mentorship program designed specifically for nurse practitioners, physician assistants, and clinical nursespecialists. This interactive mentorship program will enhance your clinical skills as well as help you improve the design and efficiency of your palliative care programs.

The program will be facilitated by Marian Grant, an expert palliative care and hospice nurse practitioner with graduate-level palliative care education, research, and policy expertise. Dr. Grant practices on the Palliative Care Service at the Univ. of Maryland Medical Center, is adjunct faculty at the Univ. of Maryland and Johns Hopkins Schools of Nursing, a consultant and speaker for the Center to Advance Palliative Care (CAPC) and the Senior Regulatory Advisor to the Coalition to Transform Advanced Care (C-TAC).

The mentorship program includes:

- A case-based and participant-directed learning method
- Monthly recorded 2-hour group mentoring sessions
- A discussion board for ongoing interaction to foster a true learning community
- Posted readings and projects tailored to participants' needs and situations
- Flexibility on topics to be covered depending on participant priorities
- Guest speakers to ensure up-to-date information

Topics

- Advanced pain and symptom management
- Prognostication skills for various patient populations
- Building on communication skills for goals of care, advance care planning, family meetings
- Ethical situations and ways to effectively deal with them
- Leadership skills and development
- Navigating scope of practice issues
- Optimal transitions of care including to hospice
- Working with opioids given current concerns
- Optimizing teams and addressing team-based issues
- Program administration and development
- Federal and state palliative care and hospice policies
- Quality improvement opportunities
- Improving care coordination
- Palliative care payment including new payment models
- Focus on resiliency in practice

This program will be capped at 12 participants and will not be offered unless at least 5 enroll. The total cost is \$4,200 billed annually for a 10% discount (\$3,900) or in monthly \$350 payments. Email msgrant@comcast.net for more information.

