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FOUR SEASONS

The Innovators You Trust



5... 4...
3... 2... 1...
**Happy
New
Year!**

Millicent Burke-Sinclair Ed.D, MBA, SPHR®, SHRM-SCP, CEO

2018 is full of innovative possibilities! In this issue of Life Lines, we invite you to explore *what makes Four Seasons Different*. We invite you to read through each page and engage with what you read so together we can be ambassadors on behalf of Four Seasons serving the community in need.

Our Care Continuum will be in focus with Care Navigation, Home Care, Palliative Care, Hospice Care, Bereavement Support, Research Trials, and our Foundation as a way to help strengthen your understanding of Four Seasons and the many ways that we positively impact the lives of so many. As you consider our care continuum you may also be wondering about special programs, staff, leaders, volunteers, community engagement, and more and here you will read about all of these.

Did you know we actively serve 11 counties across Western North Carolina? Review the service area map in this publication to see just where we are excelling with providing trusted care. Did you know that we have one of the most innovative and intelligent research departments across the US? Read more about our current projects and developments in this issue of Life Lines.

Mostly importantly, we want you to learn, engage, and share about Four Seasons. We thank you already for your great support of Four Seasons. We look forward to this new year, to the many tremendous innovations that will occur, and to the many lives that will be forever changed.

Thank you for being part of the Four Seasons family!

**Together we are Four Seasons,
the Innovators You Trust
to Provide the Care You Trust**

We are Four Seasons, the Care You Trust

What is the Four Seasons Difference?

We are committed to providing care at the right time and at the right place.

- We are always open and provide same day access to patients and their families.
- We provide our services wherever our clients call home.
- We are experts in identifying the appropriate care pathway in collaboration with a patient's other healthcare providers.
- Our team of multidisciplinary professionals provide each person a specialized experience in symptom management and holistic care.
- We offer a home-like environment at our Elizabeth House inpatient unit to support the management of more challenging symptoms that cannot be addressed in other care settings.

We are committed to advanced collaborative care models.

- We provide evidenced-based innovative care for body, mind and spirit.
- We employ a wide variety of pain management interventions beyond medication that include aromatherapy, meditation, healing touch, spiritually based rituals, imagery and music therapy.

Our community roots guide our outreach and support efforts.

- We provide a variety of education resources to patients, their families, and our community.
- Our Angel Fund is available to help those with resource and/or payment challenges.
- We are experts at assessing financial needs and providing relevant information.

We are leaders in innovation.

- We are a nationally recognized innovator in the delivery of co-created care for people with a serious illness.
- Our Research & Development team leads the nation in healthcare advancements and improvements that benefit the people in our local communities and across the nation.

We elevate the standard of care in the communities we serve and beyond.

- Leveraging telehealth technology, we train and mentor palliative and hospice care teams in rural WNC communities so that people have access to high quality hospice and palliative care.
- We are a recipient of a Center for Medicare & Medicaid Innovation Award focused on improving patient outcomes and reducing healthcare costs across the nation.

**It is an honor for us to serve our community and we are grateful
to fulfill our mission to Co-Create the Care Experience.**



**“Our care team of over
300 employees and more
than 400 volunteers live
throughout the
11 counties we serve.
We listen to our
communities for ways to
continuously improve care
and leverage innovative
telehealth technology
to positively impact lives
and enhance access to care
at all times.**

**Four Seasons provides the
care and innovation
you know and trust.”**

~ Millicent Burke-Sinclair

Seamlessly Transitioning Into 2018

Chris Comeaux and Millicent Burke-Sinclair are Transitioning into New Roles

After 14 years as the CEO of Four Seasons, Chris Comeaux has transitioned to become President/CEO for Teleios Collaborative Network. Under Chris' guidance and leadership, Four Seasons has become recognized as a national leader in developing innovative programs to include the largest palliative medicine program in North Carolina and various training courses attended by clinical providers from across the country. The non-profit organization has experienced phenomenal growth from 30 patients per day in 2002 to more than 1,100 patients per day in 2017 across 11 counties in Western North Carolina.

On October 1, 2017, Dr. Millicent Burke-Sinclair, former Chief Operating Officer at Four Seasons, seamlessly transitioned to become the new Four Seasons Chief Executive Officer. Sinclair has served Four Seasons since 2014. In addition to her heart and purpose, holding both a doctorate degree and MBA; her education and experience in healthcare, education, and manufacturing; confidently solidify her as our CEO. A native of Henderson County, she along with her husband and two children live in Flat Rock and are highly involved in the community.

Because of her love and respect for Four Seasons, our communities, and helping people live well, Millicent will continue to partner with all of Four Seasons and the community to leverage the innovative culture initiated by Chris through Four

Seasons' care navigation, home care, palliative care, hospice care, bereavement support and clinical research teams so that the patients Four Seasons serves will continue to receive the highest quality care for themselves and their family.

Four Seasons has set state, national and international innovation benchmarks for Palliative and Hospice care in rural Western North Carolina communities. “We believe that innovation and compassionate care go hand-in-hand. Through innovative research studies and grants, our teams are revolutionizing care for people living with a serious illness, regardless of their ability to pay,” shares Millicent.

Four Seasons is dedicated to providing trusted care throughout all of the communities served through intentional innovations, expertise in care, rapid 24/7 responsiveness, and local employees, volunteers, and donors. She goes on to say “We are also so grateful for the tremendous opportunity to collaborate with TCN moving forward and still remain in partnership with the leadership that Chris has brought to Four Seasons over the past 14 years. Through shared wisdom and teamwork, TCN's leadership and innovative approach allows Four Seasons to be strengthened and prepared for the future of delivering trusted care to many more patients and communities across our region.”



“You see lots of mergers throughout the healthcare landscape as a panacea of sorts for navigating the challenges of the current and future healthcare environment.

Our approach is different.

Rather than trying to put these incredible community based entities together, we will harness the best of all of these programs (like Four Seasons) and through collaboration, leverage what each brings.

In this manner, we can learn from each other, thereby strengthening local communities rather than draining resources from them.”

~ Chris Comeaux

Providing the Very Best In Care Through TCN

Chris Comeaux, CEO, Teleios Collaborative Network

I am so pleased to announce that Four Seasons has co-founded, with Catawba Regional Hospice, an organization that will work to ensure community based not-for-profit hospices, like Four Seasons, are here for many years to come. The name of that organization is Teleios Collaborative Network (TCN).

The name and the logo say quite a bit about what we are up to. The name Teleios means ever striving for perfection or the ways things should be. This harkens back to the original movement of hospice providing a care model for people who are dealing with an advanced illness that is based in the community, is made up of people from the community, is all about care and compassion, and is for the community. In fact the logo symbolizes this with the center to remind us great community based programs like Four Seasons always keep the patient and the family at the center.

So TCN will be banding together community based hospices from all over North Carolina to 1st and foremost to provide the very best in care to those with serious and advanced illness via multiple innovative models like Care Navigation, Home Care, Palliative Care, Hospice Care and Bereavement Support. This is the



An organization that allows not-for-profit hospices (Members) to leverage best practices, achieve economies of scale and collaborate in ways that better prepare each agency to participate in emerging alternative payment models and advance their charitable missions.

Each participating organization remains independent maintaining their local identity, board of directors, leadership and staff.

essence of what makes community not-for-profit hospices different than the rest.

Did you know 70% of hospices in America now are *for profit* entities? Some of these are even traded on stock exchanges. This is not meant to disparage our capitalist system, rather it is a statement of principle that when it comes to caring for those during a vulnerable time of their life, they should have the choice to choose a program in their community that provides world-class care and they can choose such care locally.

I believe so much in the TCN Vision to help organizations and use what we have learned at Four Seasons to ensure we are stronger together, that I have recently transitioned from my role as CEO of Four Seasons, which I have held since 2008, to be the CEO of Teleios Collaborative Network. I will be working with Four Seasons still and organizations like Four Seasons, across the state of NC. This is a great innovation and just what you would expect from Four Seasons leadership and Board, for we have been and will continue to be the Innovators who you trust to provide the care you trust.

Reeling in a Better Future

as shared by Lisa Massie, CCRC Director of Clinical Research

Four Seasons explores new medications and care delivery methods through innovative clinical research. Participation is meaningful to us and to our research volunteers as it impacts healthcare now and for generations to come. Over the years, our participation has contributed to the FDA approvals of medications for Opioid Induced Constipation and cancer pain for both our end of life population and the general public. We are dedicated to exploring ways to deliver care better, such as through our telehealth program, and making a contribution to healthcare for all.

For this patient, the best day of his life could be described as *out on the open ocean, wind on his face, the taste of salt water on his lips, friends and family by his side and a sturdy fishing pole in hand.* Sadly, this fond experience he once loved was slipping further and further away and becoming a more distant memory of the life, he once lived.

Years prior, he was diagnosed with a rare type of cancer that had left him feeling empty and many days, helpless. One day he was sitting in the dark of his home when his wife read an ad about a Clinical Research Trial at Four Seasons that focused on managing pain caused by cancer. She read that they could self-refer to this trial and hopefully find relief, all the while helping others that were experiencing the same unbearable symptoms he was. When he made the call to Four Seasons, he remembers feeling skeptical, scared and a bit naïve that there was anything that could really aid him in feeling better or more alive again. As he dialed the number he thought to himself “what else do I have to lose?”

He had no idea what was in store for him next!

This was a patient who had been very active prior to his cancer diagnosis; he had never let “grass grow under his feet” and

was always up for an adventure. Though his illness had taken a toll physically on his body, his mind yearned for the excitement he experienced in his earlier days. However, at this point he had difficulty getting dressed or even walking to another room inside his own home.

Once he was assessed our team found him to be a perfect candidate for Palliative Care too. It was then that we truly worked holistically as a team to review, reduce and manage the dose of his pain medicine to a level that alleviated his pain but also allowed him to function. He was at the center of each strategic step in achieving a pain free life. Eventually we were able to decrease the amount of long acting pain medications he was taking, which improved his mood and helped lessen the confusion he was experiencing as well.

He felt, at times, as if the only positive thing in his life now was being part of this Clinical Research Trial because he knew he was finally in control of something with his life and able to make a difference for future patients. During a routine visit, he said to one of our team members that “being part of the trial was his way of leaving a legacy behind” and we could not agree more for all

of our patients enrolled in Clinical Research trials. What they are offering for generations to come is beyond measure.

Day by day he truly was beginning to get his life back. About this time is when he shared with our team an item on his “Bucket List” that had yet to be “checked off”. He wanted nothing more than to go on one last deep-sea fishing trip with his family. It was through perseverance, collaboration with the research and development team, and the dedication of our clinical care team staff to the Four Seasons’ values of excellence and resilience, that this patient was able to go on that family trip and attain the goal he had been dreaming of.

We “rallied the troops” and assembled a team to both accompany him and his family traveling to the coast as well as one provider who would stay with them on the boat. The waters of the deep sea may be rough, but the day could not have gone smoother. Upon his return from this very special fishing trip he was gleaming. He continued to be part of the trial for another 3 months before eventually moving from palliative care into hospice care.

A born fisherman, an avid family man, a man now at peace with a life well lived.

Project ECHO: Expanding Palliative Care Access Across the Carolinas

Four Seasons was recently awarded \$750,000 from The Duke Endowment for a grant entitled "Project ECHO to Expand Palliative Care Access Across the Carolinas." In collaboration with Duke University Medical Center, Delta Care Rx, and the ECHO Institute, we will use the Project ECHO (Extension for Community Healthcare Outcomes) model to train and mentor providers in rural communities across the Carolinas in how to deliver high quality palliative care services. Geographic barriers and the shortage of palliative care providers often result in people not having access to palliative care, and providers struggling to provide care to people, especially in rural areas.

Using videoconferencing, project ECHO links expert specialists with providers through virtual sessions, where the specialists mentor and train the providers to manage a condition that was previously outside their expertise.

For this grant, Four Seasons will use the ECHO model to train physicians and advanced practitioners in rural/underserved areas in the Carolinas to provide palliative care services.

Four Seasons Provider and Grant Project Manager, Dr. Elizabeth Burpee adds "We are grateful to The Duke Endowment for giving us the opportunity to work towards expanding crucial Palliative Care services to underserved areas in the Carolinas. Palliative Care is a rapidly growing medical field whose approach is team based, and is focused on alleviating suffering. I believe that a Four Seasons-Project ECHO collaboration will not only allow providers in the Carolinas to enter and engage in an exciting global learning community, but will also allow us to provide world class care to our local patients and families."

"Using the ECHO model, we can reach providers in rural areas who need primary palliative skills along with enhancing skills of those advanced practitioners who lack the support of physicians in their service area."

My hope is that demonstration of the value of the ECHO model regionally will allow national expansion, and that persons with serious illness in rural settings will have access to high quality palliative care."

~ Dr. Janet Bull,
Chief Medical Officer



Telehealth

- Use of telecommunications technologies to support long distance healthcare
- Any electronic communications and/or software
- Includes clinical (patient care) and non-clinical services (provider training and education, administrative meetings)

Telemedicine

- Refers to only clinical services (patient care)

Telehospice

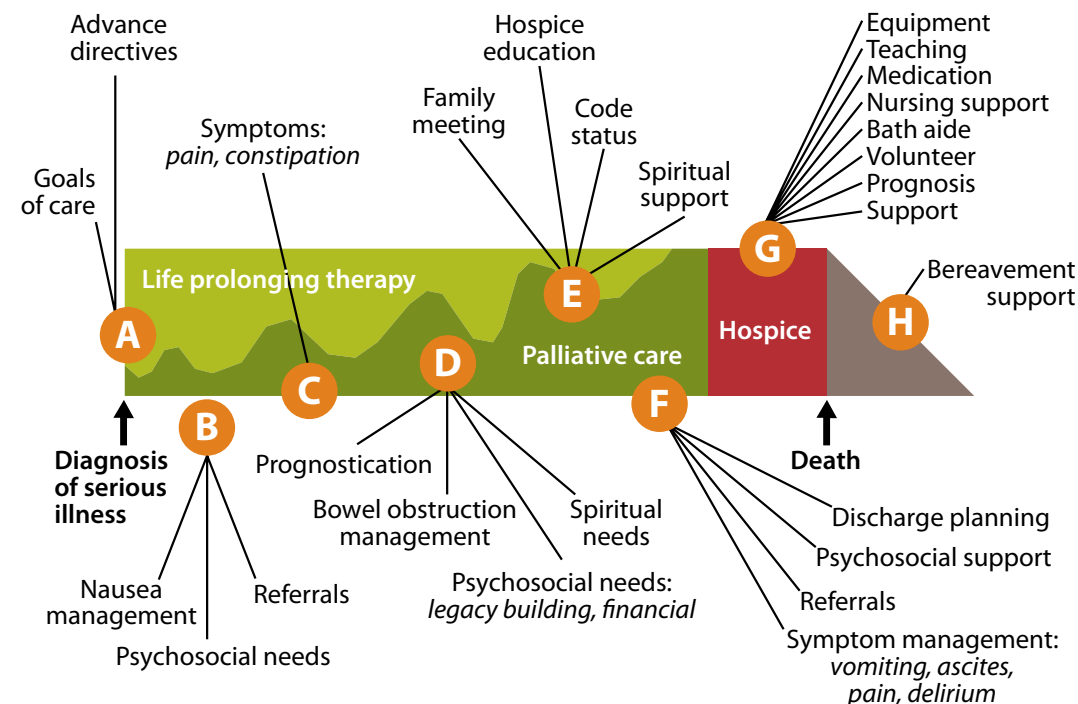
- Hospice services via telemedicine
- Use of telecommunications technologies to provide hospice care at a distance

TapCloud

- Software used in telemedicine patient services
- Remote patient monitoring application (app)
- TapCloud application is installed on patient's phone, tablet, or computer
- Patients use TapCloud application to check-in with their well-being and symptoms
- TapCloud also includes text messaging capability, photo capture
- All data entered by patients is streamed to clinical dashboard so that providers can monitor and contact patients about any issues or needs

The goals of the Project ECHO grant are to:

- 1) Increase the number of providers in the Carolinas with training and mentorship in palliative care.
- 2) Improve provider knowledge and skills so that they can deliver high quality palliative care.
- 3) Increase patient access to end-of life-care that will improve patient/caregiver quality of life, lessen symptom burden and improve patient/family satisfaction.
- 4) Increase hospice utilization in rural communities.



Telehealth

Frequently Asked Questions:

- Q What are the pros of telemedicine?**
A Convenient, accessible, faster, and better-quality care for patients, especially in rural areas. This includes access to specialists. Providers can provide better care to more patients.
- Q What tools are used in the telemedicine?**
A Telemedicine tools vary by program but can include telephone, texting/messaging, remote patient monitoring via application, videoconferences etc.
- Q What is remote patient monitoring?**
A Uses technology to enable providers to monitor patients outside of the clinical setting. This can include monitoring patient vital signs, health status, symptoms, etc.
- Q Is telemedicine private and secure?**
A Yes, when it is conducted using an encrypted, secure platform.
- Q Is telemedicine technology difficult to use?**
A No, most telemedicine applications are designed for ease of use and patients are often provided training in telemedicine equipment and technology.

Grandma Downloads an App

as shared by her Granddaughter and Caregiver



If I know one thing it's that my Grandma loves living in the beautiful mountains of Western North Carolina. There is nothing that makes her happier than sipping a cup of coffee while sitting on the front porch in the rocking chair Grandpa made her 25 years ago, listening to the birds chirp and watching the sun rise high into the sky.

But as her illness has progressed these past few years, simply getting out of bed to make coffee and move herself to the front porch has become a struggle. It recently became more and more difficult to travel to see her doctor, pick up prescriptions and live out a routine daily life. We did not know what to do and were sadly at a breaking point.

That was when we were referred to palliative care. Honestly, she nor I knew what to expect. However, upon our first visit with the Four Seasons Palliative Care team we both were pleasantly surprised.

Grandma immediately took a liking to Reggie, the Four Seasons Palliative Care Nurse Practitioner, and Todd, the Palliative Care Registered Nurse, who were assigned as her Care Team providers. They were both so nice and kind and she liked that they were willing to come and visit her in her home so that she did not have to deal with the hustle and bustle of getting loaded into the car and driving upwards of 35 minutes to town. I liked that I genuinely felt like they listened to her, they took the time to ask her what her goals were and immediately crafted a plan to work together to achieve them.

That was when Todd introduced to us a new way to keep in touch with her new Palliative Care support team, it was something I had never heard of before. Once again, I was skeptical. That afternoon, we downloaded an app called "TapCloud" that allows Grandma to record how she feels every day on her phone as well as provides her with a way to communicate with her team that is only a "tap" away. She was a little nervous about the technology at first, but Todd took it step by step and helped guide her through the process, doing everything he could to make her feel comfortable but also empowered.

I could tell right away that she was very pleased with this new system we put in place to support her. We felt the support even more so when there was a day when she wasn't feeling well, and she logged into the app to record her symptoms. Moments later Todd called, he had already spoken to Reggie and adjusted her medications to relieve her of the pain she was experiencing and put her mind at ease. We both felt better knowing that someone was routinely monitoring how she felt and that I could trust that someone else was able to help us co-create the best care experience.

Let's be honest, it is truly exhausting, challenging and downright hard sometimes being the caregiver and the family member of the person you are caring for which is why I am truly grateful for the innovative ways Four Seasons was able to step in and provide the most trusted care for my family.

Grandma really liked that she did not have to call her doctor, try to get an appointment and drive into town when she felt bad. The convenience of TapCloud was astounding. It empowered her to know that with a click of a few buttons, her medical care team would call to check in with her when she didn't feel well and then communicate her needs and a status update to her Primary Care Physician to ensure he knew what was happening while she was being cared for at home. It empowered me to know I had an extra layer of support in providing and ensuring Grandma was receiving the right care at the right time and to know she was not in and out of the Emergency Room, scared and alone as she had been in the past. Grandma told me that TapCloud and Four Seasons have really helped her feel better and live a better quality of life. Together she says they have added life to her days!

I am proud to report that she has not been to the hospital or the Emergency Room since beginning Palliative Care with Four Seasons seven months ago. She (and I) trust Todd to monitor her updates on the app, check in with her on how she's feeling, address her symptoms and manage her pain on a regular basis and in a timely manner. I could not be more appreciative of the two-way communication and access to innovative, quality care that Four Seasons and the TapCloud app have provided us. She could not be more appreciative to have someone that she can trust to contact 24/7 for support and in return that will provide her with the most compassionate care.

In the past we've had to wait for our doctor to call back (and we understand he is incredibly busy juggling a large caseload of seriously ill patients) so we try to be patient; therefore it was a pleasant surprise to be introduced to TapCloud. Reggie is always available to help adjust medications, provide support, advice, a shoulder to lean on and a gentle conversation to steer Grandma away from the pain and serious illness she lives with each day. Being part of the Four Seasons Palliative Care program has saved us both. It has given us both peace of mind and Grandma the confidence and dignity to live the life she wants to live.

This morning when I pulled up to her house, I found her nestled in her rocking chair on the front porch, a peaceful smile across her face, steaming cup of coffee in hand, and her phone in her lap. The TapCloud app was still open on the screen. I could do nothing more but smile alongside her.

What is Palliative Care?

Palliative care is an extra layer of support for people with serious illness. This type of care is focused on providing patients with relief from the symptoms, pain and stress of a serious illness – whatever the diagnosis.

The goal of palliative care is to improve quality of life for both the patient and the family.

Palliative care is delivered by a team of providers, nurses, social workers and other specialists who work with a patient's other providers to deliver a customized care plan.

Palliative care is appropriate at any age and at any stage in a serious illness, and can be provided together with curative treatment.



Clinical Leader Spotlight

Reginald Nichols, MAC, MSN, NP-C, WNC Regional Palliative/Hospice Director



*“No greater love
has any man
than this,
that a man
would lay down
his life
for his friends.”*

~ John 15:13

As a huge Alabama fan, I know that Nick Saban eats a Little Debbie Oatmeal Pie every day, he sits with his wife, Mrs. Terry, each morning and has a cup of coffee, and his favorite book is *A Road Less Traveled* by Dr. M. Scott Peck.

Having grown up in Alabama, I know that football is part of life. It's something families are expected to support, boys are expected to play and girls are expected to cheer on. The local high school is the only place to be on a Friday night and in front of the TV, if not at the stadium, was the only place to be on game day. Football was bigger than life and truly was more than sport. Football was symbolic and taught me about teamwork, perseverance, how to win with grace and lose with dignity. Being part of a team taught me about leadership, respect and courage. Not a day goes by in my role at Four Seasons, as the leader of our care and support teams in one of our more challenging areas, the most rural Western counties of North Carolina, that I do not reflect on the skills, attributes and lessons I learned growing up as a football fan in Alabama.

Different approaches to living yield different results: The first approach is one that gets you by. It focuses mainly on “doing”. It is an external “to do list” that puts food on the table and maybe a little spending money on the side. The second approach is one that encompasses everything a person is. It is the road less traveled. It focuses mainly on “being”. It is intertwined into the very fabric of a person so even when a person isn't “on the clock” it is still who they are. This approach requires a focus on something bigger than self. This approach creates waves that impact others. I believe we are called to make waves.

My passion is to love others in a way that allows me to live life to the fullest while enabling others to do the same. Life is too short for misery.

Specifically, within the medical field, technology makes life easy and innovation makes it possible. Working for Four Seasons, I see that Palliative Care gives peace of mind to patients and families living day to day with illness. By way of a team approach we are able to navigate serious illness and help relieve patients of the misery in the unknown. Palliative Care is able to provide services in a way that no other specialty in medicine can.

Furthermore, I could not be more enthusiastic that the ECHO Grant will be a blessing to the patients, families and communities of rural Western North Carolina. I could not be more honored to work for an organization that felt it was so important to bring this innovative service to our region.



*Over 700 individuals
were honored and
memorialized through
luminaries and lights
at our 27th annual
Tree of Lights
Memorial Service.*



*Because of
community
support,
hospice patients
and their
families are
able to receive
Four Seasons
tender care.*



Tender Care for Those on Their Way Home

Loretta Shelton, Executive Director, Four Seasons Foundation

As this new year begins, we want to thank the community partners and generous donors who helped make trusted care possible for Four Seasons' patients and families during 2017. In December, over 700 individuals were honored and memorialized through luminaries and lights at our 27th annual Tree of Lights Memorial Service. During this special candlelight ceremony, Rev. Deacon Tim Jones, minister at the St. James Episcopal Church, reminded us that angels are all around us if we just “open our eyes in the right way.”

Through his work at the Hendersonville Rescue Mission, Rev. Jones saw firsthand the blessing that the donor-supported Angel Fund provides to those without resources during their end-of-life journey. Andre, a Mission resident, received Four Seasons hospice care at the Mission and later moved to the Elizabeth House for the last few weeks of his life.

Rev. Jones shared that when Four Seasons took over Andre's care, it “felt like he had surrendered him to angel hands.” He continued “As a Four Seasons donor, those angel hands are your hands. We are humbled and grateful that when you give thanks for the light your friends and loved ones shone into your lives and into the world, you choose to do so by supporting the Angel Fund. Truly, it is through your support that we are able to provide this tender care to fellow humans on their way home.”

As we look toward 2018, we appreciate the opportunity to continue to provide high-quality, innovative care in eleven counties in Western North Carolina. In addition to palliative and hospice care, Four Seasons also provides care navigation, home care services, bereavement support, and clinical research. Innovations like telemedicine ensure patients in rural counties can benefit from palliative care and feel connected to their care teams.



Because of donors like you, Four Seasons' vision to Innovate Healthcare, Influence Humanity, and Impact Life continues to thrive and grow.

With our deepest appreciation, thank you for being part of the Circle of Love.

For more information please contact:

**Four Seasons Foundation, 221 N. Main Street, Hendersonville, NC 28792
or call (828)513-2440 | www.FourSeasonsCFLFoundation.org**

Volunteer Spotlight

as shared by Shelagh Byrne, Volunteer, Patient Family Advisor, and Board Member



I feel my role is unlike any other PFA in the country. I attend the inter-disciplinary team meetings representing the voice and goals for the patient and family to the care team. I have attended strategic planning retreats, new hire interviews, performance improvement sessions and I am now a three year board member. I feel that my voice is heard and respected and that I am part of a very important inter-disciplinary and innovative health care team. This past year my volunteer work has been to focus on and voice my initial opinions and concerns from the viewpoint of the caregiver and bring that knowledge and perspective full circle.

I have also had the pleasure to work collaboratively with a group of Four Seasons leaders and support team to see the development of the Four Seasons Care Navigation program launching January 2018. It is my honor to do what I can to assist and support the teams at Four Seasons so that together we are able to better Co-Create the Care Experience for more families across Western North Carolina.

“I want to thank Shelagh for her time, wisdom, and passion in ensuring that all people have access to trusted care; her heart is so compassionate and her vision so dedicated to our mission. We are ever grateful for volunteers and board members like Shelagh Byrne.”

~ Millicent Burke-Sinclair

The opportunity to serve as a volunteer at Four Seasons came to me in the year 2012. I had just experienced several years as care giver and health advocate for my mother-in law. Even with a back ground as a health care professional, I was left with more questions than answers during the many decisions we had to make during Barbara's illness and end of life journey. As I discussed my concerns and needs for help in navigating the end of life process with Dr. Janet Bull, she asked me to be a part of a nursing grant that had been awarded to Four Seasons. This innovative grant allowed me then and now to act as a Patient and Family Advisor with the Four Seasons team.

Our Care Continuum
allows us to
provide access
to the best
advancements in care
at the right place and
the right time.



The Care You Trust

Care Navigation
Home Care
Palliative Care
Hospice Care
Bereavement Support
Clinical Research

The Four Seasons Care Continuum



How are services paid for?

<ul style="list-style-type: none"> • Private Pay 	<ul style="list-style-type: none"> • Long Term Care Insurance • Private Pay • VA 	<ul style="list-style-type: none"> • Commercial Insurance • Medicare • Medicaid • Private Pay • Four Seasons Foundation 	<ul style="list-style-type: none"> • Commercial Insurance • Medicare • Medicaid • Private Pay • VA • Four Seasons Foundation 	<ul style="list-style-type: none"> • Complimentary 	<ul style="list-style-type: none"> • Four Seasons Research & Development
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