

Life lines

Four Seasons CFL.org

Preparing for **Change**

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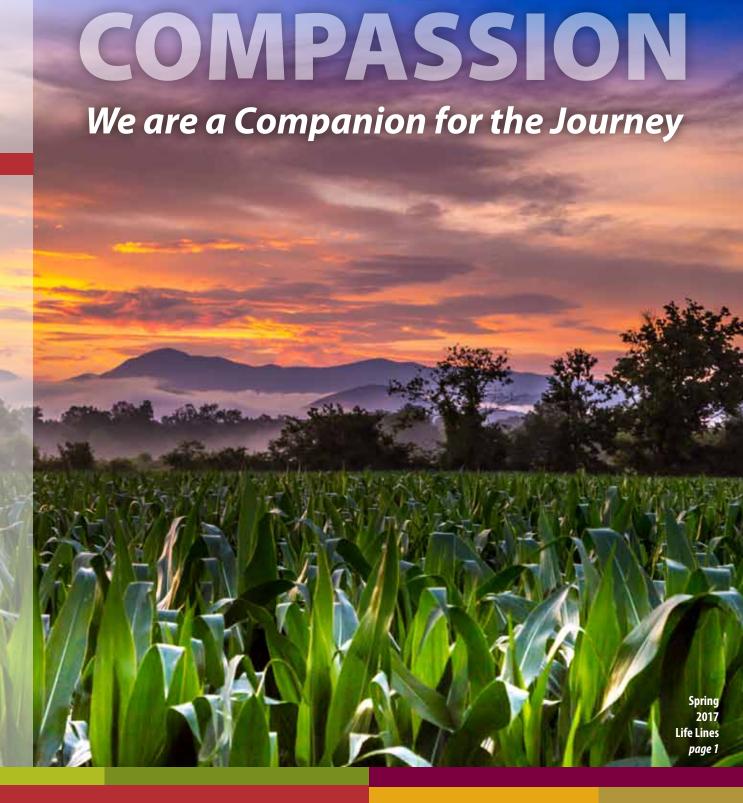
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Preparing for Change

Chris Comeaux, President/CEO

As I write this, I am looking out my window at the change of seasons, going from winter to spring. I see all the projects I need to tackle outside to prepare our gardens for the coming changes. This is a lot like what is occurring at Four Seasons as well. We all know much change is upon us, just turn on the news at night and you hear about repealing, replacing, and/or part repealing. Whatever the headline of the day is, you can bet changes are coming to healthcare. We know it, we see it, and just like preparing the garden we are preparing Four Seasons to be something even more wonderful for those who need us.

For instance, this past fall we completed our acquisition of Compassionate Homecare. The team at Compassionate Homecare is top notch. Four Seasons now has the full complement of services to serve all of someone's care needs in their home – wherever they may call home. We can provide homecare; we can provide home health via our Partnership with UNC Pardee Home Health; we can provide a full flight of palliative care services at home, in our clinic, in all facilities, and in all hospitals; and lastly, which is where we started, we can provide the very best in end of life care via our hospice services and our hospice hospital, the Elizabeth House. Furthermore, we can provide these services throughout the entire western North Carolina region.

As you read the following articles and stories of what we do, I hope what jumps out at you is the passion, dedication, and purpose that those who work and volunteer at Four Seasons exhibit. Two recent families who transferred their services from other healthcare providers in the Polk County region and in the Buncombe County region wrote notes to me expressing the difference in our care. That difference is due to our people, they are some of the best trained, highly competent, passionate people working in homecare services and most importantly the thread that runs through us all at Four Seasons is articulated by *Our Vision*. We truly all believe that we are here to: *Innovate healthcare, Influence humanity, and to Impact life*. Enjoy this issue of Life Lines and have a great Spring.

ALL YOUR CARE NEEDS, @ HOME.

Home Care
Home Health Care
Palliative & Hospice Care

828-692-6178

Providing services

anywhere you call home

FOUR SEASONS CFL. ORG



Home Store

Unique and Antique Furniture Pieces:

Such as roll back desks, one of a kind art and grandfather clocks

New Furniture Pieces:

Such as couches, dressers, , dining room tables, bed frames, bookcases and more!

Collectibles:

Such as knick knacks, fine china, books, art, jewelry

Clothing:

Both men's and women's, accepted seasonally

Household Items:

Such as glassware, vases, small appliances, large appliances

We accept donations during business hours at the store, Monday through Saturday, 9:30 am to 5:30 pm.

Drive up behind the store (from Church Street)
to our convenient drop off bay.
Arrangements can be made to donate
an entire house full of contents.
For any large items call 828-696-0625
to schedule a pick-up.

Spring

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Евиция Такиновока Зоситама Fora Saarona Honrica Honri Strom



Dr. Janet Bull to Headline Four Seasons

Annual Garden Gala



"Landmark Innovations in National Heath Care Developed in Henderson County"

Dr. Janet Bull, *President and Fellow of the American Academy of Hospice and Palliative Medicine (AAHPM) and Four Seasons Chief Medical Officer*, will speak at the Four Seasons Foundation Garden Gala at 4:00 pm, Sunday, April 30 at Champion Hills Club (1 Hagen Drive) in Hendersonville.

The Garden Gala is Four Seasons premiere philanthropic event benefitting the hospice and palliative care services provided by Four Seasons Compassion for Life, including adult and children's grief counseling, We Honor Veterans program, the Elizabeth House, and more.

Your generous support allows Four Seasons to continue its long tradition of caring for all who need care, regardless of their ability to pay. As the only remaining community based, non-profit hospice provider in western North Carolina, community support is now more critical than ever before in making this care available to all.

Special thanks to Jay Siltzer, 2017 emcee, for his support of Four Seasons. Four Seasons was humbled to care for Jay's son, Malachi, who died last year.

Please join us for fellowship with friends, cocktails and hors d'oeuvres and to learn more about Four Seasons leadership in health care innovations at this signature event.

For more information please contact the
Four Seasons Foundation
221 N. Main Street, Hendersonville, NC 28792
or call (828)513-2440.
www.FourSeasonsCFLFoundation.org



Caring Those Who for Those Who First Served Us

as shared by Andie Robbins, Community Representative

Four Seasons Compassion for Life was privileged on Wednesday, March 1 to honor U.S. Marine Corps veteran Lawrence Hultquist of Hendersonville with a special pinning ceremony through the National Hospice and Palliative Care organization & Veteran's Administration's We Honor Veterans program in collaboration with the Hendersonville chapter of the Military Officer's Association of America. Mr. Hultquist is the 200th veteran hospice patient to have a pinning ceremony since Four Seasons began partnership in the We Honor Veterans program in 2015.

Mr. Hultquist served in the U.S. Marine Corps from 1956 to 1958, serving stateside during the Vietnam War. He was stationed at Camp Lejeune in Jacksonville, North Carolina, where his job was to train officers to use weapons, specifically training Marine Corps officers in the use of the M-1 rifle. During his entire tour of duty he never failed to qualify an officer as a "marksman" in the use of the rifle, and he possessed a special ability to get officers to do what it took to qualify, including shooting in adverse weather conditions. Mr. Hultquist himself attained the rank of Staff Sergeant during his time in the Corps, one of the highest ranks an enlisted Marine can attain.

Mr. Hultquist also had three brothers who served in the military, two in the Marines and one in the Army. His younger brother, a Marine, was killed in action during the Vietnam War.

"It was incredibly meaningful to honor Mr. Hultquist with a pinning," said Michael Wermuth, Four Seasons Chaplain who facilitated the ceremony. "The ceremony is a small gesture in comparison with the great sacrifices our veterans have made, but it allows us the opportunity to thank them with honor and nobility in their later years. It is also an opportunity to thank them for allowing us to serve them in their time of need."

Over a quarter of the patients served by Four Seasons are veterans. Four Seasons offers each hospice patient an opportunity to have a pinning ceremony if it is at all possible to arrange one during their time receiving hospice, publicly acknowledging their service and sacrifice.

The ceremony is most often conducted by a Four Seasons Chaplain or Music Therapist and a member of the Military Officer's Association of America (MOAA), in areas where there is an active MOAA chapter The veteran being honored receives two special lapel pins, one carrying the U.S. flag and the flag of the veteran's branch of service, provided by MOAA, and the other with the We Honor Veterans symbol. The pins are presented with a framed We Honor Veterans certificate and a blanket which displays the We Honor Veterans logo as well as the Four Seasons logo.

For those facing life-limiting or chronic illness, the pinning ceremony provides a beautiful way for them to receive dignity and honor, often helping families find peace during a difficult time. Mr. Hultquist's pinning ceremony was conducted by Chaplain Michael Wermuth and MOAA Member Capt. Mike Cavell, U.S. Navy Retired.

"Many veterans hesitate to accept the offer for us to honor them due to the fact that many of their comrades died in war. Some even say 'I'm not a hero," Wermuth states.

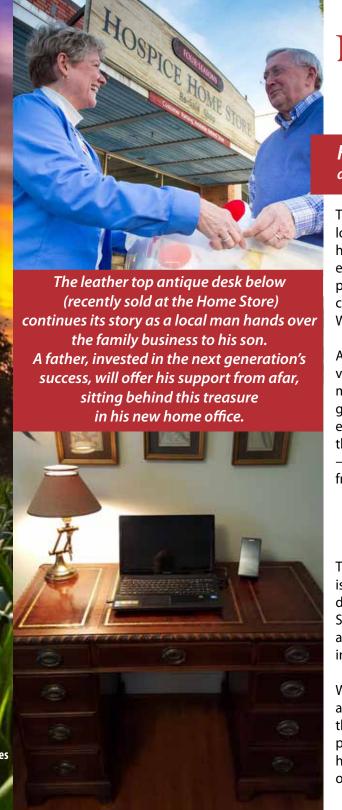


"Through the pinning ceremonies, we are able to give them the honor they truly deserve for their service, often restoring their perception of the sacrifice they made." Michael Wermuth, Four Seasons Chaplain



The original program was developed by the Veteran's Administration along with the National Hospice and Palliative Care Organization. Four Seasons is proud to partner with the National Hospice and Palliative Care Organization, the Veterans Administration and the local MOAA chapter in offering the We Honor Veterans program to our patients and families. The clear and profound impact experienced by our patients and families is seen daily and provides yet another opportunity to care for those who have first served us.





Every Donation, Every Dollar, Day

Helping Those in Need of Four Seasons' Care as shared by Michelle Wooley, Philanthropy Associate

The Four Seasons Hospice Home Store, on Main Street in downtown Hendersonville, is a favorite among locals and out-of-towners alike. The unique window displays draw in passers-by to shop one-of-a-kind home furnishings and décor, clothing, kitchen goods, vintage glassware and other collectibles. The ever-changing inventory at lower than retail prices keeps shoppers coming back. Bobby Bennett feels passionately about his role as store manager. "Being a good steward of each and every donation makes compassionate quality care available for hospice patients and their families, regardless of ability to pay. We are grateful for both our donors and our patrons for supporting Four Seasons."

At the heart of this resale shop is the time and dedication of its 30+ volunteers. They work six days a week, helping receive, sort, price, move and display donated merchandise. Browsing the store is like a giant treasure hunt! Among the volunteers are a retired aeronautical engineer, artist, carpenter, college professor, doctor, physical therapist, sales and marketing director, social worker and teacher - all with one thing in common - a heart for their neighbors and friends in need of Four Seasons' care.

> Pictured (to the right and below) are two recent furniture pieces that were graciously donated to the Hospice Home Store.

The Four Seasons Hospice Home Store at 215 North Main Street,

is open for shopping and accepts donations daily, Monday through Saturday, from 9:30 AM to 5:30 PM, and makes large donation pick-ups in Henderson County.

We invite you to come join the hunt and leave with a treasure, knowing that your dollars directly benefit patients who might not otherwise have access to compassionate end of life care.



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We've Come A Long Way



as shared by Dot Moyer, Four Seasons Board Member

As the longest currently serving member of the Four Seasons Compassion for Life Board of Directors, I was asked to write about the changes I have seen in providing care to our community.

Four Seasons CFL has grown from a small group of volunteers operating out of Jean Hoogstra's garage into a prestigious, nationally recognized organization. When I first came on the board in 2000, we struggled to provide care for 30 hospice patients a day. Four Seasons now serves over 1,000 Home,

Palliative and Hospice Care patients a day! More than 60% of area patients and families facing the end of life in Western North Carolina, are cared for with dignity and compassion by Four Seasons. This percentage consistently ranks us at the top in North Carolina and among other palliative and hospice organizations in the United States.

Four Seasons' CFL reputation for providing the best quality of care to our patients and families has spread. As people realize that they have a choice in their care, they are increasingly choosing Four Seasons. In addition to serving Henderson County, Four Seasons CFL also serves patients in Buncombe, Cherokee, Clay, Graham, Haywood, Jackson, Macon, Polk, Swain and Transylvania counties. Our Board and staff live all over the western NC region. I myself live in Polk County, and am so happy that Four Season's is now here providing home, palliative and hospice care to the community in Polk County. It is a comfort to know that Four Seasons CFL will be there for my family and area friends.

Selected by the Centers for Medicare and Medicaid Innovation for a major palliative care research grant in 2014, Four Seasons is a recognized national leader. In 2016, 392 volunteers were able to provide 28,650 hours to care for our patients with dignity and compassion. I believe that we have the best staff and group of volunteers of any similar organization in the country. Committed to caring for all patients regardless of their ability to pay, Four Seasons CFL founded a Foundation to fund its mission in 2015.

So much has happened in the 15 years since I first became a Four Seasons volunteer. Growth is not always easy for any organization. It is easy to get bogged down in the daily "challenges" of modern healthcare. But when you look up from the reports and spreadsheets, the view from my board chair is amazing, the staff are hard-working, the volunteers dedicated and the mission very much alive. We have come a long way.





Bobby Bennett (right), Four Seasons Hospice Home Store Manager, and Henry Johnson, Foundation Board Member, discuss a donation.

Tell us about yourself...

I am local, native of Hendersonville, NC. I have been married for 25 years, I have 2 children - a daughter, age 18, and a son, age 12. I am a member of the congregation at Mud Creek Baptist Church. When I was a kid I used to ride my bicycle down to this same building where the Hospice Home Store sits today. At the time it was a Western Auto and I could get my bike worked on in the basement service area. I have many childhood memories of standing in the same building in which I now stand in each day. When I started here at Four Seasons, I was able to find some of the old wood shelving that I remembered seeing in the store as a child and am having a new cash register area built using it. Repurposing the reclaimed wood from something old to something new pays honor to the rich history of our community.

What led you to work at Four Seasons?

I was ready for a career change from the corporate retail world and wanted the opportunity to work with a local, nonprofit company with a caring reputation within the community.

What is the most meaningful part of your job?

To know that through being a good steward of the donations given it will allow funds to be raised that directly impact Four Seasons patients that may not have a pay source for their care. Through the work of the team at the Homestore and Foundation, I feel honored to be able to give back to the community that has given and taught me so much.

If you could tell the community just one thing about the Four Seasons Hospice Home Store, what would that be?

We truly care about our service to our customers, come on in we'd love to meet you!

FOUR-SEASONS

Community Events & Education

Compassion for Life

APRIL · 2017										
SUN	MON	TUE	WED	THU	FRI	SAT				
		ı	ı	ı		1				
2	3	4	5	6	7	8				
9	10	11	12	13	14	15				
16	17	18	19	20	21	22				
23	24	25	26	27	28	29				
30										

APRIL

- 1-3pm @ BRCHS*: Estate Planning and Advance Care Directives with Cindy Schirmer
- 10am-12pm @ Greatrex Place Faith Friends/Faith Community Reps Orientation
- 4:00pm @ Champion Hills Club 1 Hagen Drive 2nd Annual Garden Gala

MAY • 2017										
SUN	MON	TUE	WED	THU	FRI	SAT				
	1	2	3	4	5	6				
7	8	9	10	11	12	13				
14	15	16	17	18	19	20				
21	22	23	24	25	26	27				
28	29	30	31							

MAY

- 4:30-6pm @ N.Asheville Library: FS Conversations About Care Series
- 1-3pm @ BRCHS*: Financial Planning with Ryan Cannon
- 4:30-6pm @ Hendersonville Library: FS Conversations About Care Series
- 1-3pm @ Park Ridge Health
 Estate Planning and Advance Care
 Directives



JUNE

- 5 4:30-6pm @ N.Asheville Library: FS Conversations About Care Series
- 1-3pm @ BRCHS*: Estate Planning and Advance Care Directives with Cindy Schirmer
- 8 4:30-6pm @ Hendersonville Library: FS Conversations About Care Series

*BRCHS (Blue Ridge Community Health Services) is located at 2579 Chimney Rock Road (64E & Howard Gap Road)

We are always looking for new venues to hold our <u>free</u>, community education events.

If you are interested in our presentations coming to you, please feel free to contact Callie at cdavis@fourseasonscfl.org or 828-450-0422.