

# November 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Oct 31	Nov 1 All Saints Day 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:00pm Creative Coloring 2:30pm Snacks with Friends	2 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends	3 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:00pm Root Beer Floats 2:30pm Snacks with Friends 3:00pm Bubble Fun in the	4 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:00pm Creative Coloring 2:30pm Snacks with Friends	5 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends 3:00pm Crafts Creations	6 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends
7 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends	8 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:00pm Creative Coloring 2:30pm Snacks with Friends	9 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends	10 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:00pm Root Beer Floats 2:30pm Snacks with Friends 3:00pm Bubble Fun in the	11 Veterans Day 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:00pm Creative Coloring 2:30pm Snacks with Friends	12 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends 3:00pm Crafts Creations	13 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends
14 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends	15 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:00pm Creative Coloring 2:30pm Snacks with Friends	16 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends	17 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:00pm Root Beer Floats 2:30pm Snacks with Friends 3:00pm Bubble Fun in the	18 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:00pm Creative Coloring 2:30pm Snacks with Friends	19 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends 3:00pm Crafts Creations	20 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends
21 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends	22 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:00pm Creative Coloring 2:30pm Snacks with Friends	23 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends	24 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:00pm Root Beer Floats 2:30pm Snacks with Friends 3:00pm Bubble Fun in the	25 Thanksgiving Day 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:00pm Creative Coloring 2:30pm Snacks with Friends	26 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends 3:00pm Crafts Creations	27 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends
28 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends	29 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:00pm Creative Coloring 2:30pm Snacks with Friends	30 St. Andrew's Day 9:00am Chair Exercises-Let's Get Moving!! 1:00pm Bingo 2:30pm Snacks with Friends	Dec 1	2	3	4

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7 2:00pm Church	8 9:30am Manicures 10:00am Sacktoss 2:00pm uno	9 9:30am Exercise 11:00am monopoly 2:00pm Activities Committee Meeting	10 10:00am bible study 1:00pm crossword puzzle 2:00pm lemonade party	11 Veterans Day 10:00am worksheets 1:00pm bingo	12 11:00am lunch bunch 1:00pm penny auction 2:00pm make a smoothie	13 11:00am karaoke 2:00pm uno
14 2:00pm Church	15 9:30am Manicures 10:30am memory game 2:00pm connect four	16 9:30am Exercise 11:00am donuts and coffee 2:00pm arts and craft	17 10:00am bible study 11:00am door ornaments for thanksgiving 2:00pm root beer floats	18 9:30am exercise 11:00am bingo 2:00pm make milkshakes	19 9:30am make cups 11:00am make picture frame 1:00pm balloon toss	20 11:00am game show 1:00pm movie and popcorn
21 2:00pm Church	22 9:30am Manicures 11:00am dominoes 2:00pm coke floats	23 9:30am Exercise 11:00am movie and popcorn 2:00pm puzzle	24 10:00am bible study 11:00am read aloud 2:00pm movie with snacks	25 Thanksgiving Day 2:00pm game of choice	26 10:00am make wreaths for doors 11:00am crafts 2:00pm musical chairs	27 11:00am saturday football 2:00pm bowling
28 2:00pm Church	29 9:30am Manicures 10:30am morning walk 1:00pm make sugar cookies	30 St. Andrew's Day 9:30am Exercise 10:30am jenga 2:00pm cookies	Dec 1	2	3	4

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