

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dec 29	30	31	Jan 1, 25 <div>11:00am Stand Up Exercise</div> <div>2:00pm Bingo Blast</div> <div>3:00pm New Years Party</div>	2 <div>11:00am Stretch it out</div> <div>2:00pm Giant Jenga</div> <div>3:00pm Walk With a Buddy</div>	3 <div>10:30am Dancercize</div> <div>2:00pm Bingo Blast</div> <div>3:00pm Balloon Tennis</div>	4 <div>11:00am Twist And Shout Exercise</div> <div>2:00pm Penny Auction</div> <div>3:00pm Manicures</div>
5 <div>10:30am Video Chair Exercise</div> <div>11:00am Charles Stanley Sermon</div> <div>2:30pm Featured Film</div>	6 <div>Epiphany</div> <div>11:30am Noodlesize Exercise</div> <div>2:00pm Bingo Blast</div> <div>3:00pm Epiphany Wise Men Quiz</div>	7 <div>10:00am Bible Study with North Highlands Church of</div> <div>11:00am Move And Groove Exercise</div> <div>2:00pm Battleship</div> <div>3:00pm Toss the Ball</div>	8 <div>Elvis Presley's Birthday</div> <div>10:00am Elvis Presley Song Quiz</div> <div>11:00am Stand Up Exercise</div> <div>2:00pm Bingo Blast</div> <div>3:00pm Elvis Presley Birthday</div>	9 <div>11:00am Stretch it out</div> <div>2:00pm Giant Jenga</div> <div>3:00pm Walk With a Buddy</div>	10 <div>10:30am Dancercize</div> <div>2:00pm Bingo Blast</div> <div>3:00pm Balloon Tennis</div>	11 <div>11:00am Twist And Shout Exercise</div> <div>2:00pm Penny Auction</div> <div>3:00pm Manicures</div>
12 <div>10:30am Video Chair Exercise</div> <div>11:00am Charles Stanley Sermon</div> <div>2:30pm Featured Film</div>	13 <div>11:30am Noodlesize Exercise</div> <div>2:00pm Bingo Blast</div> <div>3:00pm Ring Toss</div>	14 <div>10:00am Bible Study with North Highlands Church of</div> <div>11:00am Move And Groove Exercise</div> <div>2:00pm Scribble Art</div> <div>3:00pm Toss the Ball</div>	15 <div>11:00am Stand Up Exercise</div> <div>2:00pm Bingo Blast</div> <div>3:00pm Go Fish</div>	16 <div>11:00am Stretch it out</div> <div>2:00pm Giant Jenga</div> <div>3:00pm Bowling Tournament</div>	17 <div>Reginas Retirement Party</div> <div>10:30am Dancercize</div> <div>2:00pm Bingo Blast</div> <div>3:00pm Balloon Tennis</div>	18 <div>11:00am Twist And Shout Exercise</div> <div>2:00pm Penny Auction</div> <div>3:00pm Manicures</div>
19 <div>10:30am Video Chair Exercise</div> <div>11:00am Charles Stanley Sermon</div> <div>2:30pm Featured Film</div>	20 <div>Martin Luther King Jr Day</div> <div>11:30am Noodlesize Exercise</div> <div>2:00pm Bingo Blast</div> <div>3:00pm Martin Luther King Jr Crossword</div>	21 <div>10:00am Bible Study with North Highlands Church of</div> <div>11:00am Move And Groove Exercise</div> <div>2:00pm Connect 4</div> <div>3:00pm Bowling Tournament</div>	22 <div>11:00am Stand Up Exercise</div> <div>2:00pm Bingo Blast</div> <div>3:00pm Music Therapy</div>	23 <div>11:00am Stretch it out</div> <div>2:00pm Giant Jenga</div> <div>3:00pm Walk With a Buddy</div>	24 <div>10:30am Dancercize</div> <div>2:00pm Bingo Blast</div> <div>3:00pm Balloon Tennis</div>	25 <div>11:00am Twist And Shout Exercise</div> <div>2:00pm Penny Auction</div> <div>3:00pm Manicures</div>
26 <div>10:30am Video Chair Exercise</div> <div>11:00am Charles Stanley Sermon</div> <div>2:30pm Featured Film</div>	27 <div>Mozart's Birthday</div> <div>11:30am Noodlesize Exercise</div> <div>2:00pm Bingo Blast</div> <div>3:00pm Listening to Mozart</div>	28 <div>10:00am Bible Study with North Highlands Church of</div> <div>11:00am Move And Groove Exercise</div> <div>2:00pm Scribble Art</div> <div>3:00pm Toss the Ball</div>	29 <div>11:00am Stand Up Exercise</div> <div>2:00pm Bingo Blast</div> <div>3:00pm Go Fish</div>	30 <div>11:00am Stretch it out</div> <div>2:00pm Giant Jenga</div> <div>3:00pm Walk With a Buddy</div>	31 <div>10:30am Dancercize</div> <div>2:00pm Bingo Blast</div> <div>3:00pm Balloon Tennis</div>	Feb 1