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FOR IMMEDIATE RELEASE

Continental Office Honored as Winner of Healthiest Employers® of Columbus, OH

COLUMBUS, OH – Continental Office, a leader in creating, building, and maintaining great workplaces, has been awarded the top spot among the 2019 winners of the Healthiest Employers of Columbus, OH, a nationally recognized awards program powered by the Springbuk Health Intelligence Platform and presented by *Columbus Business First*.

Applicants to the Healthiest Employers® awards program were evaluated across six key categories, representing a holistic view of employee wellbeing: Culture and Leadership Commitment, Foundational Components, Strategic Planning, Communication and Marketing, Programming and Interventions, and Reporting and Analytics. All companies who applied to the awards program were ranked according to the proprietary Healthiest Employers® Index, a 1-100 rubric for employee wellbeing programming.

Continental Office was honored on December 30th, 2019 for their tremendous commitment to employee health and exceptional corporate health programming. As the first-place winner besting five other distinguished organizations, Continental Office has clearly demonstrated that their team members are a top priority across their organization.

“We work hard to ensure that our associates are given as many resources and tools at their disposal to be the best they can be,” said Pam Blair, Executive Vice President of Human Resources with Continental Office. “This award speaks to the work we’re doing through our Cares program, which we have strategically expanded to be more than community involvement. It’s about overall associate health through community involvement and environmental sustainability, as well as physical, financial, and mental health.”

In addition to promoting an associate’s personal wellness, Continental Office encourages holistic wellness through community involvement and engagement. “Continental Cares was formed because it’s not just about work and space – it’s about community, too. We’re committed to helping our communities and our associates prosper by giving back and supporting great organizations,” said Blair. Annual events like the Pelotonia bike ride (a fundraising event that brings in millions of dollars each year for cancer research) provides an opportunity for associates to come together and support a good cause while maintaining an active lifestyle.

“We congratulate Continental Office on being named a leader in workplace health for their inspiring commitment to employee wellbeing. Each year, it’s our privilege at Springbuk to recognize the best of the best in corporate health through the Healthiest Employers® awards program. Across the nation, we’re encouraged by the tremendous efforts of corporate health leaders proactively investing in the wellbeing of their employee population,” said Rod Reasen, Co-founder and CEO of Springbuk.

About Continental Office

Since 1939, we've been creating memorable experiences through the delivery of intentional spaces and inspiring our clients and partners to change the way they work and think. We create, build and maintain these purposeful work environments with furniture, floors, interior construction, and branding so our clients can focus on their business goals and bring their culture to life. Our team of 250+ creative problem solvers bring new ideas to life in three locations: Columbus, Pittsburgh, and Toledo. We push ourselves to explore new possibilities and create customized solutions for any challenge. This resourceful approach allows us to find solutions others can't. For more information, please visit continentaloffice.com.

About Springbuk and Healthiest Employers®:

Springbuk is a health intelligence platform that empowers everyone in an employer's health ecosystem to glean actionable insights to improve their population's wellbeing and contain claims costs. Each year, Springbuk administers the [Healthiest Employers®](http://www.HealthiestEmployers.com) awards program across the US to honor the nation's most dedicated employers in bettering their worksite health and wellness programs. To date, over 10,000 employers across 40+ US cities have participated in the awards program. Learn more at www.Springbuk.com and www.HealthiestEmployers.com.

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