

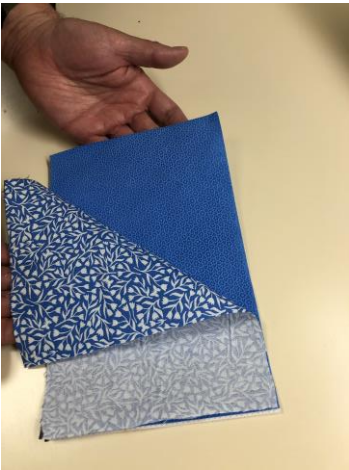
Instructions to make hospital approved PPE mask

Materials:

1. 6 x 9 inch blue surgical non-woven fabric
2. 6 x 9 inch cotton fabric
3. 32 inches Bias Tape, extra wide, double fold (x2)
4. Pipe cleaner, cut in half

Step 1:

Pin together the blue surgical non woven fabric and the cotton fabric together facing each other



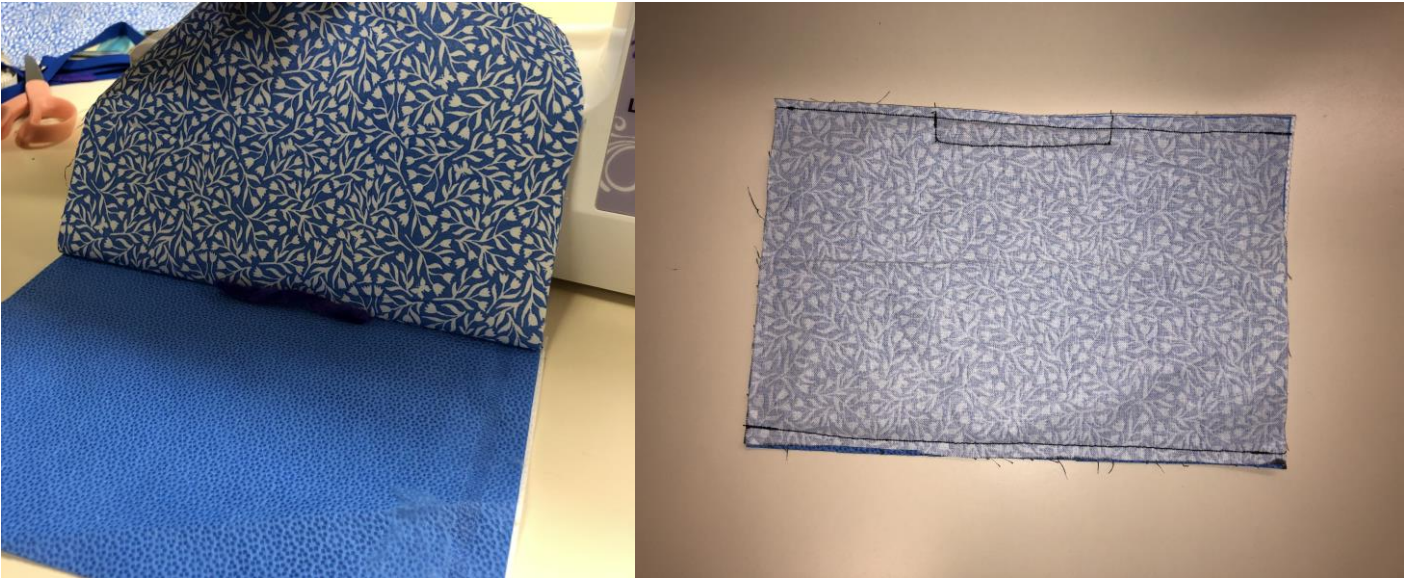
Step 2:

Sew the top edge with $\frac{1}{4}$ inch seam allowance



Step 3:

Cut a full-length pipe cleaner in half. Fold the half pipe cleaner onto itself and twist.
Position pipe cleaner in the center of top seam and sew in place.
Sew bottom edge



Step 4:

Turn the mask right side out.



Step 5:

Pleat the fabric twice with pleats facing up towards the pipe cleaner and pin in place



Be sure the cotton fabric pleats are open towards the pipe cleaner!

Step 6:

Place the 32 inch bias tape over the pinned pleated edges

Offset the bias tape by 2 additional inches on the top of the mask (this will ensure enough length to tie a bow on the top back of the head).

Sew bias tape in place.

