



WOMEN
IN
RECOVERY

SPECIAL
EVENT

52 Ways to Live the
Course in Miracles

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STUDY GROUPS



52 WAYS TO LIVE THE COURSE IN MIRACLES

study groups launch

A Course in Miracles is a 1976 book containing a curriculum which aims to assist its readers in achieving spiritual transformation. The underlying premise of the work is the teaching that the greatest “miracle” that one may achieve in one’s life is the act of simply gaining a full “awareness of love’s presence” in one’s own life.

July’s speaker, Karen Casey, will kick off *52 Ways to Live the Course In Miracles* study groups! The impact *A Course In Miracles (ACIM)* has had on Karen Casey’s life is immeasurable. First introduced to ACIM during the early stages of sobriety when she hung on to Alcoholics Anonymous like her life depended on it (and, of course, it did), she yearned for something that could quiet her near constant anxiety. *ACIM* has done that for her, bringing her a simpler, softer, slower, and more loving life.

Casey’s book, *52 Ways to Live the Course In Miracles* takes readers on a journey through simple ideas and affirmations for meditation. Casey not only offers an explanation of the ideas, but also shares her own experiences with them—stumbles and all—offering proof of how helpful and practical they really are and showing that the goal isn’t perfection, but rather progress toward creating a life of love and peace.

At an extended session (7:00-9:00) of our Fourth Wednesday Speaker series, plan to join a *52 Ways to Live the Course in Miracles* study group.

If you have an idea for a venue you’d like to recruit members for, contact Peg at WIR@theretreat.org



WOMEN
IN
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SPEAKER
SERIES

4th
WEDS
JAN-OCT

Hennepin Avenue United
Methodist Church
511 Groveland Ave
Minneapolis, MN 55403

6:30pm Refreshments & Fellowship
7:00pm Programming



July 24, 2019

52 WAYS TO LIVE THE COURSE IN MIRACLES

Karen Casey, Ph.D.

We are launching 52 Ways
to Live the Course In Miracles
study groups at this event!

COME TO JOIN ONE!

7 - 9 p.m. on July 24

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Join us as Karen Casey reveals how we can cultivate a simpler, more peaceful and love-filled life. Learn to focus on all we truly need to do; all God expects us to do:

- Slowing down
- Taking the time to be kinder in every encounter
- Listening more intently to the many people who seek our attention moment by moment

Karen will share how to practice this approach to each day's experiences, experiences she believes with absolute resolve, were meant to be.



Karen Casey, Ph.D. has more than 43 years as an active member in AA and Al-Anon. She made a commitment to women and men in recovery from the moment she walked through the doors of a 12 Step meeting in the fall of 1974. Her work as a writer and workshop leader has broadened to include books for people on any spiritual path. *A Course in Miracles* has been an added focus for more than two decades.

Her first book: *Each Day A New Beginning: Daily Meditations For Women* was published in 1982. Casey is now publishing her 30th book, *20 Things I Know For Sure: Principles for Cultivating a Peaceful Life*. The sales of her books exceed 5 million copies. Her focus in the recent few books has been primarily on relationships and how to live in them more peacefully. To learn more, visit her web site at www.womens-spirituality.com.