



4th
WEDS
JAN-OCT

SPEAKER MEETING

6:30pm
7:00pm

Refreshments and Fellowship
Programming



October 25, 2017

Spiritual Memoir: Where a Life Meets Mystery

Elizabeth Jarrett Andrew

Our life experiences are shot through with holiness. Writing these stories down helps us uncover this sacred dimension—within the stories themselves and through the process of writing.

- What is memoir?
- How is it different from autobiography?
- What makes it spiritual?
- How can the practice of writing memoir, either for an audience or for no audience, support spiritual growth?

Each of us bears a unique sacred story hidden in our memories; together we'll begin exploring this story on the page.

Elizabeth Jarrett Andrew is the author of the novel *Hannah, Delivered*, the spiritual memoir *Swinging on the Garden Gate*, a collection of personal essays, *On the Threshold: Home, Hardwood, and Holiness*, and two books on writing: *Living Revision: A Writer's Craft as Spiritual Practice* and *Writing the Sacred Journey: The Art and Practice of Spiritual Memoir*. She is a recipient of two Minnesota State Arts Board artists' fellowships, the Loft Career Initiative Grant, and is a Minnesota Book Awards finalist. You can connect with Elizabeth at www.spiritualmemoir.com and www.elizabethjarrettandrew.com.

"Each and every one of us ordinary people has the capacity to create beauty."

- Elizabeth Jarrett Andrew

The mission of Women in Recovery is to create a caring community that provides education, spiritual insight, and growth opportunities for women in all 12 Step recovery programs.