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WOMEN  
IN  
RECOVERY



4th  
WEDS  
JAN-OCT

6:30pm  
7:00pm

Refreshments and Fellowship  
Programming

# SPEAKER MEETING



September 27, 2017

## 52 Ways to Live the Course in Miracles

Karen Casey, Ph.D.

"There  
is never  
anything  
to change  
but our own  
perspective."

- Karen  
Casey

Join us as Karen Casey reveals how we can cultivate a simpler, more peaceful and love-filled life. Learn to focus on all we truly need to do; all God expects us to do:

- Slowing down
- Taking the time to be kinder in every encounter
- Listening more intently to the many people who seek our attention moment by moment

Karen will share how to practice this approach to each day's experiences, experiences she believes with absolute resolve, were meant to be.

Karen Casey, Ph.D. has more than 41 years as an active member in AA and Al-Anon. She made a commitment to women and men in recovery from the moment she walked through the doors of a 12 Step meeting in the fall of 1974. Her work as a writer and workshop leader has broadened to include books for people on any spiritual path. *A Course in Miracles* has been an added focus for more than two decades.

Her first book: *Each Day A New Beginning: Daily Meditations For Women* was published in 1982. It was followed by *The Promise Of A New Day* in 1983 and an additional 27 books since then. The sales of her books exceed 5 million copies. Her focus in the recent few books has been primarily on relationships and how to live in them more peacefully. To learn more, visit her web site at [www.womens-spirituality.com](http://www.womens-spirituality.com).

*The mission of Women in Recovery is to create a caring community that provides education, spiritual insight, and growth opportunities for women in all 12 Step recovery programs.*

[www.theretreat.org/women-in-recovery](http://www.theretreat.org/women-in-recovery)

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