## "A Living Process, a New Way of Life"

**Date:** Friday, November 24<sup>th</sup> – Sunday, November 26<sup>th</sup>, 2017

When: Check-in from 4:00 p.m. – 5:30 p.m. on Friday,

Check-out at noon on Sunday

Where: The McIver Center at The Retreat

1351 Wayzata Boulevard East, Wayzata, MN

**Fee:** \$250, which includes lodging, food and materials.

Scholarship funds are available.

**Register:** Complete the reverse side of this flyer. Space is limited.

## A Weekend Retreat with Roger B.

Steps 10 – 12 are often referred to as "maintenance" Steps. But, what are we maintaining? Sometimes we need reminding that we are not maintaining the status quo or as a place holder in abstinence – but rather maintaining steady growth by becoming more effective with prayer, meditation and inventory.

How do I use these tools to live a more satisfying life? What are the blocks to my progress? How do I maintain growth, and not let my recovery get stagnant? We will explore these questions, and move beyond these obstacles, together.



Roger has been active in 12 Step recovery for 38 years, is a Spiritual Director, and an effective teacher. He takes to heart the necessity of daily maintenance of our spiritual condition and continues "to seek", as directed in the 11<sup>th</sup> Step, to grow in his own relationship with God. He has a deep concern for individuals in 12 Step Recovery and has extensive experience carrying the message of recovery. He has done workshops and retreats in the Midwest and Canada.

## Attendees will experience:

- An opportunity to retreat from the pull of the daily distractions in our lives
- Connection with others on this spiritual path, including group discussion
- Exploration of spiritual practices
- Nourishment, with meals prepared by our awardwinning chef





## Registration Form "A Living Process, A New Way of Life" Retreat Weekend

Last Name:	First Name:
Organization:	Title:
Address:	
City:	State: Zip:
Day Phone:	Cell Phone:
	<u> </u>
Retreat Fee: \$250 (\$50 of this fee is a non-refundable/non-transferrable deposit)	
My check made payable to The Retreat is enclosed.	
Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$	
CC#:	Exp. Date:
Name and Address of Cardholder (if different from above):	

Please make your payment along with the completed Registration Form to the address below:

The Retreat | 1221 Wayzata Boulevard East | Wayzata | MN | 55391

952.476.0566 or 1.877.446.9283 Fax: 952.404.7208 www.theretreat.org

"A Living Process, A New Way of Life"

Weekend Retreat with Roger B.
Friday, November 24<sup>th</sup>— Sunday, November 26<sup>th</sup>, 2017
Check-in 4 — 5:30 PM on Friday — Check-out at noon on Sunday
The McIver Center at The Retreat, 1351 Wayzata Blvd. E., Wayzata
Sponsored by: The Retreat