

“Blocks to Progress”

- Date:** Friday, October 26th – Sunday, October 28th, 2018
- When:** Check-in from 4:00 p.m. – 5:30 p.m. on Friday,
Check-out at noon on Sunday
- Where:** The McIver Center at The Retreat
1351 Wayzata Boulevard East, Wayzata, MN
- Fee:** \$250, which includes lodging, food and materials.
Scholarship funds are available.
- Register:** Complete the reverse side of this flyer. Space is limited.

Weekend Retreat with Roger B.

We think of the 12 Steps as steps to progress. Sometimes we feel like we should be further along. Even when we’ve done everything our sponsor has asked, we can still feel troubled and held back. What is preventing us from moving forward? What are we stuck on? Einstein said “We can’t solve problems by using the same kind of thinking we used when we created them.” Progress can be made when we use the Steps to change our thinking!

During this weekend retreat we will explore the questions, and obstacles, together, that block our way.



Roger has been active in 12 Step recovery for 39 years, is a Spiritual Director, and an effective teacher. He takes to heart the necessity of daily maintenance of our spiritual condition and continues “to seek”, as directed in the 11th Step, to grow in his own relationship with God. He has a deep concern for individuals in 12 Step Recovery and has extensive experience carrying the message of recovery. He has done workshops and retreats in the Midwest and Canada.

Attendees will experience:

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- **Connection** with others on this spiritual path, including group discussion
- Time for **reflection** to create a space for awareness that lead to **freedom**
- **Nourishment**, with meals prepared by our award-winning chef



the retreat

Registration Form
“Blocks to Progress” Retreat Weekend

Last Name: _____ First Name: _____

Organization: _____ Title: _____

Address: _____

City: _____ State: _____ Zip: _____

Day Phone: _____ Cell Phone: _____

E-mail: _____

Retreat Fee: \$250 (\$50 of this fee is a non-refundable/non-transferrable deposit)

My check made payable to The Retreat is enclosed.

Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$ _____

CC#: _____ Exp. Date: _____

Name and Address of Cardholder (if different from above):

Please make your payment along with the completed Registration Form to the address below:

The Retreat | 1221 Wayzata Boulevard East | Wayzata | MN | 55391
952.476.0566 or 1.877.446.9283 Fax: 952.404.7208 www.theretreat.org

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The McIver Center at The Retreat, 1351 Wayzata Blvd. E., Wayzata

Sponsored by: The Retreat