

## Caring for You at Home Where You Want to Be

Home – it’s where most of us want to be. North Memorial Health and Lifesprk have partnered to offer an innovative option for preventing and shortening hospital stays, ensuring you can return home as quickly and safely as possible.

This service shifts your care home from the hospital or Emergency Department when you’re less ill but can still benefit from hospital-level support for either COVID-19 or non-COVID diagnoses. It integrates Lifesprk’s whole person senior service model with North Memorial Health’s full continuum of services to create a seamless experience for you and your family. Most importantly, it gets you back where you want to be receiving support and care in the privacy and comfort of your own home.

Our goal is your goal – to recover and empower you to be as independent and healthy as possible.

### Connecting to You Every Day

Hospital@Home services work much like your care in the hospital. You will have an assigned primary nurse who will connect with you twice daily, either through in-person visits or using the easy-to-use video tablet that your nurse will set up for you. Your nurse is always just a simple call away. You’ll also regularly see your medical



### The Benefits for You:

- Provides resource-rich acute care 24/7 at home.
- Reduces your risk of hospital-acquired infection and social isolation, especially for older adults.
- Improves your and your family’s satisfaction and connectedness.
- Connects you to any resource such as grocery or pharmacy delivery.
- Care and guidance that focuses on your life goals.
- Coordinates and communicates your care and services among other providers and your family.
- Integrates other services as appropriate from the Lifesprk and North Memorial Health network, including home health and therapy.
- Enables you to return to the hospital as needed or requested.

provider and get other services you may need such as lab testing all conveniently in your home. The telehealth capabilities create an extra level of safety for you in preventing infection.

### Services You'll Receive:

- *Daily nursing with a dedicated primary nurse*
- *Physician/advance practice provider rounding*
- *A telehealth in-home monitoring kit, including vital sign monitoring and video-call capabilities, with in-home and remote support and set-up*
- *In-home visits as appropriate*
- *24/7 services and on-call coverage*
- *Access to a full range of in-home support and wellness services*
- *Social support for you and your family*
- *Infection control and self-care education*
- *Assistance connecting to any resource*
- *Advance care planning and health care directives*

### Is Hospital@Home Right for You?

This service is best for adults who can perform self-care or have some in-home support to assist with their care. Your medical providers will let you know if they feel this is a good option for you.

### Insurance Coverage:

Hospital@Home services through Lifesprk and North Memorial Health are treated similarly to regular inpatient stays at North Memorial Health hospitals. During this public health emergency caused by the COVID-19 pandemic, CMS has introduced temporary waivers on hospital restrictions that allow for hospitals such as North Memorial Health to create more capacity.

North Memorial Health has partnered with Lifesprk Health to deliver this Hospital@Home model and it will look no different than a traditional hospital stay to your insurance company. If you are in-network with North Memorial Health, you will only be responsible for paying your co-pays and deductibles that apply to receiving services at North Memorial Health.

Talk with a North Memorial Health insurance enrollment specialist today to verify your eligibility.

LEARN MORE: Visit our web site at [hospitalhome.lifesprk.com](https://hospitalhome.lifesprk.com)

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