



Care Navigation

What's guiding employees? Every health plan needs to be navigated!

Typical health benefits are not fully used by employees, which can lead to higher costs and lower benefits satisfaction. With Care Navigation¹ from First Stop Health, employees get the information they need to make better choices and receive better care.

We are the First Stop for HealthSM for our members and provide Care Navigation integrated with our Telemedicine benefit. It gives employees clarity, transparency and guidance from healthcare coaches to make sure members are not alone as they work through the healthcare system. This service helps transform the employee healthcare experience and guarantees employer cost savings.

What employees get:

- › Find the right doctor, dentist or eye care professionals
- › Compare costs of care
- › Coverage verification, appointment scheduling and coordination of care
- › Medical bill audits to reduce costs
- › Unbiased guidance in selecting medical, dental and vision benefit plans

¹ Must be combined with our telemedicine service.

What employers get:

- › High value benefit solution
- › Increased employee engagement
- › Streamlined administration and support
- › 125% savings guarantee

First Stop Health is the only company to contractually guarantee that the savings generated from Telemedicine doctor consults and Care Navigation will exceed the cost of our services.

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