



avast foundation

# Together Until the End

Results of the 6th year of the program



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Results of the 6th year of the program focused on palliative care development in the Czech Republic.

In the 6th year of the program, we announced the second cycle of the Avast Foundation Palliative Care Scholarships. We registered 38 candidates, of which we selected **18 scholarship holders and supported them with CZK 15 million.**



**Avast Foundation  
Palliative Care  
Scholarship**

## **AVAST FOUNDATION PALLIATIVE CARE SCHOLARSHIP - YEAR 2020/21**

**The fundamental vision of the program Together Until the End is to ensure that the highest possible number of people in the Czech Republic have both quality information and accessible professional care available at the end of their lives so that they can freely decide where and how they wish to spend that important time, what kind of care to choose and who they want to have beside them.**

The palliative field has been developing dynamically in recent years. Since 2014, our program Together Until the End has supported research, education, financial independence of hospices, development of multidisciplinary teams in hospitals, elderly care homes or professional platforms. The growth of all those areas that together form a quality system of care requires experienced professionals who push forward both themselves and the other colleagues. And the support for them has been the aim of the Palliative Care Scholarship of our Foundation since 2017.

We are aware that every person in this country who cares for dying patients every day as part of their profession deserves care and appreciation for what they do for their community. We have therefore supported such professionals from the very beginning of our work in palliative care, however, in 2017 that support was given an integrated format of a two-year scholarship program.

In 2019, we announced the second year of the scholarship program (2020/21) and this time we focused on an important target group of pioneers, experienced professionals of all professions who patiently develop palliative care at a professional level in their surroundings. They have often built it on greenfield, they search for new directions, they smooth the way for the others, they bring experience from abroad, they help to promote palliative care at the systemic level, and in the vast majority they do it outside their working hours and far beyond the common comfort zone. Many of them are at real risk of burnout. It is in the interest of all of us that they can continue to do their work in the long term and in a balance with their personal life and health.

Our scholarship holders will receive both financial support for self-development and self-care, and individual mentoring, coaching and training. Last but not least, we will provide an accompanying program that includes joint meetings and sharing of successes and challenges. A professional partner in this will be Centrum dohody (Agreement Center), a professional company focused on self-development.

## LIST OF HOLDERS OF THE AVAST FOUNDATION PALLIATIVE CARE SCHOLARSHIP, YEAR 2020/21:



**Mahulena Exnerová**

**Focus:** Children's palliative care

**Parent organization:**

NH Hospital a.s. –  
Hořovice Hospital



**Jan Hálek**

**Focus:** Children's palliative care

**Parent organization:**

Palacký University  
Olomouc



**Marta Hošťálková**

**Focus:** Chaplaincy service in palliative care

**Parent organization:**

WE ARE CLOSE TO YOU –  
Institute of Clinical Pastoral Care



**Ladislav Kabelka**

**Focus:** Hospital and hospice palliative care

**Parent organization:**

Diocesan Charity Brno, district charity Třebíč



**Ondřej Kopecký**

**Focus:** Hospital palliative care and training

**Parent organization:**

General University Hospital in Prague



**Michal Kouba**

**Focus:** Hospital palliative care

**Parent organization:**

Institute of Hematology and Blood Transfusion



**Zuzana Křemenová**

**Focus:** Hospital palliative care

**Parent organization:**

University Hospital Královské Vinohrady



**Matěj Lejsal**

**Focus:** Palliative care in elderly care homes

**Parent organization:**

Sue Ryder Home



**Martin Loučka**

**Focus:** Training and research in palliative care

**Parent organization:**

Center for Palliative Care



**Monika Marková**

**Focus:** Hospice  
palliative care

**Parent organization:**  
Mobile Hospices Forum



**Jaromír Matějek**

**Focus:**  
Ethics in palliative care

**Parent organization:**  
University Hospital Královské  
Vinohrady



**Dagmar Pelcová**

**Focus:** Hospice  
palliative care

**Parent organization:**  
Hospic sv. Štěpána  
(St. Stephen Hospice)



**Alena Peremská**

**Focus:** Perinatal  
palliative care

**Parent organization:**  
Perinatal hospice  
Dítě v srdci



**Jitka Polišenská**

**Focus:** Hospital  
palliative care

**Parent organization:**  
Institute for Clinical and  
Experimental Medicine (IKEM)



**Marie Sovadinová**

**Focus:** Hospice  
palliative care

**Parent organization:**  
Home hospice Jordán



**Pavel Svoboda**

**Focus:** Hospice  
palliative care

**Parent organization:**  
Home hospice Vysočina



**Alena Votavová**

**Focus:** Hospice  
palliative care

**Parent organization:**  
Hospic Sv. Jiří (Hospice of St.  
George)



**Irena Závadová**

**Focus:** Hospice palliative  
care and training

**Parent organization:**  
Cesta domů (Homecoming)

**WE CONGRATULATE THE SELECTED SCHOLARSHIP  
HOLDERS AND ARE LOOKING FORWARD TO THE UPCOMING  
TWO YEARS OF COOPERATION!**