

THE HAWAII SLEEP AND WELLNESS FOUNDATION PRESENTS

HAWAII 2017

Hypersomnolence, Diagnosis & Treatment of Excessive Sleepiness



February 10 -11, 2017

Join us in Hawaii for 14 Continuing Education hours.
Register today at www.ganESCO.com.

Hilton Hawaiian Village, Waikiki Beach Resort, Oahu

2005 Kalia Road
Honolulu, Hawaii, 96815, USA
+1-808-949-4321

TARGET AUDIENCE

The educational design of this activity addresses the needs of physicians, physician assistants, sleep technologists, nurse practitioners, nurses and other healthcare practitioners involved in the treatment of patients in the diagnosis and care of patients with hypersomnolence and other sleep disorders.

STATEMENT OF NEED/PROGRAM OVERVIEW

This educational activity will provide evidence-based education to advance the science and clinical practice of sleep medicine, especially hypersomnolence. The program will disseminate cutting-edge sleep and circadian research, promote the translation of basic science into clinical practice and foster the future of the field.

Learning Objectives

The program content of the **Hawaii 2017: Hypersomnolence - Diagnosis and Treatment of Excessive Sleepiness** is designed to identify and address the advances and changes that occur in sleep medicine. The topics are intended to relate both directly and indirectly to the practice of each practitioner. At the conclusion of this educational activity, participants will be able to:

1. Describe etiology and pathophysiology of sleep and hypersomnolence disorders.
2. Apply recommendations, criteria and diagnostic tests to improve upon the diagnosis of the patient.
3. Discuss trends in diagnosis and treatment of sleep and hypersomnolence disorders.
4. Describe the mechanisms generating the sleep/hypersomnolence disorder and improve upon patient diagnosis or referral for assessment.
5. Discuss the devices, principles of application along with combination therapy for the treatment of sleep disorders.
6. Describe the predisposing factors and how to identify and address the factors in the patients care plan.
7. Identify patient's sleep disorders and educate patients about the disorders sooner rather than later.

ACCREDITATION

PHYSICIANS:

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Hawai'i Consortium for Continuing Medical Education (HCCME) & Ganésco, Inc. The Hawai'i Consortium for Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Hawai'i Consortium for Continuing Medical Education designates this live activity for a maximum of 14 **AMA PRA Category 1 credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES:

Ganésco is the accredited Nursing Provider for this meeting. Provider approved by the California Board of Registered Nursing, Provider Number # CEP-16651, for up to 14 contact hours.

Ganésco, Inc. does not warrant that all professional organizations or licensing authorities will accept its CE contact hours. If in doubt, nurses are advised to contact their professional organizations or licensing authorities to confirm their acceptance of these contact hours.

SLEEP TECHNOLOGISTS:

AAST CEC Program Application has been submitted for approval to the American Association of Sleep Technologists.

REGISTRATION

The Hilton Hawaiian Village is the host hotel for this meeting. Special room rates are available for conference attendees three days before and/or after the conference at the Host Hotel - the Hilton Hawaiian Village (www.hiltonhawaiianvillage.com).

Please book your room through the meeting's URL to obtain the discounted room rate <https://www.ganESCO.com/hiltonhawaii>.

Hotel room rates (does not include taxes, fees and assessments) are listed in the table below **if booked by January 10, 2017.**

Room	Single Rate	Double Rate	Triple Rate	Quad Rate
Resort View RM, 2 DBL Beds	\$209.00	\$209.00	\$259.00	\$309.00
Resort View RM, 1 KING Bed	\$209.00	\$209.00	\$259.00	\$309.00

**PLEASE PRINT CLEARLY AND FILL OUT COMPLETELY
WE ARE REQUIRED TO PROVIDE THIS INFORMATION TO THE ACCREDITING AGENCIES**

We may also use this information to contact you about this meeting.

FIRST NAME

LAST NAME

CREDENTIALS (PLEASE LIST ALL)

EMPLOYER OR CLINICAL AFFILIATION

MAILING ADDRESS

TELEPHONE

EMAIL ADDRESS

MD, DO, PhD, DDS: \$330

Other healthcare practitioners: \$215

Fellows, Residents and Students: \$25 (refundable onsite)

Industry (non-booth attendee): \$330

**You can also register online at www.ganESCO.com, or mail this form, by January 16, 2017, to:
GanESCO/ Hawaii 2017 • 41405 Silver Drive • Umatilla, FL 32784**

Make your check payable to GanESCO, Inc.

The registration fee includes record processing, refreshment breaks and lunch on the days of the conference, and a complimentary one year Founders Level Membership in the Hawaii Sleep and Wellness Foundation (annual fees are \$200, and \$100). For more information on the Foundation, visit www.hawaiisleepandwellness.com.

On-site registration fees are \$25 higher than early registration fees.

Cancellation Policy: Registration fee, less \$25 administrative charge, is refundable if request is made to GanESCO by 2.1.2017 via fax (904.212.2044) or phone (412.370.1749). GanESCO is the conference management company.

THURSDAY, FEBRUARY 9TH, 2017

5:00-7:00

Welcome Reception

FRIDAY, FEBRUARY 10TH, 2017

TIME	TOPIC
7:00 – 7:45	Registration and Exhibits Open
7:45 – 8:00	Welcome Remarks, CE Instructions and Introduction to the Hawaii Sleep & Wellness Foundation <i>Michael Russo, MD, Jamil Sulieman, MD</i>
8:00 – 8:50	Keynote: Sleep is a Weapon <i>Peter Gay, MD</i>
8:50 – 9:40	Narcolepsy in Adults <i>Emmanuel Mignot, MD</i>
9:40 – 10:00	Break and Exhibits
10:00 – 10:50	OSA in Adults <i>Peter Gay, MD</i>
10:50 – 11:40	Devices in Monitoring Sleep <i>Teofilo Lee-Chiong, MD</i>
11:40 – 12:10	Pharmacological Interventions for Excessive Sleepiness, a Review <i>Michael Russo, MD</i>
12:10 – 12:55	Lunch and Exhibits
	CASE PRESENTATIONS IN SLEEP <i>Moderators: Michael Russo, MD Kalani S. Brady, MD Samuel Ruben, MD</i>
12:55 – 1:25	Unique and Challenging Cases in OSA <i>Teofilo Lee-Chiong, MD</i>
1:25 – 1:55	Unique and Challenging Cases in Narcolepsy <i>Emmanuel Mignot, MD</i>
1:55 – 2:25	Unique and Challenging Cases: Non-24-H Disorder <i>Charles Czeisler, MD, PhD</i>
2:25 – 3:00	Break and Exhibits
3:00 – 3:45	Restless Leg Syndrome <i>Alon Y. Avidan MD, MPH</i>
3:45 – 4:30	Insomnia <i>Clete A Kushida, MD, PhD</i>
4:30	Closing Remarks for the Day <i>Jamil Sulieman, MD</i>

Each speaker will present a unique case followed by discussion. Then, a moderator will present a local case to the speaker followed by discussion.

SATURDAY, FEBRUARY 11TH, 2017

TIME	TOPIC
7:00 – 7:45	Registration and Exhibits Open
7:45 – 8:00	Opening Remarks and CE instructions <i>Michael Russo, MD</i>
8:00 – 8:50	Keynote: Healthcare in Hawaii <i>Josh Green, MD</i>
8:50 – 9:40	Narcolepsy in Children <i>Rafael Pelayo, MD</i>
9:40 – 10:00	Break and Exhibits
10:00 – 10:50	OSA in Children <i>David Gozal, MD, MBA</i>
10:50 – 11:40	Dental Devices for Treating Sleep Disorders <i>Terence Young, DDS</i>
11:40 – 12:30	Lunch and Exhibits (exhibits will close after lunch)
12:30 – 1:15	MINI SYMPOSIUM: CIRCADIAN RHYTHMS Neurobiological etiology, diagnosing, treating Neurobiological Etiology of Circadian Rhythm Disorders <i>Charles Czeisler, MD, PhD</i>
1:15 – 1:45	Diagnostics <i>Alon Y. Avidan MD, MPH</i>
1:45 – 2:15	Therapies for Circadian Rhythm Disorders <i>Phyllis C. Zee, MD, PhD</i>
2:15 – 2:30	Break
2:30 – 3:00	MINI SYMPOSIUM / FUTURE OF SLEEP MEDICINE IN ASIA AND HAWAII The Practice of Sleep Medicine in Japan <i>Yuichi Inoue, MD, PhD</i>
3:00 – 3:30	The Practice of Sleep Medicine in Korea And Asia <i>Seung Chul Hong, MD, PhD</i>
3:30 – 4:00	The Practice of Sleep Medicine in Hawaii <i>Gabriele M. Barthlen, MD, PhD</i>
4:00 – 4:30	Panel Discussion: What are our options? <i>Yuichi Inoue, MD, PhD; Seung Chul Hong, MD, PhD; Gabriele M. Barthlen, MD, PhD</i>
4:30	Closing remarks <i>Michael Russo, MD</i>

FACULTY

Alon Y. Avidan MD, MPH: Professor of Neurology, Director of the UCLA Sleep Disorders Center, and Director of the UCLA Neurology Clinic at the David Geffen School of Medicine at UCLA, Los Angeles, CA

Kalani S. Brady, MD: Associate Professor, John A. Burns School of Medicine, Department of Native Hawaiian Health, University of Hawaii; University Clinical, Education and Research Associate, Lau Ola Clinic, Honolulu, HI

Gabriele M. Barthlen, MD, PhD: Neurologist, Sleep Center, Pearl City, HI

Charles Czeisler, MD, PhD: Baldino Professor of Sleep Medicine, Harvard Medical School; Chief, Division of Sleep Medicine, Brigham & Women's Hospital, Boston, MA

Peter C. Gay, MD: Professor of Medicine, Mayo Medical School, Rochester, MN

David Gozal, MD, MBA: Herbert T. Abelson Professor of Pediatrics, Physician-in-Chief, The University of Chicago Medicine - Comer Children's Hospital, Chicago, IL

Josh Green, MD: Senator, District 3, Kona, Ka'u; Majority Floor Leader, Kapaau, HI

Seung Chul Hong, MD, PhD: Professor of Psychiatry Neuropsychiatry Department, The Catholic University of Korea, Suwon, South Korea

Yuichi Inoue, MD, PhD: Faculty Member, Japan Department of Somnology, Tokyo Medical University; Neuropsychiatric Research Institute, Tokyo, Japan

Clete A Kushida, MD, PhD: Professor of Psychiatry and Behavioral Sciences at the Stanford University Medical Center, Redwood City, CA

Teofilo Lee-Chiong, MD: Professor of Medicine, Division of Pulmonary, Critical Care and Sleep Medicine, National Jewish Health, Denver, CO

Emmanuel Mignot, MD: Craig Reynolds: Professor of Sleep Medicine, Psychiatry and Behavioral Sciences - Stanford Center for Sleep Sciences and Medicine, Stanford University, Palo Alto, CA

Rafael Pelayo, MD: Clinical Professor, Psychiatry and Behavioral Sciences - Stanford Center for Sleep Sciences and Medicine, Redwood City, CA

Samuel Ruben, MD: Public Health and Preventive Medicine, Hilo, HI

Michael Russo, MD: Vice President, Hawaii Sleep and Wellness Foundation; Neurologist, Michael B. Russo, MD, LLC, Honolulu & Hilo, HI

Jamil Sulieman, MD: President, Hawaii Sleep and Wellness Foundation, Honolulu, HI; Medical Director of the Maui Medical Group Sleep Center, Wailuku, HI; Owner, The Sleep Lab, Kaneohe, Hawaii

Terence Young, DDS: Owner, Terence Q.L. Young, DDS, Inc., Honolulu, HI

Phyllis C. Zee, MD, PhD: Benjamin and Virginia T. Boshes: Professor of Neurology, Northwestern University Feinberg School of Medicine; Chief, Division of Neurology (Sleep Medicine), Northwestern Memorial Hospital (includes Prentice Women's Hospital), Chicago, IL